Society of Behavioral Medicine

Obesity and Eating Disorders Special Interest Group Newsletter

Volume 1, Issue 1

Fall 2015

Greetings from the OED SIG Co-Chairs!

We hope you all had a refreshing summer break and a crisp start to the fall. We look forward to getting to know more Obesity and Eating Disorder (OED) SIG members through collaborative writing projects, interacting during SIG events at the annual meeting, and communicating through our new SIG newsletter! We are honored and excited to be serving our first term as Co-Chairs of the OED SIG and welcome new activity ideas for our SIG from all of you. Please do not hesitate to reach out to either one of us with questions or ideas. Our SIG is what we make of it, and we can accomplish a great deal when we work together.



Greetings from Oakland University, located in the lovely city of Rochester, Michigan! I am a Clinical Psychologist by training and have expertise in behavioral health. I am currently a tenured Associate Professor in the Department of Psychology

at Oakland University where I direct the Behavioral Medicine and Anxiety Laboratory and teach undergraduate and graduate students.

My work is focused on a number of topics related to obesity, including risk factors, associated adverse health outcomes (e.g., chronic disease, poor quality of life), and intervention strategies (e.g., behavioral, technology-based) that prevent and treat obesity.

One of our priorities as Co-Chairs is to build new mentorship opportunities between senior members of our SIG and junior faculty, postdocs, and students. - Andrea Kozak, PhD, Monica Wang, ScD

Hello from Boston University School of Public Health! I am an Assistant Professor in the Department of Community Health Sciences at Boston University and an Instructor at the Harvard T.H. Chan School of Public Health.

A social and behavioral epidemiologist by training, my interests and expertise have expanded to include community-based research methods, behavioral interventions, and dissemination and implementation. My research interests include addressing disparities in obesity and designing culturally-tailored interventions that promote healthy eating and physical activity among underserved children and families.

As Co-Chairs, we are committed to collaborating with other SIGs to target obesity and related behaviors and conditions through novel program and policy approaches.



Monica Wang, ScD

CALENDAR OF EVENTS



November 2-7, 2015

The Obesity Society Annual Scientific Meeting, Los Angeles, CA

Dr. Wang will be presenting a session on "Social influence to prevent adult weight gain: social support and social undermining at home and at work" on November 6th from 5:15-6:15pm.

November 3-December 28, 2015

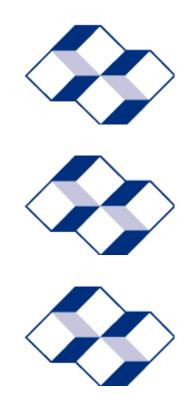
Society of Behavioral Medicine Rapid Communication Poster Submission

Submit late-breaking abstracts!

March 30-April 2, 2016

37th Society of Behavioral Medicine Annual Meeting, Washington DC

We look forward to seeing you there!



MEMBER CONTRIBUTION

Please send us news, events, questions, and potential research and practice collaborations to include for our spring newsletter! We would love to hear from you.

Contact us by February 28, 2016.

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