33rd Annual Meeting & Scientific Sessions

New Orleans

April 11 - 14, 2012
Hilton New Orleans Riverside

Preliminary Program

www.sbm.org/meetings/2012
**SBM National Office**
555 E. Wells St., Suite 1100  
Milwaukee, WI 53202  
Telephone: (414) 918-3156  
Fax: (414) 276-3349  
Email: info@sbm.org  
Website: www.sbm.org

**Scientific Program**
All scientific sessions will take place at the:  
Hilton New Orleans Riverside  
Two Poydras Street  
New Orleans, Louisiana, 70130  
Telephone: (504) 561-0500  
Fax: (504) 568-1721

**Conference Hotel**
Conference Rate:  
$194.00 Single or Double plus 13% and $3.00 for state and local taxes and fees.  
Hilton New Orleans Riverside  
Two Poydras Street  
New Orleans, Louisiana, 70130  
Telephone: (504) 561-0500  
Fax: (504) 568-1721

The Hilton New Orleans Riverside will serve as the main hotel for 33rd Annual Meeting & Scientific Sessions attendees. To reserve a room electronically visit www.sbm.org and click on the Housing and Transportation link. To reserve a room by phone, call 1-800-445-8667; to ensure you receive the conference room rate ask for a room in the SBM 2012 Annual Meeting & Scientific Sessions room block held April 11-14, 2012.

**Onsite Registration Hours**
Wednesday, April 11, 2012 7:00 am – 7:00 pm  
Thursday, April 12, 2012 7:00 am – 7:00 pm  
Friday, April 13, 2012 7:00 am – 7:00 pm  
Saturday, April 14, 2012 7:00 am – 11:00 am  
Online registration can be found at www.sbm.org.

**Registration Fees**
The base Annual Meeting registration fee includes admittance to all educational sessions that do not require a ticket.

<table>
<thead>
<tr>
<th></th>
<th>Early-Bird Fees (Before March 15, 2012)</th>
<th>Regular Fees (On or after March 15, 2012)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SBM Members</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Full/Associate/Emeritus</td>
<td>$325</td>
<td>$375</td>
</tr>
<tr>
<td>Transitional</td>
<td>$270</td>
<td>$320</td>
</tr>
<tr>
<td>Student/Trainee</td>
<td>$140</td>
<td>$190</td>
</tr>
<tr>
<td><strong>Non-Members</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non-Member</td>
<td>$625</td>
<td>$675</td>
</tr>
<tr>
<td>Non-Member Student/Trainee</td>
<td>$317</td>
<td>$367</td>
</tr>
<tr>
<td><strong>One-Day</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>One-Day Registration</td>
<td>$298</td>
<td>$348</td>
</tr>
</tbody>
</table>
Renew Your Membership or Join SBM Now at www.sbm.org

Attend the Annual Meeting as a member and enjoy:

Money savings:
Student/Trainee SBM members pay a $140 registration fee saving $80 compared to non members!
Transitional SBM members pay a $270 registration fee saving $145 compared to non members!

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student/Trainee SBM membership</td>
<td>$97</td>
</tr>
<tr>
<td>Student/Trainee SBM Annual Meeting early bird fee</td>
<td>$140</td>
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<td>Total</td>
<td>$237</td>
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</table>

Compared to: Non Student/Trainee member early bird registration fee $317 = $80 savings

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Cost</th>
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</thead>
<tbody>
<tr>
<td>Transitional SBM membership</td>
<td>$210</td>
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<tr>
<td>Transitional SBM Annual Meeting early bird fee</td>
<td>$270</td>
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<tr>
<td>Total</td>
<td>$480</td>
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</table>

Compared to: Non-Member registration fee $625 = $145 savings

Compared to Non-Members, Full and Associate SBM members attending the Annual Meeting also pay less in registration fees PLUS enjoy...

Member benefits, including:
- Subscription to SBM’s two journals: Annals of Behavioral Medicine and Translational Behavioral Medicine: Practice, Policy, Research
- Electronic access to three additional behavioral medicine journals: Journal of Behavioral Medicine, International Journal of Behavioral Medicine, and Journal of Behavioral Health Services and Research
- Membership in the International Society of Behavioral Medicine (ISBM)
- Eligibility to receive SBM Research Achievement Awards
- Opportunity to join Special Interest Groups and listservs allowing you to network with others in your areas of interest
- Access to SBM’s Expert Consultation Service
- Online access to the “Members Only” section of the SBM website, www.sbm.org, including the searchable membership directory
- 25% discount on all books published by Springer

Membership renewal forms can be found at the Member’s Only section of the SBM website at www.sbm.org.
Membership Applications can be found on the SBM website at www.sbm.org.
Cancellation Policy
Any registration cancellations must be due to professional and/or personal/family health emergencies and made in writing directly to the SBM national office by April 11, 2012. All cancellations are subject to a non-refundable $50.00 administrative fee. Refunds will be processed following the Annual Meeting.

33rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine Continuing Education Information

Satisfactory Completion: Participants must have paid tuition fee and completed an online evaluation form to receive a continuing education certificate. Participants not fulfilling these requirements will not receive a certificate. Failure to complete the online evaluation form will result in forfeiture of credit for the entire conference. Partial credit of individual sessions is not available. Certificates are available immediately after completing the online form.

Physicians Accreditation Statement: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Institute for the Advancement of Human Behavior, (IAHB) and the Society of Behavioral Medicine. The IAHB is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement: The IAHB designates this live activity for a maximum of 34 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses/Nurse Practitioners: IAHB is an approved provider of continuing nursing education by the Utah Nurses Association, an accredited Approver by the American Nurses Credentialing Center’s Commission on Accreditation. (UNA= 34 CEH’s. Provider Code P09-03).

Psychologists: The Society of Behavioral Medicine (SBM) is approved by the American Psychological Association to offer continuing education for psychologists. SBM maintains responsibility for this program and its content. Maximum of 34 hours.

Certified Health Education Specialists: This program has been submitted for approval to the National Commission for Health Education Credentialing, Inc.

Dieticians: Dieticians may earn a total of up to 34 CPEUs by attending this conference. Please see the PDP guidelines at www.cdrnet.org for further explanation of requirements.

Overview
The theme for the 33rd Annual Meeting & Scientific Sessions is “Engaging New Partners and Perspectives.” Each of the program tracks have been designed to encourage presentations that are relevant on a cross-dimensional level within the field of behavioral medicine.

Target Audience
The Society of Behavioral Medicine Annual Meeting represents the largest annual scientific conference (1,600 + attendees) devoted exclusively to behavioral medicine. The Annual Meeting offers a multidisciplinary forum for psychologists, physicians, nurses, nurse practitioners, health education specialists, registered dieticians and other professionals with a range of expertise from research in health promotion, disease prevention, risk factor identification and modification, disease progression, adjustment and adaptation to physical disorders, rehabilitation, and diffusion and dissemination.

Learning Objectives
Upon completion of the 33rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine delegates can be expected to:
1. Summarize expanding role of genetics and genomics in behavioral medicine research and practice
2. Identify recent advances in behavioral medicine research.
3. Summarize the role of behavioral medicine in today’s changing health systems environment.
4. Examine strategies to expand the application of evidence-based intervention strategies in clinical and public health practice settings.
5. Evaluate innovative strategies for translating behavioral science evidence to improve patient and population health outcomes.
Instructional Level
To be compliant with accreditation policies we have been asked to specify the instructional level for each session eligible for Continuing Education credits. The instructional level for this year’s scientific sessions range from beginner to advanced. Each eligible session is indicated with a specific instructional level code:
- Advanced
- Intermediate
- Beginner/Intermediate
- Beginner

Program Tracks
- Adherence
- Behavioral Medicine in Medical Settings
- Biological Mechanisms in Health and Behavior Change
- Complementary and Alternative Medicine
- Diversity Issues
- Environmental and Contextual Factors in Health and Behavior Change
- Health Communication and Technology
- Lifespan
- Measurement and Methods
- Population, Health Policy and Advocacy
- Prevention
- Psychological and Person Factors in Health and Behavior Change
- Quality of Life
- Spirituality
- Translation of Research to Practice

SESSION TYPES AND MEETING FEATURES
Definitions by Session Types
The 33rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine offers meeting attendees educational opportunities in a variety of formats. The following session types and meetings feature definitions which are offered to assist you in understanding the features of each session type and in selecting the type of instruction best suited to your educational needs.

Breakfast Roundtables
Breakfast Roundtables are held on Thursday and Friday mornings during the meeting. Breakfast Roundtables are interactive meetings with discussion centered on topics of interest to a specific portion of the meeting audience or a Special Interest Group (SIG). A continental breakfast is provided. Admission to these sessions is by name badge.

Citation Awards
Citation awards are presented to those abstracts that are judged by the Program Committee to be especially original and of significant scientific merit. Citation Abstracts will be featured in the Wednesday evening poster session.

Courses
SIG Courses are held on Wednesday afternoon during the meeting. Admission to courses is by ticket only (with fee) and seating is limited.

Dinners with an Expert
Always popular and part of the Expert Consultations, Dinners with an Expert are off-site small roundtable discussions held over dinner. These events take place on Thursday and/or Friday evenings during the meeting for registered attendees. Seating for all consultations is limited to between 3-6 participants and sign-up sheets for all consultations will be posted on-site near the registration desk. Participants are responsible for their own dinner costs. Slight changes to the Dinner with an Expert program may be forthcoming. Please check back often for updates.
Expert Consultations
Expert Consultations are small roundtable discussions facilitated by Experts who are selected by the Education, Training and Career Development (ETCD) Council and SIGs and are primarily Fellow Members of SBM. Expert Consultations take place on Thursday and Friday during the Midday Meeting time slots. Slight changes to the Expert Consultation program may be forthcoming. Please check back often for updates.

General Sessions-Keynote Address and Master Lectures
General Sessions scheduled for Thursday, Friday, and Saturday during the meeting include the Keynote Addresses and Master Lectures. These sessions are the premier educational sessions of the Society of Behavioral Medicine Annual Meeting & Scientific Sessions. Speakers will present on topics of interest to the overall meeting audience in a didactic or pro-con debate format. Admission to these sessions is by name badge.

Meritorious Student Awards
Meritorious Student Awards include those abstracts submitted by students and judged by the Program Committee to contain research of the highest caliber. The Meritorious Student abstracts are featured in the Wednesday evening poster session.

Midday Meetings
Midday Meetings are interactive meetings held by one of the various Special Interest Groups (SIGs) or SBM Councils/Committees. Admission to these sessions is by name badge.

Panel Discussions
These 60 minute sessions focus on specific topics with various viewpoints expressed by a panel of experts. These hard hitting sessions have tackled such topics in the past as “Work/Life Balance: Challenges and Solutions for Women in Behavioral Medicine” and “NIH Peer Review: Advice for Applicants.” Admission to these sessions is by name badge.

Paper Sessions
Paper Sessions are offered on Thursday, Friday, and Saturday during the meeting. Paper Sessions are based on accepted abstracts clustered around common themes and presented via oral presentations that are approximately 18 minutes in length. Admission to these sessions is by name badge.

Poster Sessions
Poster Sessions featuring presentations of accepted abstracts in thematic groupings will take place on each day during the meeting. Poster Sessions allow abstract authors to discuss their research with interested colleagues for 90 minutes in an informal setting. Poster Sessions are a great way to see the latest research in the field while socializing with colleagues. Admission to the Poster Hall is by name badge.

Seminars
Seminars held on Wednesday afternoon during the meeting. They include presentations by approximately three speakers. Speakers are asked to emphasize the theory and application of practical skills and have the ability to interact with participants to a greater degree due to the smaller size of these sessions. Admission to Seminars is by ticket only (with fee) and seating is limited.

Symposia
Symposia are held on Thursday, Friday, and Saturday during the meeting. Symposia are didactic presentations that last 90 minutes. Presenters will examine important issues from a variety of different perspectives. Presentations and debate among presenters will address alternative solutions, interpretations, or points-of-view on an identified body of knowledge within the advertised topic area or theme. Admission to these sessions is by name badge.
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Population, Health Policy, and Advocacy
Megan A. Lewis, PhD
Prevention
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Kenneth Tercyak, PhD
Rapid Communications
Christina R. Studts, PhD
Rapid Communications Co-Chair
Diane K. King, PhD
Translation of Research to Practice
# Meeting at a Glance

**Tuesday, April 10, 2012**

<table>
<thead>
<tr>
<th>Start</th>
<th>End</th>
<th>Title</th>
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</thead>
<tbody>
<tr>
<td>2:00 pm</td>
<td>6:00 pm</td>
<td>NIH and SBM sponsored Pre-Conference Workshop: Innovations in Translational Behavioral Science: New Concepts, Study Designs and Implementation Strategies</td>
</tr>
</tbody>
</table>

**Wednesday, April 11, 2012**

<table>
<thead>
<tr>
<th>Start</th>
<th>End</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 am</td>
<td>7:00 pm</td>
<td>Registration Open*</td>
</tr>
<tr>
<td>9:00 am</td>
<td>11:45 am</td>
<td>Course 101: Evidence-Based Behavioral Medicine SIG and Ethnic, Minority, and Multicultural Health SIG Course Adapting Evidence-Based Strategies for Weight Management to Underserved Populations</td>
</tr>
<tr>
<td>9:00 am</td>
<td>11:45 am</td>
<td>Course 201: Cancer SIG Course Grant Review Workshop</td>
</tr>
<tr>
<td>9:00 am</td>
<td>5:00 pm</td>
<td>Course 301: Behaviour Change Techniques: A Reliable Method for Specifying Complex Intervention Content</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>2:45 pm</td>
<td>Course 401: Leadership Boot Camp for Junior and Mid-Career Investigators: Cultivate the Essential Skills and Best Practices of Extraordinary Leaders</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>6:00 pm</td>
<td>Course 501: Cancer SIG and Obesity and Eating Disorders SIG Course The Role of Obesity in Cancer Prevention and Control</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>6:00 pm</td>
<td>Full Day Seminars</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>2:45 pm</td>
<td>Early Half Day Seminars</td>
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<tr>
<td>3:15 pm</td>
<td>6:00 pm</td>
<td>Course 601: Diabetes SIG Course Integrating Qualitative Research into Behavioral Science: Expanding How We Think About Human Behavior</td>
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<tr>
<td>3:15 pm</td>
<td>6:00 pm</td>
<td>Late Half Day Seminars</td>
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<tr>
<td>6:30 pm</td>
<td>8:00 pm</td>
<td>Opening Reception and Poster Session A featuring Meritorious and Citation Abstracts*</td>
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*Sessions not eligible for CE credit hours*
Thursday, April 12, 2012

<table>
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<tr>
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<tbody>
<tr>
<td>6:30 am</td>
<td>7:30 am</td>
<td>Exercise Session featuring Yoga*</td>
</tr>
<tr>
<td>7:00 am</td>
<td>7:00 pm</td>
<td>Registration Open*</td>
</tr>
<tr>
<td>7:30 am</td>
<td>8:30 am</td>
<td>Breakfast Roundtables*</td>
</tr>
<tr>
<td>8:45 am</td>
<td>10:15 am</td>
<td>Featured Symposium</td>
</tr>
<tr>
<td>8:45 am</td>
<td>10:15 am</td>
<td>Symposia</td>
</tr>
<tr>
<td>10:30 am</td>
<td>11:45 am</td>
<td>Opening Keynote Address and Awards Ceremony</td>
</tr>
<tr>
<td></td>
<td></td>
<td>John P.A. Ioannidis, MD, DSc, C.F. Rehnborg</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Professor in Disease Prevention, Professor of</td>
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<tr>
<td></td>
<td></td>
<td>Medicine and Director, Stanford Prevention</td>
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<tr>
<td></td>
<td></td>
<td>Research Center</td>
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<tr>
<td>11:45 am</td>
<td>12:45 pm</td>
<td>Midday Meetings*/Panel Discussions/Expert</td>
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<tr>
<td></td>
<td></td>
<td>Consultations*</td>
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<tr>
<td>1:00 pm</td>
<td>1:45 pm</td>
<td>Master Lecture</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Kathryn Schmitz, PhD, MPH, FACSM, Associate</td>
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<tr>
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<td>Professor, University of Pennsylvania</td>
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<td>Perelman School of Medicine</td>
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<tr>
<td>1:00 pm</td>
<td>1:45 pm</td>
<td>Master Lecture</td>
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<tr>
<td></td>
<td></td>
<td>Steven H. Woolf, MD, MPH, Director, VCU Center</td>
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<tr>
<td></td>
<td></td>
<td>on Human Needs, Professor of Family Medicine,</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Virginia Commonwealth University</td>
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<tr>
<td>2:00 pm</td>
<td>3:30 pm</td>
<td>Featured Symposium</td>
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<td>2:00 pm</td>
<td>3:30 pm</td>
<td>Symposia</td>
</tr>
<tr>
<td>3:45 pm</td>
<td>5:15 pm</td>
<td>Paper Sessions</td>
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<tr>
<td>5:30 pm</td>
<td>7:00 pm</td>
<td>Presidential Keynote Address and Awards</td>
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<tr>
<td></td>
<td></td>
<td>Ceremony</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Abby C. King, PhD, Professor, Health Research</td>
</tr>
<tr>
<td></td>
<td></td>
<td>&amp; Policy and Medicine, Stanford University</td>
</tr>
<tr>
<td>7:00 pm</td>
<td>8:30 pm</td>
<td>Presidential Reception and Poster Session B*</td>
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*Sessions not eligible for CE credit hours
### Friday, April 13, 2012

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<td>6:30 am</td>
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<tr>
<td>7:00 am</td>
<td>7:00 pm</td>
<td>Registration Open*</td>
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<tr>
<td>7:30 am</td>
<td>8:30 am</td>
<td>Breakfast Roundtables*</td>
</tr>
<tr>
<td>9:00 am</td>
<td>10:30 am</td>
<td>Featured Symposium</td>
</tr>
<tr>
<td>10:30 am</td>
<td>11:30 am</td>
<td>Keynote Address</td>
</tr>
<tr>
<td>11:45 am</td>
<td>12:45 pm</td>
<td>Midday Meetings*/Panel Discussions/Expert Consultations*</td>
</tr>
<tr>
<td>1:00 pm</td>
<td>1:45 pm</td>
<td>Master Lecture</td>
</tr>
<tr>
<td>2:00 pm</td>
<td>3:30 pm</td>
<td>Paper Sessions</td>
</tr>
<tr>
<td>3:45 pm</td>
<td>5:15 pm</td>
<td>Invited Symposium</td>
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<tr>
<td>10:00 am</td>
<td>11:30 am</td>
<td>Presidential Keynote Panel</td>
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<tr>
<td>7:00 pm</td>
<td>8:30 pm</td>
<td>Poster Session C*</td>
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*Sessions not eligible for CE credit hours

### Saturday, April 14, 2012

<table>
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<th>End</th>
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<tbody>
<tr>
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<td>7:30 am</td>
<td>SBM Fun Run/Walk*</td>
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<tr>
<td>7:00 am</td>
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<tr>
<td>7:30 am</td>
<td>8:30 am</td>
<td>SBM Business Meeting*</td>
</tr>
<tr>
<td>8:30 am</td>
<td>10:00 am</td>
<td>Poster Session D*</td>
</tr>
<tr>
<td>8:45 am</td>
<td>9:30 am</td>
<td>Master Lecture</td>
</tr>
<tr>
<td>8:45 am</td>
<td>9:30 am</td>
<td>Master Lecture</td>
</tr>
<tr>
<td>10:00 am</td>
<td>11:30 am</td>
<td>Paper Sessions</td>
</tr>
<tr>
<td>11:45 am</td>
<td>1:15 pm</td>
<td>Paper Sessions</td>
</tr>
<tr>
<td>1:30 pm</td>
<td>2:30 pm</td>
<td>Closing Panel Discussions</td>
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</tbody>
</table>

*Sessions not eligible for CE credit hours
Scientific Sessions – Tuesday, April 10, 2012

Innovations in Translational Behavioral Science:
New Concepts, Study Designs and Implementation Strategies

An NIH and SBM sponsored Pre-Conference Workshop

JASPERWOOD, 3RD FLOOR

Chairs: Susan M. Czajkowski, PhD, National Heart Lung and Blood Institute (NHLBI) & Christine M. Hunter, PhD, National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)

2:00 pm – 2:15 pm  Welcome & Introductory Remarks
Susan M. Czajkowski, PhD, NHLBI & Christine M. Hunter, PhD, NIDDK

2:15 pm – 2:30 pm  Overview of Translational Research at National Institutes of Health
Deborah Olster, PhD, Office of Behavioral and Social Sciences Research (OBSSR)

2:30 pm – 4:00 pm  Translation I: Translating Ideas into Interventions
Moderator: Susan M. Czajkowski, PhD, NHLBI

  Kent Lawson, Abbott Laboratories

- The Power of Small but Significant Numbers: Proof-of-Concept Studies in Clinical Research
  Lynda H. Powell, PhD, Rush University Medical Center

- Issues in the Design & Analysis of Pilot Studies
  Kenneth E. Freedland, PhD, Washington University

4:00 pm – 4:15 pm  Break

4:15 pm – 5:45 pm  Translation II: Translating Research into Practice
Moderator: Christine M. Hunter, PhD, NIDDK

- Using MOST Designs in Dissemination & Implementation Research
  Bonnie Spring, PhD, ABPD, Northwestern University

- Applying the RE-AIM model: Balancing Research Rigor with Context and Relevance
  Paul A. Estabrooks, PhD, Virginia Tech

- Using Community Engagement Principles in Healthcare Research: Engaging the Healthcare Team and System
  Ronald Ackerman, MD, MPH, Northwestern University

5:45 pm – 6:00 pm  Closing Remarks and Discussion
Christine M. Hunter, PhD, NIDDK & Susan Czajkowski, PhD, NHLBI

☆ Advanced  ■ Intermediate  △ Beginner/Intermediate  ○ Beginner  *Session Not Eligible for Credit
### Scientific Sessions – Wednesday, April 11, 2012

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 am – 7:00 pm</td>
<td>Registration Desk Opens*</td>
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<tr>
<td>9:00 am – 11:45 am</td>
<td><strong>Course 101</strong>&lt;br&gt;<strong>Evidence-Based Behavioral Medicine SIG and Ethnic, Minority, and Multicultural Health SIGs Presents:</strong>&lt;br&gt;Adapting Evidence-Based Strategies for Weight Management to Underserved Populations&lt;br&gt;<strong>Consider pairing with Course 501 for a full day of obesity training.</strong>&lt;br&gt;GRAND SALON 03/06, 1ST FLOOR&lt;br&gt;Moderators: Elena Carbone, DrPH, RD, LDN; Luz M. Garcini, MA; Sherri Sheinfeld Gorin, PhD; Eleshia J.P. Morrison, MA; and Karen Oliver, PhD&lt;br&gt;Presenters: Rachel Ballard-Barbash, MD, MPH; Judy D. DePue, EdD, MPH; and Sherry L. Pagoto, PhD&lt;br&gt;In this 3-hour interactive workshop, presenters will describe the evidence for interventions for weight management, share intervention approaches, and the policy implications of obesity in the U.S. This workshop will actively engage participants in exploring the challenges of evidence-based weight management interventions for underserved populations in multiple settings. Participants will also gain an understanding of how context-sensitive, evidence-based approaches to weight management are influenced by policy.&lt;br&gt;The workshop is divided into two parts:&lt;br&gt;Part I will include a brief overview of the obesity epidemic, as well as current examples of evidence-based weight management interventions. This will be followed by small-group discussions about evidence-based assessment and treatment approaches to weight management within underserved groups. In Part II we will explore the impact of national policy on weight management for underserved groups. The workshop will conclude with a discussion about how these new skills and enhanced knowledge can be applied to research and/or clinical practice.&lt;br&gt;At the end of this workshop, learners will be able to describe examples of evidence-based weight management interventions in different populations, apply evidence for effective assessment and intervention with underserved groups, and to understand the impact of policy on obesity and weight management within underserved populations.</td>
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</table>
Scientific Sessions – Wednesday, April 11, 2012

Course 201

Cancer SIG presents:
Grant Review Workshop
GRAND SALON 10, 1ST FLOOR
Chair: Aimee S. James, PhD, MPH

Pre-registration and ticket required for admission
Fee: Full/Associate/Emeritus Members: $107/ Student/Trainees or Transitional Members: $77/ Non-Members: $122
Fee includes Breakfast

This session will provide an in-depth look at how grants are reviewed and illustrate principles of successful grant writing and reviewing. Attendees will observe a study section review and discuss actual grant proposals, learn about study section processes, and have the opportunity to ask questions of the grant reviewers about grant writing strategies and review processes.
**Scientific Sessions – Wednesday, April 11, 2012**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>9:00 am</td>
<td>Welcome/ Introductions/ Pre-course Exercise</td>
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<tr>
<td>9:45 am</td>
<td>Presentation 1: Taxonomies of BCTs: Why and How?</td>
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<tr>
<td>10:15 am</td>
<td>Training Task 1: Familiarisation with BCT labels and definitions</td>
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<tr>
<td>10:45 am</td>
<td>Coffee break</td>
</tr>
<tr>
<td>11:15 am</td>
<td>Presentation 2: The content and applications of the BCT Taxonomy</td>
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<tr>
<td>11:45 am</td>
<td>Training Task 2: Assigning BCT Labels to Intervention Descriptions;</td>
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<td>Introduction to the Coding Manual</td>
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<tr>
<td>12:30 pm</td>
<td>Lunch break</td>
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<tr>
<td>1:30 pm</td>
<td>Presentation 3: Specifying Intervention Content Using the BCT Taxonomy</td>
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<tr>
<td>2:00 pm</td>
<td>Training Task 3: Coding Descriptions of Complex Interventions Using</td>
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<td>the BCT Taxonomy</td>
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<tr>
<td>3:15 pm</td>
<td>Presentation 4: Designing and Reporting Complex Interventions Using</td>
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<td>the BCT Taxonomy</td>
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<tr>
<td>3:30 pm</td>
<td>Coffee Break</td>
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<tr>
<td>3:45 pm</td>
<td>Training task 4: Comparison of Designing and Reporting Interventions</td>
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<tr>
<td></td>
<td>with, and without, the BCT Taxonomy</td>
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<tr>
<td>4:30 pm</td>
<td>Final Coding exercise and Feedback: Planning Future Use of the BCT</td>
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<td>Taxonomy by Participants</td>
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<tr>
<td>5:00 pm</td>
<td>Finish</td>
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* Advanced — ■ Intermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit
Leadership Boot Camp for Junior and Mid-Career Investigators: Cultivate the Essential Skills and Best Practices of Extraordinary Leaders

GRAND SALON 13, 1ST FLOOR
Chair: Cynthia M. Castro, PhD
Pre-registration and ticket required for admission
Fee: Full/Associate/Emeritus Members: $96/ Student/Trainees or Transitional Members: $66/ Non-Members: $111
Fee includes Beverages

As careers develop, we are often challenged to become leaders in science, academia and health care settings. Yet, rarely are we formally trained for the challenges of being effective, transformational leaders. This course is designed to help participants cultivate greater awareness of their leadership strengths and weaknesses, grasp the essential practices of great leaders, and further their ability to inspire others and lead with confidence.

Communication as an Essential Leadership Skill
Kristi Graves, PhD

Best Practices for Exemplary Leadership
Valerie Myers, PhD

Know your own Personal Practices as a Leader
Cynthia M. Castro, PhD
Scientific Sessions – Wednesday, April 11, 2012

12:00 pm – 6:00 pm  

Course 501  

Cancer SIG presents:  
The Role of Obesity in Cancer Prevention and Control  
*Consider pairing with Course 101 for a full day of obesity training.

GRAND SALON 3/6, 1ST FLOOR  
Chair: Deborah J. Bowen, PhD

Pre-registration and ticket required for admission  
Fee: Full/Associate/Emeritus Members: $149/ Student/Trainees or Transitional Members: $111/ Non-Members: $169

Fee includes Lunch

Agenda:

12:15 – 1:45 - Population Views on Obesity and Cancer
Population perspective: Shirley A. A. Beresford, PhD, MSc, MA, University of Washington
Environmental perspective
Behavioral perspective: Michael G. Perri, PhD, University of Florida

1:45 – 3:15 - Energetics and cancer
What is known about inflammation and cancer, the role of the insulin resistance pathway, sex hormones, adipokines, and/or other proposed mechanisms linking obesity to cancer.
Gerald Denis, Boston University
Kathleen Wolin, ScD, Washington University
Melinda Irwin, Yale University
Discussant: Catherine M. Alfano, PhD, National Cancer Institute

3:15 – Break

3:30 – 4:45 - Breakout Sessions

5:00 – 6pm - National Views and Funding Opportunities
Linda C. Nebeling, PhD, National Cancer Institute
Rachel Ballard-Barash, MD, MPH, National Cancer Institute
### Scientific Sessions – Wednesday, April 11, 2012

#### 3:15 pm – 6:00 pm  
**Course 601**  

*Diabetes SIG presents: Integrating Qualitative Research into Behavioral Science: Expanding How We Think About Human Behavior*

**GRAND SALON 10, 1ST FLOOR**  
*Chair: Korey Hood, PhD*

Pre-registration and ticket required for admission  
Fee: Full/Associate/Emeritus Members: $109/ Student/Trainees or Transitional Members: $79/ Non-Members: $124  
Fee includes Snack and Beverage

Qualitative research is a field of inquiry used to gain insight into people’s beliefs, attitudes, behaviors, and culture or lifestyles. In healthcare research, qualitative methods help researchers answer questions that quantitative research may not be able to answer, such as exploring patients’ motivations, perceptions, and expectations. Further, qualitative research can play a role in generating hypotheses for quantitative research and provide insights that can be used to help interpret quantitative findings. The purpose of this workshop is to provide researchers with a background on qualitative research in chronic illness and introduce strategies that can lead to innovative approaches to behavioral science dilemmas. The workshop will include presentations from experts in qualitative methodology. Our expert presenters will provide descriptions of different qualitative methodologies, information on how to conduct a qualitative study, and real-world examples of qualitative research in chronic disease management. Participants will then have the opportunity to ask questions of the expert panel and get advice on research strategies.

#### 12:00 pm – 6:00 pm  
**Full Day Seminars**  

Pre-registration and ticket required for admission  
Fee: Full/Associate/Emeritus Members: $125/ Student/Trainees or Transitional Members: $75/ Non-Members: $150

#### 12:00 pm – 2:45 pm  
**Early Half Day Seminars**  

Pre-registration and ticket required for admission  
Fee: Full/Associate/Emeritus Members: $100/ Student/Trainees or Transitional Members: $50/ Non-Members: $150

#### 3:15 pm – 6:00 pm  
**Late Seminars**  

Pre-registration and ticket required for admission  
Fee: Full/Associate/Emeritus Members: $100/ Student/Trainees or Transitional Members: $50/ Non-Members: $150

#### 6:30 pm – 8:00 pm  
**Opening Reception and Poster Session A**  
*Featuring Citation and Meritorious Abstract Winners*

**HILTON EXHIBITION CENTER, 2ND FLOOR**

Plan on joining colleagues as SBM celebrates those abstracts that have received Citation and Meritorious Awards. This poster session will provide attendees with their first opportunity to meet exhibitors as well as network with other attendees. A cash bar and hors d’oeuvres will be provided.

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*Advanced — ■ Intermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit*
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<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>6:30 am – 7:30 am</td>
<td><strong>Exercise Session Featuring Yoga</strong>*</td>
<td>MARLBOROUGH B, 2nd FLOOR</td>
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<tr>
<td>7:00 am – 7:00 pm</td>
<td><strong>Registration Open</strong>*</td>
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<tr>
<td>7:30 am – 8:30 am</td>
<td><strong>Breakfast Roundtables</strong>*</td>
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**Complementary and Integrative Medicine SIG Breakfast Roundtable, Awards Presentation and Networking Presentation**

**GRAND SALON 15/18, 1st FLOOR**

**Moderator:** Suzanne C. Danhauer, PhD

Please join us for this time to connect with other SBM members interested in complementary and integrative medicine and recognize the strong work submitted by our SIG awardees.

**Diabetes SIG Breakfast Roundtable**

**GRAND SALON 4, 1st FLOOR**

**Moderator:** Korey K. Hood, PhD

**Education, Training and Career Development Council and Student SIG present:**

**How to Get the Most Out of a Postdoctoral Fellowship in Behavioral Medicine: Choosing, Using, and Moving On**

**GRAND SALON 6, 1st FLOOR**

**Moderator:** Laura P. Forsythe, PhD, MPH

**Panelists:** Danielle L. Beatty, PhD; Matthew Buman, PhD; Laura P. Forsythe, PhD, MPH; Michael Hoyt, PhD; and Tracey A. Revenson, PhD

This session will provide trainees in behavioral medicine with a better understanding of the post-doctoral training experience. Although post-doctoral training positions are relatively common, most trainees have limited opportunities to discuss if, where, how, and why they should participate in post-doctoral training. This session will begin with an overview of the diverse benefits of a post-doctoral fellowship, followed by a moderated question and answer session with a candid panel of current, recent, and past post-doctoral fellows. Topics of discussion will include deciding if a post-doctoral training experience is right for you, selecting and obtaining a position, optimizing your training experiences, and transitioning after your fellowship. This session will be useful to current trainees at any phase who are interested in thinking forward about their career trajectory.

**Ethnic, Minority, and Multicultural Health SIG Breakfast Roundtable and Business Meeting**

**GRAND SALON 7/10, 1st FLOOR**

**Moderator:** Elesha J.P. Morrison, MA and Luz M. Garcia, MA

The business meeting will consist of SIG election to determine succeeding chairs, the presentation of student research awards, and a discussion of other SIG business topics.

★ Advanced — ■ Intermediate — △ Beginner/Intermediate — ○ Beginner — *Session Not Eligible for Credit
Scientific Sessions – Thursday, April 12, 2012

Integrated Primary Care SIG Breakfast Roundtable
EGLINTON WINTON, 2ND FLOOR
Moderator: Christopher L. Hunter, PhD, ABPP
This roundtable will focus on
1. Review/update of IPC research projects across the country
2. Opportunity to network with potential collaborators

Physical Activity SIG Breakfast Roundtable
MARLBOROUGH A, 2ND FLOOR
Moderator: Brian C. Focht, PhD and David X. Marquez, PhD

Scientific Speed Dating: Finding Unexpected Partners in Behavioral Medicine
GRAND SALON 19/22, 1ST FLOOR
Moderators: David Clark, DrPH and Melissa W. Riddle, PhD, Behavioral and Social Sciences Research Branch, National Institute of Dental and Craniofacial Research
NIH program staff will give a brief overview of behavioral medicine research topics that are of interest to investigators from diverse health fields and disciplines, and are of interest to multiple NIH institutes and centers. Staff will share strategies for securing funding in these areas, including how to anticipate emerging NIH priorities, and how to establish a strong multidisciplinary team. Finally, the session moderators will facilitate discussion among session participants about common areas of interest, and will help to identify investigators with whom participants have shared interests.

Spirituality and Health SIG: Mentoring the Next Generation
PRINCE OF WALES, 2ND FLOOR
Moderator: Crystal L. Park, PhD and Amy B. Wachholtz, PhD, MDiv
This breakfast roundtable is designed to facilitate networking, with a specific welcome to students and early career professionals interested in spirituality and health. We will discuss challenges, both from the perspectives of seasoned researchers and practitioners and those new to the field.

Women’s Health SIG Breakfast Roundtable
GRAND SALON 21/24, 1ST FLOOR
(1) Overview of SIG Business; (2) Grant Writing Seminar for Young Investigators; (3) Women’s Health SIG Meet and Greet.

☆ Advanced — ■ Intermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit
Scientific Sessions – Thursday, April 12, 2012

8:45 am – 10:15 am  Featured Symposium
Identifying, Assessing, and Acting Upon, Common Behavioral and Psychosocial Data Elements within Electronic Health Records
GRAND BALLROOM C, 1ST FLOOR
Admission by Name Badge
Chair: Bradford W. Hesse, PhD
Presenters: Paul A. Estabrooks, PhD; Russell E. Glasgow, PhD; and Alex Krist, MD, MPH
Discussant: Robert Kaplan, PhD

Electronic health records (EHRs) have the potential to improve patient care through efficient access to complete patient health information, but unfortunately, this potential may not be reached because data on health behaviors and psychosocial issues--critical in improving and maintaining health--are rarely included. Further, there are few opportunities for family/general practice physicians to act upon this data if available. The purpose of this symposium is to (1) identify brief, practical, and actionable behavioral and psychosocial data elements for implementation within EHRs, (2) provide examples for acting upon these data elements, and (3) outline the future steps necessary to more comprehensively address behavioral and psychosocial health through primary care. Paul Estabrooks will describe the process and outcomes of an initiative undertaken by the Society of Behavioral Medicine leadership and Policy Committee in conjunction with the Office of Behavioral and Social Sciences Research and the National Cancer Institute to identify common data elements around 13 key behavioral and psychosocial domains. Alex Krist will discuss practice and technical challenges with incorporating these, and other, patient reported measures into EHRs and review several successful examples. A final presentation by Russ Glasgow will highlight the future directions and next steps necessary to implement common data elements into EHRs and provide access to follow-up process of care. Robert Kaplan will be the discussant for this symposium.

8:45 am – 10:15 am  Symposia
Admission by Name Badge

10:30 am – 11:45 am  Opening Keynote Address and Awards Ceremony
Admission by Name Badge
GRAND BALLROOM A/B, 1ST FLOOR
John P.A. Ioannidis, MD, DSc, C.F. Rehnborg Professor in Disease Prevention, Professor of Medicine and Director, Stanford Prevention Research Center

11:45 am – 12:45 pm  Expert Consultations*
Admission by Name Badge and sign-up sheets located near the registration desk
MARLBOROUGH B, 2ND FLOOR

★ Advanced — ■ Intermediate — ▲ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit
### Scientific Sessions – Thursday, April 12, 2012

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<th>11:45 am – 12:45 pm</th>
<th><strong>Midday Meetings</strong>*</th>
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<tr>
<td>Admission by Name Badge</td>
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<tr>
<td><strong>Aging SIG</strong></td>
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<td><strong>Challenges to Research Involving Older Adults</strong></td>
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<td>GRAND SALON 21/24, 1ST FLOOR</td>
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<td>Moderator: Barbara Resnick, PhD, CRNP, FAAN, FAANP</td>
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<tr>
<td>This dynamic session will include presentations from clinical and academic researchers with expertise in conducting research with older adults. First-hand trials and tribulations will be discussed, as will potential solutions for those challenges which are unique and important to the aging researcher. Topics will include issues surrounding recruitment, measurement, and the use of technology. This session is sponsored by the Aging SIG.</td>
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<td>Light snacks will be served.</td>
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<tr>
<td><strong>Diabetes SIG, Obesity and Eating Disorders SIG, and Physical Activity SIG</strong></td>
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<tr>
<td><strong>Planning for Cross-SIG Workshops, Symposia, and/or Papers</strong></td>
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<tr>
<td>GRAND SALON 4, 1ST FLOOR</td>
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<td>The Obesity and Eating Disorders, Physical Activity, and Diabetes Special Interest Groups have been working together to foster cross-SIG collaborations. The mission of the shared SIG is to provide a forum for researchers and clinicians working in these areas to network, share ideas, and develop interdisciplinary collaborations that inform their work. The purpose of this midday meeting is to engage Obesity and Eating Disorders, Physical Activity, and Diabetes SIG members in planning for join workshops, symposia, and/or papers in the upcoming year. Results of our recently completed cross-SIG survey will inform our discussion.</td>
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<td>Light snacks to be provided.</td>
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<td><strong>Evidence-Based Behavioral Medicine SIG and Cancer SIG</strong></td>
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<td><strong>Introducing the SEER-MHOS Database and Re-Visiting Cancer Registries:</strong></td>
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<td><strong>Discussing Population-Based Behavioral Research Across the Cancer Continuum</strong></td>
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<td>GRAND SALON 07/10, 1ST FLOOR</td>
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<tr>
<td>Moderator: Hoda J. Badr, PhD</td>
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<td>The mid-day session is designed to discuss--- in an informal setting--- the research uses of selected population-based behavioral databases, including the SEER_MHOS, as well as either the Cancer Research Network or the Colon Cancer Family Registry. We will discuss the databases, their uses thus far (in publications), and future applications to developing evidence in behavioral medicine. The SEER_MHOS database is a new NCI resource for exploring population-based quality of life in cancer (<a href="http://outcomes.cancer.gov/surveys/seer-mhos/">http://outcomes.cancer.gov/surveys/seer-mhos/</a>). Steve Clauser will discuss the SEER-MHOS data set and its availability to extramural researchers. Corinne Leach and Keith Bellizzi will explore some work in progress among participants age 65 and older. We will then highlight the contributions (and potential applications) to behavioral medicine of one of the following established international cancer genetics research consortia: either the Colon Cancer Family Registry (CCFR) or the Cancer Genetics Network (CGN). Discussion of the uses of these databases for future research in behavioral medicine will be strongly encouraged.</td>
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<td>Light Snacks to be provided.</td>
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* Session Not Eligible for Credit
Scientific Sessions – Thursday, April 12, 2012

The International Society of Behavioral Medicine presents:
Fostering International Collaborations and Creating Synergy with SBM
GRAND SALON 6, 1ST FLOOR
Moderator: Joost Dekker, PhD, (Netherlands), ISBM President-Elect
Presenters: Brian F. Oldenburg, PhD, (Australia), Chair, International Collaborative Studies Committee; Neil Schneiderman, PhD, (USA), Chair, Strategic Planning Committee; Kasisomayajula Viswanath, PhD, (USA), Chair, Organizational Liaison Committee.

The International Society of Behavioral Medicine (ISBM) is a vibrant scientific society consisting of national and regional societies from all over the world who are brought together by a common interest in the development and integration of sociocultural, psychosocial, behavioral and biomedical knowledge relevant to health and illness and the application of this knowledge to disease prevention, health promotion, etiology, diagnosis, treatment and rehabilitation. ISBM provides an optimal platform to build professional relationships with like minded scholars to conduct cross-national research in behavioral medicine. As SBM is a member society, SBM members are in turn a part of the ISBM, can receive the ISBM Journal and register at a reduced rate for our Congress. This Congress, held every two years, brings together over 700 scientists and trainees in the field of Behavioral Medicine from diverse international and scientific backgrounds. Leaders from the ISBM will discuss and explore ways to interact and collaborate with behavioral medicine scientists across the world, provide some highlights of our upcoming International Congress of Behavioral Medicine (ICBM) to be held August 29 – September 1, 2012, in Budapest, and discuss other activities such as our Early Career Network and our scientific journal, The International Journal of Behavioral Medicine. This midday session will provide an opportunity for SBM members to become more aware and involved in the activities of the ISBM.

Scientific Priorities at the National Heart, Lung, and Blood Institute, NIH
GRAND SALON 19/22, 1ST FLOOR
Moderator: Catherine M. Stoney, PhD, National Heart, Lung, and Blood Institute
Panel Members: Susan M. Czajkowski, PhD; Peter G. Kaufmann, PhD; and William T. Riley, PhD, National Heart, Lung, and Blood Institute

This session provides a forum for discussing scientific priorities for funding at the National Heart, Lung, and Blood Institute, NIH. This is an interactive and scientifically focused session with NHLBI program directors who will discuss high priority areas of research in behavioral medicine. Topics will include translational research, behavioral intervention development, clinical trials in behavioral medicine, mHealth and other technological advances, as well as others.

Student SIG presents:
Applying to Psychology Internships in Behavioral Medicine
MARLBOROUGH A, 2ND FLOOR
Moderator: Brian D. Gonzalez, MA

Whether you are planning on attending graduate school in clinical psychology or about to begin the internship application process, this session is for you. Join a panel of speakers for presentations addressing how to be competitive for internships, the application process itself, and strategies for interviews and ranking internship sites.
Scientific Sessions – Thursday, April 12, 2012

<table>
<thead>
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<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Speakers</th>
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<tbody>
<tr>
<td>11:45 am – 12:45 pm</td>
<td>Panel Discussions</td>
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<td>Admission by Name Badge</td>
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<tr>
<td>1:00 pm – 1:45 pm</td>
<td>Master Lecture</td>
<td>GRAND BALLROOM D, 1ST FLOOR</td>
<td>Kathryn Schmitz, PhD, MPH, FACSM, Associate Professor, University of Pennsylvania Perelman School of Medicine</td>
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<tr>
<td>1:00 pm – 1:45 pm</td>
<td>Master Lecture</td>
<td>GRAND BALLROOM C, 1ST FLOOR</td>
<td>Steven H. Woolf, MD, MPH, Director, VCU Center on Human Needs, Professor of Family Medicine, Virginia Commonwealth University</td>
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<tr>
<td>2:00 pm – 3:30 pm</td>
<td>Featured Symposium</td>
<td>GRAND BALLROOM C, 1ST FLOOR</td>
<td>Admission by Name Badge</td>
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<tr>
<td>2:00 pm – 3:30 pm</td>
<td>Symposia</td>
<td>GRAND BALLROOM C, 1ST FLOOR</td>
<td>Admission by Name Badge</td>
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<tr>
<td>3:45 pm – 5:15 pm</td>
<td>Paper Sessions</td>
<td>GRAND BALLROOM C, 1ST FLOOR</td>
<td>Admission by Name Badge</td>
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<tr>
<td>4:00 pm – 5:00 pm</td>
<td>New Member Meet and Greet*</td>
<td>MARLBOROUGH A, 2ND FLOOR</td>
<td>Admission by Name Badge</td>
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<tr>
<td>5:30 pm – 7:00 pm</td>
<td>Presidential Keynote Address and Awards Ceremony</td>
<td>GRAND BALLROOM A/B, 1ST FLOOR</td>
<td>Abby C. King, PhD, Professor, Health Research &amp; Policy and Medicine, Stanford University Medical School</td>
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* Advanced — Intermediate — Beginner/Intermediate — Beginner — *Session Not Eligible for Credit
Scientific Sessions – Thursday, April 12, 2012

7:00 pm – 8:30 pm  
**Presidential Reception and Poster Session B**

Admission by Name Badge  
HILTON EXHIBITION CENTER (HEC), 2ND FLOOR  
Join the Board of Directors and President Abby C. King, PhD, for a delightful evening of networking in a cutting edge poster session. A cash bar and complimentary hors d’oeuvres will be provided.

7:00 pm – 8:30 pm  
**Women’s Health SIG Networking Dinner**

LOCATION TBD

7:45 pm – 8:30 pm  
**Behavioral Informatics SIG and Obesity and Eating Disorders SIG**

Integrating Informatics and Obesity Research  
Admission by Name Badge  
MARLBOROUGH A, 2ND FLOOR  
Meet and network with members of the OED and BI SIG. Activities will focus on linking behavioral technologies with obesity research and planning for future collaborations between the groups.  
Light snacks to be provided.

8:30 pm – 10:00 pm  
**An Evening Out with the Student SIG**

CAFÉ ADELAIDE, 300 POYDRAS STREET  
Enjoy an opportunity to meet and socialize with other students at this event. The Student SIG will provide light appetizers; entrees and cocktails will be available for purchase.

8:30 pm – 10:00 pm  
**Dinner with the Scientific and Professional Liaison Council**

LOCATION TBD  
Do you have an interest in Communications, Pain, Medical Decision Making, Physical Activity, and Veterans Health? Please join us for dinner as we explore ways for SBM to be more involved in integrated efforts with other organizations addressing these topics.

Advanced — Intermediate — Beginner/Intermediate — Beginner — *Session Not Eligible for Credit
Scientific Sessions – Friday, April 13, 2012

6:30 am – 7:30 am  **Exercise Session Featuring Yoga***
MARLBOROUGH B, 2ND FLOOR

7:00 am – 7:00 pm  **Registration Open***

7:30 pm – 8:30 pm  **Breakfast Roundtables***
Admission by Name Badge

**Aging SIG Business Meeting and Networking Session**
GRAND SALON 6, 1ST FLOOR
Moderators: Katherine S. Hall, PhD and Patricia C. Heyn, PhD
This session serves as the Aging SIG’s formal business meeting. Additionally, a structured facilitated networking session will also take place, providing a formal opportunity for Aging SIG members to network with other SIG and SBM members. Presentation of the student research award will also be made at this time.

**Behavioral Informatics SIG Meeting**
GRAND SALON 19/22, 1ST FLOOR
Moderator: Thomas K. Houston, MD
Behavioral Informatics SIG will meet to discuss the group agenda and plan for future collaboration.

**Cancer SIG Business Meeting**
GRAND SALON 15/18, 1ST FLOOR
Moderator: Michael A. Diefenbach, PhD
The SIG chair will present the activities, budget, and future plans of the Cancer SIG.

**Ethnic, Minority, and Multicultural Health SIG Breakfast Roundtable Mentorship Meeting**
GRAND SALON 4, 1ST FLOOR
Moderators: Eleshia J.R. Morrison, MA and Luz M. Garcini, MA
An interactive meeting to discuss interdisciplinary mentoring opportunities for EMMH SIG members.

**Evidence-Based Behavioral Medicine SIG Business Meeting**
GRAND SALON 7/10, 1ST FLOOR
Moderators: Karen Oliver, PhD and Sherri Sheinfeld Gorin, PhD
A meeting to discuss the work of the EBBM SIG throughout the past year and plans for next year.

**Health Decision Making SIG Breakfast Roundtable**
PRINCE OF WALES, 2ND FLOOR
Moderators: Marc T. Kiviniemi, PhD and Suzanne O’Neill, PhD
Annual SIG Meeting and Awards Ceremony
Scientific Sessions – Friday, April 13, 2012

Military and Veterans’ Health SIG
GRAND SALON 9/12, 1ST FLOOR
Moderator: Patricia H. Rosenberger, PhD
Meeting of the MVH Special Interest Group in formation to establish this as a SIG and to establish leadership, terms of rotation, and other SIG-related issues.

Multiple Health Behavior Change (MHBC) SIG Business Meeting and Discussion
GRAND SALON 13/16, 1ST FLOOR
Moderator: Kerry E. Evers, PhD and Lisa M. Quintiliani, PhD, RD
The MHBC SIG will hold our annual business meeting as well as discuss current issues and research topics. This will include discussion of the upcoming special issue focusing on Multiple Health Behavior Change and the call for papers.

Student SIG
Show Me the Money: Grant Writing Strategies for Graduate Students and Post-Docs
GRAND SALON 21/24, 1ST FLOOR
Moderator: Brian D. Gonzalez, MA
An informative session with presentations from both national funding agency professionals and previously successful grant applicants. Learn recommended strategies and come up with any questions you might have about the grant writing process.

8:45 am – 10:15 am  Featured Symposium  
Admission by Name Badge
GRAND BALLROOM C, 1ST FLOOR

8:45 am – 10:15 am  Symposia  
Admission by Name Badge

10:30 am – 11:30 am  Keynote Address  
Admission by Name Badge
GRAND BALLROOM A/B, 1ST FLOOR
Janet L. Collins, PhD, Associate Director for Program, Office of the Director, CDC

11:45 am – 12:45 pm  Expert Consultations*  
Admission by Name Badge and sign-up sheets located near the registration desk
MARLBOROUGH B, 2ND FLOOR

★ Advanced  —  ■ Intermediate  —  △ Beginner/Intermediate  —  ○ Beginner  —  *Session Not Eligible for Credit
Scientific Sessions – Friday, April 13, 2012

11:45 am – 12:45 pm

Midday Meetings*

Admission by Name Badge

Cancer SIG and Health Decision Making SIG
Measurement of Health Decision Making: Theoretical and Clinical Challenges
GRAND SALON 7/10, 1ST FLOOR
Moderators: Michael A. Diefenbach, PhD and Marc T. Kiviniemi, PhD

The purpose of this meeting is to be a forum for discussing measurement and assessment challenges for health decision making. To start of the moderator-facilitated discussions, we will have three brief presentations covering three distinct areas: The first presentation by Mary Ropka, PhD, will give an overview of the recent developments in shared decision making within the Ottawa framework, with a focus on the assessment of decisional conflict, quality and satisfaction of a decision. The second topic to be addressed by Sara J. Knight, PhD, will be the elicitation and measurement of preferences and values, which are considered a cornerstone of a “good decision.” Finally, Ronald Meyers, PhD, will discuss the challenges involved in measuring and implementing shared decision paradigms within varied clinical settings. Speaker presentations will be brief to ensure time for audience participation and the exchange of ideas and experiences.

Child and Family Health SIG Midday Meeting
Behavioral Medicine Research in Pediatric Diabetes: Advances and Opportunities
Presented by: Alan M. Delamater, PhD, Professor, Pediatrics and Physiology, University of Miami Miller School of Medicine
MARLBOROUGH A, 2ND FLOOR
Moderator: Kenneth P. Tercyak, PhD

Business Meeting, awards presentation and networking event.

Complementary and Integrative Medicine SIG Working Group Business Meeting
GRAND SALON 19/22, 1ST FLOOR
Moderator: Suzanne Danhauer, PhD

Please join us to discuss ways to become more actively involved in the CIM SIG. Light snacks to be provided.

Integrated Primary Care SIG Midday Meeting
EGLINTON WINGTON, 2ND FLOOR
Moderator: Christopher L. Hunter, PhD, ABPP

This midday meeting will focus on:
1. Updates from Veterans Administration, Department of Defense, and Federally Qualified Health Center/s representative on current status of IPC as a springboard for an open conversation of what needs to happen at a national level to help private practitioners increase their involvement in IPC.
2. Update on programs that provide training in integrated primary care.

* Session Not Eligible for Credit
Scientific Sessions – Friday, April 13, 2012

Scientific Program Committee Meeting: 12th International Congress of Behavioral Medicine, August 29 - September 1, 2012, Budapest, Hungary
GRAND SALON 4, 1ST FLOOR
Moderator: Frank J. Penedo, PhD – ICBM Scientific Program Committee Chair

The International Society of Behavioral Medicine (ISBM) is a vibrant scientific society consisting of national and regional societies from all over the world who are brought together by a common interest in the development and integration of sociocultural, psychosocial, behavioral and biomedical knowledge relevant to health and illness and the application of this knowledge to disease prevention, health promotion, etiology, diagnosis, treatment and rehabilitation. The ISBM holds a congress every two years bringing together over 700 scientists and trainees in the field of Behavioral Medicine from diverse international and scientific backgrounds. In this session, the Scientific Program Committee will discuss our upcoming International Congress of Behavioral Medicine (ICBM) to be held August 29 – September 1, 2012, in Budapest. As SBM is a member society of ISBM, SBM members are in turn a part of the ISBM and register at a reduced rate for our Congress. The session is open to all SBM members who would like to learn more about ISBM and our 12th ICBM.

Pain SIG Business Meeting and Data Blitz
GRAND SALON 21/24, 1ST FLOOR
Moderator: Martin D. Cheatle, PhD

Annual Pain SIG Business Meeting and Student Presentations.

Tools and Measures from Social Psychology for Health Research
PRINCE OF WALES, 2ND FLOOR
Moderator: Angela D. Bryan, PhD

This midday meeting will begin with an orientation to the utility of integrating health research with measures and ideas from social psychology, as well as an introduction to the Social Personality & Health Network to foster such integration. The session will then feature 4-6 tables on specific tools, measures, and perspectives developed by social psychologists and useful for health researchers, such as implicit attitude measures, ecological assessments, and measures of social psychological motivations. An expert will be available at each table to explain the approach, answer questions, and discuss the health research potential. Participants are encouraged to circulate and attend tables as desired.

Spirituality and Health SIG
Forum on Measurement Issues in Spirituality and Health Research
GRAND SALON 13/16, 1ST FLOOR
Moderators: Crystal L. Park, PhD and Amy B. Wachholtz, PhD, MDiv

Researchers in Spirituality and Health will present specific measurement considerations in different areas (general health, psycho-oncology, cardiovascular disease, pain) and then we will open the forum to audience questions and comments.
Scientific Sessions – Friday, April 13, 2012

Student SIG
Behavioral Medicine Internship Meet and Greet
GRAND SALON 6, 1ST FLOOR
Moderator: Brian D. Gonzalez, MA

The Student SIG invites you to an informal and interactive meet-and-greet with representatives and/or current interns from several psychology internship sites that provide specialized training in behavioral medicine. Come prepared to network, learn about site-specific training opportunities, and get your questions answered.

11:45 am – 12:45 pm  Panel Discussions
Admission by Name Badge

1:00 pm – 1:45 pm  Master Lecture
Admission by Name Badge
GRAND BALLROOM C, 1ST FLOOR
Distinguished Scientist Master Lecture
Integrative Medicine: Fraud or Frontier?
Margaret A. Chesney, PhD, Professor of Medicine/Director,
University of California, San Francisco

1:00 pm – 1:45 pm  Master Lecture
Admission by Name Badge
GRAND BALLROOM D, 1ST FLOOR
Jeffrey N. Keller, PhD, Professor, Associate Executive Director,
Director, Institute for Dementia Research and Prevention, Hibernia
National Bank, Edward G. Schlieder Chair, Pennington Biomedical
Research Center, LSU System

2:00 pm – 3:30 pm  Paper Sessions
Admission by Name Badge

* Advanced — ■ Intermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit
### Scientific Sessions – Friday, April 13, 2012

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
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| 3:45 pm – 5:15 pm | **Featured Symposium**  *
| 3:45 pm – 5:15 pm | **Symposia**  *
| 5:30 pm – 7:00 pm | **Presidential Keynote Panel**  ■  
| 7:00 pm – 8:30 pm | **Poster Session C**  *  
| 7:00 pm – 9:00 pm | **Dinner with an Expert**  *  

- **Featured Symposium**: Admission by Name Badge
- **Symposia**: Admission by Name Badge
- **Presidential Keynote Panel**: Chair: Russell E. Glasgow, PhD, National Cancer Institute, Rockville, MD  
  Presenters: Shiriki Kumanyika, PhD, MPH, University of Pennsylvania, Philadelphia, PA; Thomas Robinson, MD, MPH, Stanford University School of Medicine, Stanford, CT; Deborah F. Tate, PhD, University of North Carolina, Chapel Hill, NC
- **Poster Session C**: Admission by Name Badge  
  HILTON EXHIBITION CENTER (HEC), 2nd FLOOR  
  It’s Friday night and we’ve got a poster session that is going to set the stage for a wonderful night on the town. Before you go out – be sure to stop by the poster session – enjoy complimentary hors d’oeuvres while you peruse the posters. Make the poster hall the meeting spot for your going out party!
- **Dinner with an Expert**: LOCATION AND SIGN-UP TBD

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<tr>
<th>Level</th>
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**Scientific Sessions – Saturday April 14, 2012**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>6:30 am – 7:30 am</td>
<td>Fun Run/Walk*</td>
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<tr>
<td>7:00 am – 11:00 am</td>
<td>Registration Desk Open*</td>
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<tr>
<td>7:30 am – 8:30 am</td>
<td>SBM Business Meeting*</td>
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<td>8:30 am – 10:00 am</td>
<td>Poster Session D*</td>
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<tr>
<td>8:45 am – 9:30 am</td>
<td>Master Lecture</td>
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<td>8:45 am – 9:30 am</td>
<td>Master Lecture</td>
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<tr>
<td>10:00 am – 11:30 am</td>
<td>Paper Sessions</td>
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<tr>
<td>11:45 pm – 1:15 pm</td>
<td>Paper Sessions</td>
</tr>
<tr>
<td>1:30 pm – 2:30 pm</td>
<td>Closing Panels</td>
</tr>
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**Fun Run/Walk**
Better Health through Behavior Change begins with you! Show off your athletic prowess by participating in the Fun Run/Walk! All runners and walkers are to meet near the concierge desk at 6:15 am. The run starts at 6:30 am sharp. Join our Local Arrangements Committee as they take you on a scenic tour of New Orleans. With breathtaking views, and clean, crisp air in your lungs, if you are a runner, this is an opportunity you will not want to miss!

**Registration Desk Open**
Free coffee until supplies last.

**SBM Business Meeting**
GRAND BALLROOM C, 1ST FLOOR
Free coffee until supplies last.

**Poster Session D**
Admission by Name Badge
HILTON EXHIBITION CENTER, 2ND FLOOR
After a night on the town, there’s nothing better than a relaxing poster session with free breakfast goodies. Stop by the poster hall on Saturday morning for breakfast. Join fellow sleepy eyed attendees and Board members for a few breakfast treats, including FREE COFFEE until supplies last! So, set your alarm and be sure to take advantage of this networking opportunity!

**Master Lecture**
Admission by Name Badge
GRAND BALLROOM C, 1ST FLOOR
Kate Lorig DrPH, Professor Emeritus (acting) Department of Medicine, Stanford University School of Medicine

**Master Lecture**
Admission by Name Badge
GRAND BALLROOM D, 1ST FLOOR
Kevin Patrick, MD, MS, Professor, Family and Preventative Medicine, Director, Center for Wellness and Population Health Systems, Calit2, Editor-in-Chief, American Journal of Preventative Medicine, University of California, San Diego

**Paper Sessions**
Admission by Name Badge

**Paper Sessions**
Admission by Name Badge

**Closing Panels**
ADA Compliance
If you require special arrangements in order to fully participate in the 33rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, please check the appropriate box on your registration form and provide a written description of your specific needs. SBM cannot ensure the availability of appropriate accommodations without prior notification.

Ambassadors
Visiting the Poster Hall and have questions about presentations in a specific topic area? SBM Fellows have agreed to volunteer as Ambassadors for the Annual Meeting. Ambassadors are highlighted in the Ambassador handout in your registration bag and will have a dark teal ribbon affixed to their name badge. They will be available during the Poster Sessions to answer your questions and assist you in finding your way around the hall. Thank you Ambassadors!

Book Exhibit and Publications Mart
We are pleased to announce the return of the Book Exhibit and Publications Mart in the SBM Resource Booth. SBM has invited various publishers to display and sell books/publications on a variety of topics of interest to Annual Meeting attendees in the Poster Hall. Stop by the SBM Resource Booth to see what other SBM members are publishing!

Career Placement Message Board
A self service Career Placement Message Board is available onsite at the SBM Annual Meeting near the Registration Desk for meeting attendees to self-post position openings on behalf of an institution. Instructions for formatting a posting are as follows:

1. All position announcements should be prepared on an 8.5” x 11” sheet of institutional letterhead
2. Each announcement should indicate the duties and requirements of the position, geographical and departmental location, expected salary, start date, and instructions for completion and submission of resumes/applications.
3. Attendees planning to post a career placement message on-site are advised to bring multiple copies as SBM cannot be responsible for removal of notices by other meeting attendees.

All posting is self-service and a benefit of attending the SBM Annual Meeting.

There is a $50 fee for anyone that is not attending the Annual Meeting, but still would like to place an advertisement on the Career Placement Message Board. Please inquire at info@sbm.org.

CE Credits
If you receive CE credits there is no need to sign in and out! Just be sure to attend each session in its entirety and fill out the post-meeting evaluation available through the SBM website (www.sbm.org). This evaluation will be available following the closing session on Saturday, April 14. The evaluation will contain an attestation statement, which indicates that you attended each session you want credit for in its entirety. To receive credit for a session you must stay for the duration of that session!

Certificates
Participants in the SBM Annual Meeting will be able to print their continuing education certificate by visiting the SBM Website, www.sbm.org after the meeting. At this link, you will find a general meeting evaluation, as well as session-specific evaluations for continuing education credit. All certificates can be printed immediately via the link provided at the SBM Website. Access to the online evaluation site will be available immediately following the closing session on Saturday, April 14.

For those attendees who wish to obtain a certificate of attendance, please visit the onsite registration desk.

Citation Awards
Citation Awards are those Paper and Poster submissions judged by the Program Committee to be especially original and significant. A complete listing of Citation awards will be listed in the Final Program.

Committee and Council Meetings
~More information coming soon!
Dinner with an Expert
These dinners have been organized by the Education, Training and Career Development Council. Sign up will be located on the poster board near registration. Seating is limited to six participants per dinner. Dinners will take place off-site. Registrants are responsible for payment of own dinner.
~ More information coming soon!

Exhibitor Directory
~ More information coming soon!

Expert Consultations
The Education, Training and Career Development Council (ETCD) is pleased to offer Expert Consultations again at this year’s Annual Meeting. Society Fellows and designated representatives of the SIGs each representing various areas of interest within the field of behavioral medicine, will contribute their time to facilitate small roundtable discussions with meeting attendees on research and clinical issues of mutual interest. Space will be limited to 4 participants per expert, on a first-come, first-serve basis. Sign-up sheets will be located near the on-site registration desk.

Fellows Announcement
~ More information coming soon!

Future Annual Meetings
34th Annual Meeting & Scientific Sessions
March 20-23, 2013
Hilton San Francisco Union Square
San Francisco, CA

35th Annual Meeting & Scientific Sessions
April 23-26, 2014
Philadelphia Marriott Downtown
Philadelphia, PA

36th Annual Meeting & Scientific Sessions
April 22-25, 2015
San Antonio Marriott Rivercenter
San Antonio, TX

Historical Review
SBM Past Presidents include:
1979-1980  W. Stewart Agras, MD
1980-1981  Joseph V. Brady, PhD
1981-1982  Gene G. Abel, MD
1982-1983  Michael F. Cataldo, PhD
1983-1984  Redford B. Williams, Jr., MD
1984-1985  Stephen M. Weiss, PhD
1985-1986  Herbert Benson, MD
1986-1987  Michael J. Follick, PhD
1987-1988  Evan G. Pattishall, Jr., MD, PhD
1988-1989  Kelly D. Brownell, PhD
1989-1990  Albert Stunkard, MD
1990-1991  Judith Rodin, PhD
1991-1992  John W. Farquhar, MD
1992-1993  Rena R. Wing, PhD
1993-1994  Jacqueline Dunbar-Jacob, PhD, RN
1994-1995  Richard S. Surwit, PhD
1995-1996  C. Barr Taylor, MD
1996-1997  Robert M. Kaplan, PhD
1997-1998  Thomas G. Pickering, MD, DPhil
1998-1999  Norman B. Anderson, PhD
1999-2000  Joel E. Dimsdale, MD
2000-2001  C. Tracy Orleans, PhD
2001-2002  Michael G. Goldstein, MD
2002-2003  David B. Abrams, PhD
2003-2004  Linda C. Baumann, PhD, RN, FAAN
2004-2005  Judith K. Ockene, PhD, Med
2005-2006  Laura L. Hayman, RN, PhD, FAAN
2006-2007  Edwin B. Fisher, PhD
2007-2008  Peter G. Kaufmann, PhD
2008-2009  Bonnie Spring, PhD, ABPP
2009-2010  Francis J. Keefe, PhD
2010-2011  Karen M. Emmons, PhD

Meritorious Student Awards
Meritorious Student Awards are Posters and Papers submitted by students and judged by the Program Committee to contain research of the highest caliber. A complete listing of Meritorious Student Awards will be available in the Final Program. Recipients will be available in the Final Program.
New Members
On behalf of the Society of Behavioral Medicine, the Membership Council extends an invitation to all new members to join the Membership Council at the New Member Breakfast Meet and Greet.

New Member Meet & Greet
Thursday, April 12, 2012
4:00 pm – 5:00 pm
MARLBOROUGH A, 2ND FLOOR
(Organized by the Membership Council and the Special Interest Groups)

Light snacks will be provided.

Name Badges and Ribbons
With the exception of ticketed Seminars and Courses, admission to all educational sessions and the Poster Hall is by name badge only. On behalf of SBM and our volunteers roaming the educational session rooms please be sure to wear your name badge at all times during the Annual Meeting.

In addition to a name badge, some individuals will be recognized with an identifying ribbon which affixes to their name badge. The following individuals will be recognized with the corresponding ribbon.

Ribbon Colors
General
Ambassador .................................. Dark Teal
Award Winner ................................ Ocean Blue
Citation Recipient .............................. Mocha
Distinguished Service Award .................. White
Exhibitor ........................................ Green
Expert Consultant .............................. Neon Yellow
Fellow ............................................ Light Blue
Friend of SBM .................................. Purple
Meritorious Student Award Recipient ...... Cornflower
New Fellow ..................................... Aqua Blue
Press ............................................ Purple
Program Chair .................................. Navy
Program Co-Chair ................................ Jewel Blue
SBM Fund Contributor ........................ Purple
Speaker .......................................... Maroon
Student SIG ..................................... Ivory
Volunteer ........................................ Rainbow

Board of Directors
All .............................................. Gold
President ..................................... Black
Past-President ................................. Yellow
Immediate Past President ................. Jewel Blue
President-Elect ................................ Navy
Secretary/Treasurer ............................. Yellow
Council Chair .................................. Orange
Committee Chair ................................. Forest Green
Member Delegate ............................... Yellow
Outlook Editor .................................. Violet
Annals Editor ................................... Violet
TBM Editor ..................................... Pink
Web Editor ..................................... Pink

Councils/Committees/Members
Council Member ............................... Purple
Committee Member ......................... Red
Member ......................................... Ivory
New Member .................................... Peach

Other
SBM Staff ........................................ Melon

Poster Hall
The schedule for poster presentations for this year’s Annual Meeting is described below. Please be sure to hang your poster during the appropriate time. All posters left after the removal time has concluded will be discarded. For the security of our vendors there is to be no viewing of posters outside of the established viewing times.

Wednesday, April 11, 2012, Opening Reception and Poster Session A
Authors set up posters
4:00 pm – 6:00 pm
Posters available for viewing
6:30 pm – 8:00 pm
Authors present for discussion
6:30 pm – 8:00 pm
Authors remove posters
8:00 pm – 8:30 pm
Thursday, April 12, 2012 – Presidential Reception & Poster Session B
Authors set up posters
5:00 pm – 6:30 pm
Posters available for viewing
7:00 pm – 8:30 pm
Authors present for discussion
7:00 pm – 8:30 pm
Authors remove posters
8:30 pm – 9:00 pm

Friday, April 13, 2012 – Poster Session C
Authors set up posters
5:00 pm – 6:30 pm
Posters available for viewing
7:00 pm – 8:30 pm
Authors present for discussion
7:00 pm – 8:30 pm
Authors remove posters
8:30 pm – 9:00 pm

Saturday April 14, 2012 – Poster Session D
Authors set up posters
6:30 am – 8:15 am
Posters available for viewing
8:30 am – 10:00 am
Authors present for discussion
8:30 am – 10:00 am
Authors remove posters
10:00 am – 10:30 am
All posters left after the removal period will be discarded.

Rapid Communication Posters
Rapid Communication Posters are late-breaking abstract submissions judged by the Program Committee to be original and beneficial research. Rapid Communications will be presented in Poster Sessions only. A complete listing of Rapid Communication Posters will be provided as a handout in the registration packet at the Annual Meeting.

SBM Resource Booth
Make sure to stop by the SBM Resource Booth. The SBM Resource Booth will feature informational pieces regarding SBM and its policy briefs along with the Book Exhibit and Publications Mart.

Volunteers
~More information coming soon!
Special Interest Groups (SIGs)

Are you a Member of SBM who hasn’t signed up for a Special Interest Group (SIG) or perhaps a non-member who might be interested in signing up for a particular SIG through new membership? SBM SIGs offer a fit for every area of interest: Where do you belong? Renew your membership today and sign up for a SIG at no additional cost or become a new member and start participating in the SIG of your choice with colleagues who are also interested in the same area(s) as you!

Aging

Contact Information:
Patricia C. Heyn, PhD: Patricia.Heyn@ucdenver.edu
Katherine S. Morris Hall, PhD: ksmorr11@gmail.com

Description/Mission Statement:
The Aging SIG is focused on addressing the special issues of behavior change among older adults, with a particular focus on the influence of cultural, environment and policy factors. There is a tendency to focus behavior change issues and challenges on the children and adults who are assumed to be those who will reap the greatest long term benefit from changes. Older adults, particularly those with chronic health problems, can likewise gain a significant benefit from behavior change particularly with regard to quality of life issues. The workgroup focused on Aging has identified the need and interest in exploring the ways in which older adults, particularly older adults with chronic illnesses, can alter behavior to promote health and quality of life. The research considering behavior change among older adults has been sparse and it is not clear what types of interventions have the greatest impact at different periods of time (i.e. the young-old versus the old-old), and when faced with the many challenges associated with aging. Moreover, the cultural influence of health promotion and what is expected of older individuals at different life points is also not well addressed. The goals of this workgroup are to develop a symposium that focuses on: Lessons Learned in Facilitating Behavior Change During Transitions Points in Older Adults with Chronic Illness. Papers will include the work of group members in cardiac rehabilitation, dialysis, with older adults post hip fracture, and with adults transitioning into retirement.

Behavioral Informatics

Contact Information:
Beth C. Bock, PhD: bock@lifespan.org
Thomas K. Houston, MD MPH: thouston@umassmrd.edu

Description/Mission Statement:
The Behavioral Informatics Special Interest Group is designed as a forum for members of the Society of Behavioral Medicine with an interest in the impact of information and communication technology on health behavior outcomes and processes. Our working definition of “Behavioral Informatics” incorporates the study of the use of these technologies by patients and health care providers as well as the design, implementation, and evaluation of behavior change interventions delivered through advanced technologies. The goal is to promote the appropriate use of technologies to improve health and healthcare. The SIG is now developing a weblog as a discussion forum. Check it out at: http://behavioralinformatics.blogspot.com/

Cancer

Contact Information:
Michael A. Diefenbach, PhD: michael.diefenbach@mountsinai.org

Description/Mission Statement:
The Cancer Special Interest Group of SBM aims to foster high quality collaborative research, enhance the professional development of its members, and work with other professional organizations involved in cancer prevention and control research. Our goal is to advance and disseminate knowledge across the breadth of cancer control, ranging from cancer prevention to end of life care, including all ages, racial and ethnic groups, and socioeconomic strata. We will accomplish our mission through a variety of activities: special symposia, exchange of information via a listserv, and fostering of junior investigators.
Child and Family Health
Contact Information: Kenneth Tercyak, PhD: tercyakk@georgetown.edu
Description/Mission Statement: The Child and Family Health Special Interest Group is an interdisciplinary forum for members of the Society of Behavioral Medicine concerned with the health and wellbeing of children, adolescents, and families. Members of this SIG have interests bridging biological, cognitive, emotional, behavioral, and social functioning of children and adolescents with a focus on understanding contextual, social ecological influences on child health and development. Members are involved in the conduct of research and provision of services to promote child health and development, prevent childhood illness and injury, and foster family adjustment to chronic illnesses and other physical conditions of childhood. This SIG aims to advance and disseminate knowledge, foster professional networks to produce high-quality collaborative research, and ultimately enhance the health and wellbeing of children, adolescents, and families.

Complementary and Integrative Medicine
Contact Information: Suzanne Danhauer, PhD: danhauer@wfubmc.edu
Description/Mission Statement: According to the National Center on Complementary and Alternative Medicine (NCCAM) of the National Institutes of Health, complementary and alternative medicine (CAM) refers to a broad range of healing approaches that mainstream Western (conventional) medicine does not commonly use, accept, study, understand, or make available. This special interest group provides a forum for discussion of CAM, as defined by the NCCAM of the NIH, as it relates to behavioral medicine, with a particular emphasis on the integrative nature of such modalities, by themselves and in conjunction with other modalities of biopsychosocial care. In particular, the CAM SIG will promote understanding of the underlying behavioral and psychological processes and application of CAM approaches; attitudes toward use and delivery of CAM; and use of CAM with special populations, in the context of culturally traditional healing, and in regard to public health policy. CAM SIG membership does not imply or endorse the individual’s ability to practice CAM modalities.

Diabetes
Contact Information: Korey Hood. PhD: korey.hood@cchmc.org
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Description/Mission Statement: The Diabetes Special Interest Group is designed to be a forum for Society of Behavioral Medicine members with an interest in the advancement of behavioral and psychological research in diabetes. Our goals are to: 1) increase the presence of high-quality behavioral medicine research in diabetes at the SBM conference; 2) encourage interdisciplinary collaboration among researchers, clinicians, educators, and public health advocates that emphasizes the importance of the prevention and treatment of diabetes; and 3) support professional networking and the training of young investigators and students interested in diabetes research. These goals will be accomplished through the collaborative development of submissions for the SBM conference, organization of meetings and symposia, communication through our listserv, and other activities that will evolve.

Ethnic Minority and Multicultural Health
Contact Information: Elesha JP Morrison, MA: morrison.364@osu.edu
Luz M. Garcini, MA: lgarcini@projects.sdsu.edu
Description/Mission Statement: The Ethnic Minority and Multicultural Health Special Interest Group (EMMH SIG) concerns itself with advancing the field of ethnic minority and multicultural health, through education and training; networking; mentorship of ethnic minorities and non-minorities; and conducting research in ethnicity, culture, and health. Members of this SIG also aim to increase the involvement of ethnic minorities in SBM councils, committees, and the peer-review process.
Evidence Based Behavioral Medicine
Contact Information:
Sherri Sheinfeld-Gorin, PhD: sherri.gorin@gmail.com
Karen Oliver, PhD: Karen_Oliver@brown.edu
Description/Mission Statement:
Evidence-based medicine has recently come to the forefront as an approach by which to evaluate and practice medicine. Evidence-based behavioral medicine (EBBM) is a relatively young field that has similar purposes. Researchers, clinicians, students, and policy makers may all wish to become better acquainted with the history, principles, and future directions of this field.
In addition to hosting a breakfast session at the annual Society of Behavioral Medicine conventions, the EBBM Special Interest Group (SIG) also has a listserv for contact among those interested in EBBM.

Health Decision Making
Contact Information:
Marc T. Kiviniemi, PhD: mtk8@buffalo.edu
Suzanne O’Neill, PhD: sco4@georgetown.edu
Description/Mission Statement:
The Health Decision Making Special Interest Group (HDM SIG) provides a forum within the Society of Behavioral Medicine to advance the theory, science, and practice of health decision making, particularly as applied in behavioral medicine. The HDM SIG has a special interest in understanding informed decision making by population members and patients, shared decision making between patients and health professionals, and clinical decision making by health professionals.
The HDM SIG accomplishes its mission through 1) fostering communication and collaboration among its members; 2) providing high quality peer review of abstracts and manuscripts on decision making topics submitted to SBM meetings and publications; 3) developing and offering activities through SBM venues that will enhance the collective knowledge of health decision making among SBM members; and by 4) providing guidance on the science of health decision making to SBM committees, SIGs, and councils.
The HDM SIG is the point of contact for liaisons between SBM and other organizations relevant to health decision making such as the Society of Medical Decision Making and the Society for Judgment and Decision Making.

Integrated Primary Care
Contact Information:
Christopher L. Hunter, PhD: christopher.hunter@tma.osd.mil
Description/Mission Statement:
The Integrated Primary Care Special Interest Group is devoted to promoting and enhancing the delivery of evidence-based behavioral health care in primary care settings. We provide a forum for the exchange of information and foster relationships between behavioral health and medical professionals in order to: 1) facilitate the integration behavioral health professionals and biopsychosocial interventions into primary care settings; 2) advance research of behavioral health interventions in primary care; 3) support the training of students pursuing integrated primary care; and 4) inform the development of policies that impact behavioral health care in primary care settings. We meet these goals through meetings and symposia at SBM conferences, communication through our listserv, and collaborating with other organizations that promote integrated primary care.
Military and Veterans’ Health *NEW*

Contact Information:
Patricia H. Rosenberger, PhD: patricia.rosenberger@va.gov

The Veterans Health Administration (VHA) of the Department of Veterans Affairs (VA) is the largest integrated healthcare system in the United States. VA care is based on the premise set forth by Abraham Lincoln, “...to care for him who shall have borne the battle, and for his widow and his orphan...” and that military service members and Veterans have unique health challenges and needs. The Special Interest Group in Military and Veterans’ Health is an interdisciplinary group of researchers, clinicians, and educators who are committed to promoting research, prevention, clinical assessment and intervention, policy development, education, training and mentoring in military and Veteran health. Furthermore, a unifying aim of this interest group is to translate evidenced-based behavioral medicine interventions into clinical care for military service members engaged in active duty and Veterans that improve health outcomes by promoting innovative implementation and evaluation practices and access to quality and cost-effective care. The Military and Veterans’ Health SIG includes those with an interest promoting health within the unique health care systems of the Department of Defense (DOD) and the VA, and through the transition in health care that occurs between active duty and becoming Veterans. The Military and Veterans’ Health SIG acknowledges the common challenges facing both active duty service members and Veterans from around the globe and welcomes international membership and perspectives.

Multiple Health Behavior Change

Contact Information:
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Lisa M. Quintiliani, PhD, RD: lisa.quintiliani@bmc.org

Description/Mission Statement:
The Multiple Health Behavior Change Special Interest Group aims to contribute to the development of a science of multiple behavior change for health promotion and disease management. Intervening on multiple health behaviors presents a unique set of challenges. The group addresses theoretical, methodological, intervention, statistical, and funding issues related to targeting multiple health behaviors for change. Relevant targeted behaviors include, but are not limited to, tobacco and other drug use, physical activity, nutrition, HIV-risk behaviors, sun exposure, and stress. Our cross-disciplinary group is designed to enhance the professional development of its members by fostering networking, mentorship, career development, and scientific discussion.

Obesity and Eating Disorders

Contact Information:
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Christie A. Befort, PhD: cbefort@kumc.edu

Description/Mission Statement:
The purpose of the Obesity and Eating Disorders Special Interest Group (OED SIG) is to provide networking, mentorship, and scientific training to those interested in obesity, eating disorders, and weight-related pathology. Members of the OED SIG also aim to advance the field of Obesity and Eating Disorders through the scholarly pursuit of scientific research, with a special emphasis on submitting federal and private foundation grants. Members of this SIG will also receive guidance on how to develop an academic career in obesity and eating disorders.
Pain
Contact Information:
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Description/Mission Statement:
Millions of people suffer from painful conditions, with wide-ranging physical, psychological, social, and economic consequences. Alleviation of these often devastating consequences requires continuing research and development efforts from the biological, psychological and social sciences. Our current understanding of biopsychosocial factors in pain perception and management is largely based on interdisciplinary research and clinical practice. Interdisciplinary efforts have accounted for significant contributions to the understanding of pain, including, the Gate-Control Theory, the development of a cognitive behavioral perspective of pain, and the role of learning and conditioning in pain. The goal of the Pain SIG is to advance the understanding of pain and its treatment, according to a biopsychosocial framework. This will be accomplished through: 1) increasing interdisciplinary communication; 2) promoting research; 3) providing education and training for both researchers and clinicians; 4) mentoring students and young professionals; and 5) providing a forum for collaboration between interested individuals and groups.

Physical Activity
Contact Information:
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Description/Mission Statement:
The aims of the physical activity special interest group are to: 1) update SBM members on the latest developments and initiatives of relevance to the physical activity field; 2) provide a format for both formal and informal networking among SBM members with physical activity interests; and 3) serve as a forum for advancing the behavioral physical activity field, through developing submissions for the SBM conference, providing an avenue for mentoring junior investigators with physical activity interests, and identifying appropriate individuals interested in serving as reviewers for relevant scientific journals, NIH study sections, and SBM program submissions.

Spirituality and Health
Contact Information:
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Description/Mission Statement:
Spiritual matters have always been linked to human health. All major religions, for example, typically prescribe or prohibit a variety of health-related behaviors and beliefs. Examples include rules against smoking, no or limited use of alcohol (and other drugs), and regular care of the body (e.g., routine exercise, nutritious diets, good sanitary habits). Why this concern with health? Part of the reason is because the body and its well being, along with the mind and spirit, are often viewed as a gift of God (some would say God’s Temple) or a higher or universal power or spirit. In this sense all human life is sacred and must be cared for. Until recently the possible links of spiritual and religious factors to health, broadly viewed, were essentially ignored or unstudied. Empirical studies in the past two decades however have demonstrated significant associations over time of selected spiritual and religious factors with important health and disease outcomes (e.g., less all-cause mortality; higher subjective well-being). An emerging theme is that any causal relationships with health, if existing, are more indirect and distal in nature (e.g., as mediating or moderating factors). The Spirituality and Health Special Interest Group (SHG) seeks to encourage and support well-designed empirical research that sheds clarifying light on what processes are at work Research can more clearly identify and clarify in what ways spiritual and religious factors may influence health, positively or negatively. Findings can also bear on ways to make professional health care practices more effective. Of particular concern is the need to provide up-to-date accurate information and training, since few professional training programs in health offer adequate preparation on spiritual matters. In North America and in some other areas of the world, the majority of people with health issues and problems are spiritually involved or religiously active. Health professionals and scholars need to better understand the connections between health, disease and spiritual matters.
**Student**

Contact Information:
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Description/Mission Statement:
The purpose of the Student Special Interest Group are to provide a home for student members of the Society of Behavioral Medicine where their unique needs and concerns can be discussed and addressed and to facilitate their professional development. Additional goals of the Student Special Interest Group include promotion of the following: student-oriented programs, activities, and opportunities within the Society of Behavioral Medicine, collaboration between students and among students and professionals, and discussion of important topics within the field of Behavioral Medicine. All student members are encouraged to join.

**Women’s Health**

Contact Information:
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Valessa St. Pierre, MS: valessastpierre@gmail.com

Description/Mission Statement:
The Special Interest Group in Women’s Health is an interdisciplinary group of researchers, clinicians, educators and public health advocates who are committed to promoting research, clinical and community interventions, policy as well as education, training and mentoring in women’s health. The SIG is also dedicated to supporting the professional advancement of women and women’s issues in behavioral medicine.