



**Lila Rutten, PhD, MPH**

**Candidate for President-elect**

### **Personal Statement**

I am delighted to accept this nomination for President Elect in the Society of Behavioral Medicine (SBM). I began attending SBM in 2000 as a graduate student with my dissertation chair, Dr. Ron Iannotti, a long-time SBM member who introduced me to the society. I was incredibly nervous as I watched more senior members network and present their work fearing that I would never be able to fill those shoes. However, SBM quickly became and has remained my professional home, providing critical opportunities for collaboration, support, and professional growth. Indeed, one of the more outstanding qualities of SBM is its commitment to supporting the professional and academic growth of its increasingly diverse membership. I am grateful to SBM and its outstanding members for the years of mentoring, collaboration, and professional support. These very qualities invite my interest in and readiness for serving as SBM President. It would be a privilege to serve as President to our society of actively engaged, innovative, socially-conscious members and to explore together how we can effectively leverage our research to address critical social, geopolitical, and environmental issues to improve population health and reduce health disparities.

### **Biographical Sketch**

Dr. Lila Rutten is a Professor of Health Services Research in the Mayo Clinic College of Medicine and leads the Social and Behavioral Research Section in Mayo Clinic's Division of Health Care Delivery Research. Dr. Rutten received her Ph.D. in Psychology from Miami University and an MPH in Epidemiology and Biostatistics from Harvard University. She also completed post-doctoral training in the National Cancer Institute's (NCI) Cancer Prevention Fellowship Program.

Dr. Rutten spent over a decade in the Health Communication and Informatics Research Branch at NCI. During this time, she served as the Research Director of the Health Information National Trends Survey, a nationally representative survey of adults' knowledge, attitudes, and behaviors relevant to cancer prevention and control. Dr. Rutten joined Mayo Clinic in 2012 and

is currently the Endowed Scientific Director of the Dissemination and Implementation Science Program in the Kern Center for the Science of Health Care Delivery. Throughout her career, Dr. Rutten's research has examined social and behavioral factors related to cancer prevention and control including research focused on cancer screening, tobacco use, nutrition, and physical activity. Her current program of research is focused on implementation and evaluation of evidenced-based cancer prevention and control strategies with a focus on HPV vaccination, cancer screening, and symptom monitoring and management. Dr. Rutten has received research funding from a variety of sources including NCI, National Institute on Aging, National Heart, Lung, and Blood Institute, and National Institute of Nursing Research. She has published over 160 peer-reviewed articles.

Dr. Rutten has been a member of the Society of Behavioral Medicine (SBM) since 2002 and a Fellow since 2017. From 2013-2015, she served on the Program Committee overseeing annual meeting planning and chairing this committee in 2014. In 2013, she founded the Population Health Special Interest Group (SIG) and served as chair from 2013-2016. Dr. Rutten has also served on several SBM committees including the Nominating Committee (2016-2017), the Development Committee (2018-2019), and the Annals of Behavioral Medicine Editor Search Committee (2019-2020). She currently represents the SBM membership as Member Delegate (2018-2021) on the SBM Board of Directors and Executive Committee. Her contributions to behavioral science have been acknowledged by SBM for both research excellence and service. In 2002, she received the Outstanding Dissertation Award. In 2015, she received the C. Tracy Orleans Distinguished Service Award and in 2018 she received the Population Health Science Special Interest Group Distinguished Service Award.