



Who We Are



Multidisciplinary, professional society working to improve health by changing behavior. Our 2,300+ members are scientific researchers, clinicians, educators, and students.

They treat and prevent disease by conducting research and translating evidence into practical application. They implement interventions that improve the health of individuals, families, and whole communities. They focus on behavior change across the lifespan and work in more than 40 specialty areas including cancer, chronic disease, obesity, and physical activity.

What We Do



Advance our members' careers, research, and clinical skills.

We help them:

- **Secure research funding.** Each year we offer nearly 10 courses on grant-writing, reimbursement strategies, and industry partnerships. Our members receive support from the National Institutes of Health (NIH), Patient Centered Outcomes Research Institute, and foundations such as the Robert Wood Johnson Foundation.
- **Find jobs.** We share job openings with members throughout the year.
- **Receive career and research advice.** We facilitate cross talk through listservs, LinkedIn, and our Expert Consultation Program.
- **Stay updated on new findings, methodologies, and technologies.** Our annual meeting is jam-packed with scientific sessions. Our members receive complimentary subscriptions to five behavioral medicine journals. Special interest groups connect members with shared behavioral medicine interests.
- **Become leaders.** Leadership opportunities on councils, committees, and special interest groups help members make a difference and gain valuable experience.
- **Receive recognition.** Each year we present 20+ awards to deserving distinguished researchers and early-career professionals.

Advance the science. We publish two journals, post on social media, and partner with similar organizations.

We host an annual meeting with hundreds of scientific sessions where real conversations spark new ideas. Attendees learn about the role of behavioral medicine in today's changing health care environment. They discover cutting-edge research, the latest interventions, and new evidence for clinical approaches. They connect with colleagues, mentors, and friends. And they can receive continuing education credit.

Advance evidence-based health policy. Society leaders meet with health policy aides on Capitol Hill to advocate for increased NIH funding and legislation that can help prevent disease. Our website lets members communicate directly with congressional representatives. We release member-written health policy briefs and endorse select policy statements from like-minded organizations.



We offer **10+ career development** courses annually.

We share **140+ job openings** each year.

20+ special interest groups connect members who share behavioral medicine interests from aging to integrated primary care.

When We Connect





All the time. The SBMConnect blog stimulates timely, provocative discussions about behavioral medicine issues such as the relationship between science and industry, and the use of Twitter to disclose medical drug/device information.

Our special interest group listservs let members contact those with shared behavioral medicine interests any time.

And we have a strong Web and social media presence.

 www.sbm.org  info@sbm.org  bit.ly/SBMLinkedInGroup  bit.ly/SBMFacebook

 [@behavioralmed](https://twitter.com/behavioralmed)  [@sbmpresident](https://twitter.com/sbmpresident)

Where We Meet



A different major city each year. Our Annual Meeting & Scientific Sessions takes place each spring and draws 1,900+ attendees. It routinely features nearly 200 sessions and 1,000 posters.

Members pay a discounted registration rate, saving hundreds of dollars. Travel scholarships and volunteer opportunities further reduce the cost of attendance for student members.

2017 | San Diego, CA
2018 | New Orleans, LA
2019 | Washington, DC
2020 | San Francisco, CA

How You Can Join



Visit www.sbm.org/membership. We offer seven different member types to ensure membership is feasible for every career level and budget. There's also a special affiliate membership category for interested organizations, companies, and other entities.

"SBM is my professional home and the mentorships, collaborations, and friendships I have with the other members mean a great deal to me."

— Ellen Beckjord, PhD, MPH
SBM Digital Health Council Chair

"SBM offers unparalleled opportunities to supplement one's graduate education by learning about diverse and innovative research methods, by showcasing one's own research, and by interacting with other students and faculty. In short, SBM is large enough for you to be part of something that makes a difference, yet small enough for you to actually contribute to that difference."

— Karl Minges, MPH, PhD student
SBM Student Member

"SBM is a vibrant, relevant society placing member needs as a first priority. Health care is changing and SBM is changing right along with it, ensuring that behavioral medicine is at the forefront and that our members can adapt and flourish. I've never been prouder to be an SBM member and help lead the society into the future."

— Lisa M. Klesges, PhD
SBM Past-President