Bio: Megan McVay. PhD

Dr. Megan McVay is an Associate Professor in the Department of Health Education & Behavior at the University of Florida. Dr. McVay received her PhD in Psychology (Clinical and Biological concentrations) from Louisiana State University and completed her clinical internship and postdoctoral fellowship at Duke University School of Medicine. Her research focuses on weight management in adults, with an emphasis on expanding the reach of evidence-based interventions for obesity.

Dr. McVay has been a member of SBM for over 10 years. From 2019-2022 she served as the Chair of the SBM Publication & Communication Council. In this role, she worked closely with the Editors-in-Chief of Annals of Behavioral Medicine and Translational Behavioral Medicine to develop journal policies that enhanced transparency and openness in scientific publications and practices. During this time, Dr. McVay also served on the SBM Board of Directors, where she contributed to the challenging decisions surrounding the Society's response to the COVID-19 pandemic. As council chair and board member during this time, Dr. McVay developed an appreciation for the considerations that go into the budget of the Society's journals and annual meetings. Dr. McVay has also served SBM by chairing the search committee for the Editor-in-Chief of Translational Behavioral Medicine. She has additionally been an involved member of the Obesity & Eating Disorder SIG and the Digital Health SIG for many years. Dr. McVay has been active at the Society's annual meetings, contributing to paper sessions, poster presentations, and symposiums. Outside of SBM, Dr. McVay has previously served on the Finance Committee of The Obesity Society.