

SIG Members In Touch Spirituality and Health Newsletter

The whole is greater than the sum of its parts

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**SIG Co-Chair
John Salsman**

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Dear Spirituality and Health SIG Members,

I am really looking forward to seeing many of you at the annual conference next week. I find this meeting to be routinely stimulating and full of great opportunities to network. I often leave the meeting intellectually energized but physically exhausted – a mark of a great conference! This newsletter is your “cheat sheet” for Spirituality and Health-related activities at the upcoming conference. Please review it to identify papers, posters, and featured sessions of interest to our SIG. Special thanks to our Co-Chair Andi Clements for compiling these details.

Allow me to highlight two activities in particular that would benefit from your participation. First, Andi Clements and I, along with input from our past SIG chairs Crystal Park, Amy Wachholtz, and Kevin Masters, developed a brief survey to identify and better address the

needs of our members. As one of the smaller SIGs at SBM, it is critical that we strengthen our connections with each other and with other SIGs in order to be a viable option for SBM members. In order to do that, we need to know how we can better serve you. Please take 10-15 minutes to complete the survey here (<https://www.surveymonkey.com/s/6SBHZXV>) at your earliest convenience. The survey will remain open for two weeks and we’ll plan to discuss any preliminary results at our Breakfast Roundtable on Thursday morning of the conference (details below).

Second, our Midday Meeting will be Friday from 11:15 a.m. to 12:15 p.m. We are delighted to have Dr. Neal Krause speak to our group about the Landmark Spirituality and Health Survey. In case you missed the article about his work in the recent *SBM Outlook* newsletter, here is the excerpt: “The Landmark Spirituality and Health Survey is one of the largest studies that has been done to date on the relationship between religion and health. This face-to-face survey was funded by an \$8 million grant from the John Templeton Foundation. Interviews with 3,010 adults of all ages from across the coterminous United States were completed in November 2014. Detailed information on religion and health were obtained. Included among the health measures are measured height, weight, blood pressure (two readings), and hip/waist circumference. Blood spot samples were also gathered from study participants so that measures of a range of biomarkers could be obtained including IL-6, cholesterol, C-reactive protein, and hemoglobin A1C. Neal Krause, PhD, the principal investigator, will be presenting preliminary findings from the study at the upcoming SBM Annual Meeting. The results suggest that God-mediated control beliefs offset the deleterious effects of living in deteriorated neighborhoods (e.g., risk of having hypertension). God-mediated control refers to the belief that God works together with study participants to resolve the problems and challenges that arise in life. These results were obtained after controlling for a range of well-known correlates of hypertension including exercise, BMI, smoking, and race.”

I look forward to reconnecting with many of you and meeting new faces at the conference.

Best wishes,

John

Greetings!

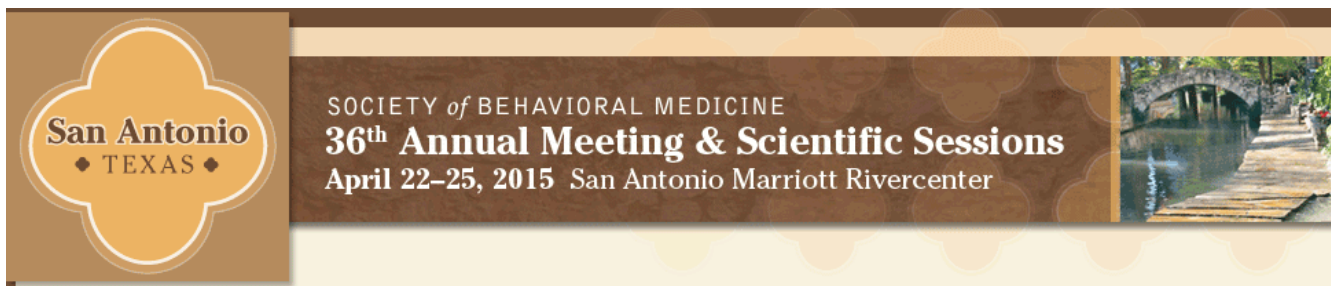
It has been a busy first year in my role as Co-Chair of the SBM Spirituality and Health SIG. I have enjoyed working with John Salsman at the helm. One of the projects that I have been able to help facilitate was drafting an article proposal for a SIG special journal issue. As you are probably aware, all of the SBM SIGs were invited to submit a proposal to be included. Several SIG members expressed interest in participating in this endeavor and all made excellent contributions to the effort. You will all be pleased to know that our SIG's submission was selected to be included in the prospectus for the special issue. I hope in the near future to report that we will be completing the article in the near future. I also hope that many of you will be attending the annual meeting next week.



**SIG Co-Chair
Andi Clements**
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We have included a listing of events that relate to the mission of our SIG. Make a special effort to attend the Spirituality and Health Breakfast Roundtable and Business Meeting on Thursday at 7:30 in Salon D and Midday Meeting on Friday at 11:15 in Conference Room 15. See you in San Antonio!

Andi



Spirituality and Health Related Events at SBM 2014

Wednesday, April 22, 2015

6:00 pm - 7:00 pm Poster Session A

Location: Salon GHI

A088; Can the Cultural Health Attributions Questionnaire be used in Latino church samples
Heredia, D.

A092h; Yoga, Politics, and Religion: How American Yogis' Social Attitudes Compare to the
National Average
Gutierrez, I. A.

Thursday, April 23, 2015

7:30 am - 8:15 am Breakfast Roundtable: Spirituality and Health SIG Business Meeting

Location: Salon D

Moderators: John Salsman, PhD and Andrea Clements, PhD

During this breakfast roundtable, the Spirituality and Health SIG will hold its annual business meeting to review activities from the past year, highlight conference presentations of interest to the SIG, and establish goals for the next year. A strong emphasis will be placed on increasing collaborations within the SIG as well as identifying potential collaborations with other SIGs. Please come prepared to contribute your ideas and to engage with others

Thursday, April 23, 2015 (continued)

12:45 pm – 1:30 pm Paper Session 7: Religion, Spirituality and Health

Content Areas: Cancer and Spirituality

Location: Conference Room 1-2

Paper 1, 12:45 pm – 1:00 pm, Religiousness, Stress, and Inflammation in a Low SES Sample: Evidence from Add Health
Blevins, C.

Paper 2, 1 pm – 1:15 pm, The Influence of Religion upon American Muslim Mammography Beliefs and Practices
Padela, A.I.

Paper 3, 1:15 pm – 1:30 pm, Religious Influences as a Predictor of Cancer-Related Health Behaviors among Orthodox Jewish Women
Tkatch, R.

3:15 pm – 4:45 pm Paper Session 11: Adolescent Sexual Behavior

Content Areas: Risk and decision making, sexual behaviors, and other

Location: Salon C

Paper 3, 3:51 pm – 4:09 pm, The Influence of Parenting and Religiosity on Adolescent Sexual Risky Behaviors
Rodriguez, K.

6:00 pm – 7:00 pm Poster Session B

Location: Salon GHI

B028g
M-Pacting Under 160 Characters: Use Of Health Information Technology In A Prostate Cancer Educational Intervention For African American Men
Le, D.

B033b Heart Disease Risk: The Interaction between Existential Well-being and Weekly Alcohol Intake
Sciarrotta, D

B044 Perceived Social Support Using a Religiously and Culturally Tailored HIV and STI Intervention
Berman, M.

B092i Spirituality and Treatment Burden are related to Treatment Activity in Adults with Cystic Fibrosis
Graham, D. M.

Friday, April 24, 2015

10:00 am – 11:00 am Keynote: Total Health: Mind, Body, and Spirit

Presenter: Raymond J. Baxter, PhD

Moderator: Karen M. Emmons, PhD

Location: Salon EF

Dr. Baxter is Kaiser Permanente's senior vice president for community benefit, research, and health policy. Kaiser Permanente strives to be a leader in total health by making lives better. Total health is a state of complete physical, mental, and social well-being for all people. Kaiser Permanente seeks to share success stories of its commitment to helping members, workforces, and communities achieve total health through the services it provides and by promoting clinical, educational, environmental, and social actions that improve the health of all people.

Friday, April 24, 2015 (continued)

11:15 am – 12:15 pm Midday Meeting: Spirituality and Health SIG Presents: Landmark Spirituality and Health Survey

Moderator: John M. Salsman, PhD

Presenter: Neal Krause, PhD

Location: Conference Room 15

Dr. Krause will introduce the Landmark Spirituality and Health Survey—the largest survey to be devoted solely to religion, spirituality, and health. Interviews were obtained with a nationwide, representative sample of 3,000 people. Detailed biomarker data (e.g., height, weight, blood pressure, and lab data on blood spots) were gathered from these participants. He will present preliminary findings on the relationships among social relationships in the church, biomarker data, and health.

3:15 pm – 4:45 pm Paper Session 26: Depression in Diverse Populations

Content Areas: HIV/AIDS, mental health, and spirituality

Location: Salon AB

6:00 pm - 7:00 pm Poster Session C

Location: Salon GHI

C030c

Pathways to Posttraumatic Growth and Posttraumatic Depreciation In Patients With Heart Failure

Chaves, C.

C030d Religious coping, depressive symptoms, and adherence health recommendations in cardiac rehabilitation patients

Eways, K. R.

C052m

Utilization of Targeted Psychosocial Resources in Advanced Cancer Patients

Fenn, N.

C070 Impacts of a Faith-Based Obesity Prevention Program on Congregational Health Environment and Policies

C089i Factors Associated With Willingness to Donate Hematopoietic Cells for Transplantation On A College Campus

Agyemang, A.

C128 Can Religion/Spirituality Prevent Burnout among Emergency Department Physicians?

Salmoirago-Blotcher, E.

C129 Changes in religious involvement and health behaviors and outcomes over 4 years in African Americans

Huang, J.

C130 Evaluation of the 40-Day Journey to Better Health in Philadelphia Area Churches

Vaughn, N.

C131 Faith and other Factors that Impede or Facilitate Colorectal Screening Among African American Women

Lumpkins, C. Y.

C132 Predicting Prenatal Care Utilization: Pregnancy Intention, Marital Status, Education, and Religiosity

Clements, A. D.

Friday, April 24, 2015 (continued)

C133 Religious Orientation and Unprotected Vaginal Sex among Young Adult Women
Bess, C.

C134 Spiritual Changes Occurring in Breast Cancer Survivors
Wimberley, P.

C135 Spirituality is Associated with Less Difficult Prostate Cancer Treatment Decision Making
Mollice, M.

C137 The Impact of Social Activity and Social Support on Spiritual Well-Being in Healthy Older Adults
Moldovan, C. P.

Saturday, April 25, 2015

10:15 am – 11:15 am Poster Session D

Location: Salon GHI

D003 Relations of Meaning in Life and Sense of Coherence to Distress in Cancer Patients: A Meta-Analysis
Winger, J.

D040f Spiritual practices are associated with longer survival in HIV-infected individuals followed for up to 17 years
Lucette, A.

D064 Influences of specific sources of social support for healthy eating and physical activity within African Americans' churches
Ondrejko, R. L.

D090j "Identifying as Religious" and "Strength of Religious Commitment" Predict Substance Use Rates, but "Type of Religion" Does Not
Clements, A. D.

D090k Different Impacts of Religious Involvement on Subgroup Asian-Americans' Mental Health in the United States
Ai, A. L. L.

D090L Exploring the Relationship between Mindfulness and Religiosity in a College Student Sample
Potts, S.

D090n Spirituality in family caregiving of schizophrenia: The role of attachment to divinity
Chan, C. K. P.

D120c Religiosity and Health Decision Making in the African American Faith Community
Booker, A.