

SOCIETY *of* BEHAVIORAL MEDICINE  
*Better Health Through Behavior Change*

# PRELIMINARY PROGRAM



37<sup>TH</sup> ANNUAL MEETING & SCIENTIFIC SESSIONS

Washington,  
DC

WASHINGTON HILTON  
MARCH 30 - APRIL 2, 2016

## TABLE OF CONTENTS

Welcome Letter .....	2
President's Message .....	3
Conference Registration Information .....	4
Conference Hotel Information.....	5
Washington Hilton Hotel Map .....	6
Conference Host City Information .....	7
Visitor Deals .....	7
Scientific Program Information.....	8
Overview .....	8
Continuing Education.....	9
Session Types.....	10
Mobile App .....	11
Join the Conversation on Social Media #SBM2016.....	11
Conference Schedule.....	12
Meeting at a Glance.....	13
Tuesday, March 29, 2016.....	14
Wednesday, March 30, 2016.....	15
Thursday, March 31, 2016.....	22
Friday April 1, 2016 .....	45
Saturday April 2, 2016.....	65

Conference Special Features .....	73
Awards.....	73
Exhibitors .....	73
Name Badges and Ribbons .....	73
SBM Resource Booth .....	74
Job Openings Board .....	74
Business Meeting .....	74
Poster Mentoring Program .....	74
Volunteering .....	74
SBM Information.....	75
Board of Directors.....	75
Planning Committees.....	76
SBM Staff .....	77
Past Presidents.....	77
Special Interest Groups (SIGs) .....	78
Contact Information .....	82
Future Annual Meetings .....	82

## WELCOME LETTER

We are delighted to extend an invitation for you to attend the 37th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine (SBM) to be held in Washington, DC, from March 30 to April 2, 2016. The meeting will convene at the Washington Hilton, conveniently located in the vibrant Dupont Circle neighborhood, providing easy access to premier dining, entertainment, and shopping.

The 2016 Annual Meeting programming will feature the theme “Behavioral Medicine at a Crossroads: 21st Century Challenges and Solutions.” The meeting will focus on the following cross-cutting subthemes:

- Innovative behavioral interventions that prevent disease and alter its natural progression.
- Translation of behavioral medicine research into practice.
- New ideas for funding health improvement research and evidence-based interventions.
- Expanding behavioral medicine’s reach.

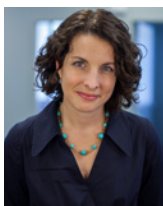
The 2016 meeting also features a new poster session focused on “null results.” This is a unique opportunity to learn from colleagues about studies that didn’t go as planned—either in execution or in the testing of hypotheses. Our hope is that these conversations push behavioral medicine to innovate even more.

Washington, DC, is the perfect location to highlight the significant impact that behavioral medicine has on health and health care across settings and populations. Our invited speakers will represent the diversity of our members’ expertise and interests. Thematic areas represented in the talks will include health in all policies; healthy eating; active living; adolescent and child health; health disparities; and cancer.

Washington, DC, with its rich history and nexus for health care policy in the United States provides the ideal home for the 2016 Annual Meeting. We urge you and your colleagues to attend the Annual Meeting and share your most compelling research. Please check the website regularly to receive program updates and information about submission procedures and deadlines, as well as things to see and do in Washington, DC.

See you there!

Sincerely,



Kathleen Wolin, ScD  
Program Chair



David X. Marquez, PhD  
Program Co-Chair

## PRESIDENT'S MESSAGE

Thank you for your interest in the Society of Behavioral Medicine's (SBM's) 37<sup>th</sup> Annual Meeting & Scientific Sessions! We have a stellar lineup of plenary presentations, arranged around a theme that could not be timelier: "Behavioral Medicine at a Crossroads: 21st Century Challenges and Solutions."

Meeting sessions will examine drivers of change (e.g., health care reform, technological advancements, funding landscape changes) and the opportunities those changes create (e.g., expanded access to health care, use of digital tools to impact health, partnerships with channels that were traditionally "not health"). The meeting will broaden how you think about your research, your career, and the translation of behavioral medicine evidence.

- Opening keynote presenter Sean Duffy, CEO and co-founder of Omada Health, will share results from Omada Health's online diabetes prevention program, which is based on the national Diabetes Prevention Program and engages patients in 16 weeks of interactive sessions.
- Keynote presenter Jeanette Betancourt, EdD, senior vice president of community and family engagement for [Sesame Workshop](#), will explain how *Sesame Street* programming is specially designed to teach children and families about healthy lifestyle habits.
- Keynote presenter [Jody Heymann, MD, PhD](#), dean of UCLA's School of Public Health, will discuss bridging the gap between research and policymakers by translating research into policies and programs that improve individual and population health worldwide.
- Keynote presenter [Andrew Hoffman, PhD](#), will speak about why academics must make themselves heard in public and political spheres. He will explain how academics can take part in debates where their expert knowledge can inspire action and help society make wise choices.
- Master Lecturer [Michael Goldstein, MD](#), recipient of SBM's Jessie Gruman Award for Health Engagement, will speak about clinician-patient communication, especially interventions that enhance clinician delivery of health behavior counseling and health engagement.
- Master lecturer [Jessica Donze Black, RD, MPH](#), director of the Kids' Safe and Healthful Foods Project, will discuss the past, present, and future of school nutrition research and policy. She will highlight in the role of school nutrition in children's overall health and well-being.
- Master lecturer [Susan Murphy, PhD](#), H.E. Robbins Distinguished Professor at the University of Michigan, will talk about the use of micro-randomized trials for developing mobile behavioral interventions.
- Master lecturer [Catherine Alfano, PhD](#), vice president of survivorship for the American Cancer Society, will discuss processes for bringing players from all spaces together to make sure evidence-based solutions are used to solve the myriad health problems cancer survivors face.

As always, we will be recognizing SBM award winners immediately prior to my Thursday evening presidential address. I will be talking about changes that put behavioral scientists at a crossroads, where many need to forge new research and career directions.

I encourage you to join me at these presentations and at another exciting event: For the first time, SBM is bringing in the [Capitol Steps](#) political satire troupe. The DC-based group will perform at the conference hotel on Thursday night. Come prepared to laugh! Regular tickets cost \$45, and student tickets cost \$35. Part of the proceeds will help cover Annual Meeting registration fees for student SBM members who perform volunteer service during the meeting.

Looking forward to seeing you in DC!



Marian L. Fitzgibbon, PhD  
SBM President

## CONFERENCE REGISTRATION INFORMATION

### ONLINE REGISTRATION

Register online until 11:59 p.m. on Tuesday, April 14, 2016, by visiting [www.sbm.org/meetings/2016](http://www.sbm.org/meetings/2016).

### ONSITE REGISTRATION

Wednesday, March 30, 2016	7 a.m. – 7 p.m.
Thursday, March 31, 2016	7 a.m. – 7 p.m.
Friday, April 1, 2016	7 a.m. – 7 p.m.
Saturday, April 2, 2016	7 a.m. – 11 a.m.

### REGISTRATION FEES

Fees can be paid by credit card or check. The base Annual Meeting registration fee includes admittance to all educational sessions that do not require a ticket. Tickets are required for courses, workshops, and seminars on Tuesday and Wednesday. Those sessions' ticket fees are indicated on the registration form.

Member Type	Early-Bird Rate, Available Until 11:59 p.m. EST on Monday, February 29, 2016	Regular Rate, Effective Starting Tuesday, March 1, 2016
<b>SBM Members</b>		
Full/Associate/ Emeritus/Fellow	\$375	\$425
Transitional	\$310	\$360
Student/Trainee	\$165	\$215
<b>Non-Members</b>		
Non-Member	\$695	\$745
Non-Member Student/ Trainee	\$340	\$390
<b>One-Day</b>		
One-Day Registration	\$345	\$395

### MEMBER DISCOUNTS

Attend the Annual Meeting as an SBM member and enjoy savings:

- Student/trainee SBM members can save up to \$175 compared to non-members!
- Transitional SBM members can save up to \$385 compared to non-members!
- Full, emeritus, fellow, and associate SBM members can save up to \$320 compared to non-members!

SBM members also enjoy the following benefits:

- Access to exclusive job postings and funding announcements.
- Subscriptions to the society's two journals: *Annals of Behavioral Medicine* and *Translational Behavioral Medicine: Practice, Policy, Research*.
- Access to three additional behavioral medicine journals: *Journal of Behavioral Medicine*, *International Journal of Behavioral Medicine*, and *Journal of Behavioral Health Services and Research*.
- Free membership in one or more of SBM's 23 different special interest groups (SIGs). Through the use of email listservs and occasional meetings, the SIGs allow members to connect with others who share their behavioral medicine interests.
- Eligibility for SBM achievement awards.
- Eligibility to participate in SBM elections.
- Membership in the International Society of Behavioral Medicine.
- Access to SBM's Expert Consultation Program.
- Access to SBM's searchable Membership Directory.
- Opportunities to interact with leading specialists in behavioral medicine. SBM is large enough to have impact, but small enough to make your membership experience personal and rewarding.

Membership applications and renewal forms can be found at [www.sbm.org/membership](http://www.sbm.org/membership).

### CANCELLATION POLICY

Any registration cancellations must be due to professional and/or personal/family health emergencies and must be made in writing directly to the SBM national office by March 30, 2016. All cancellations are subject to a non-refundable \$50 administrative fee. Refunds will be processed following the Annual Meeting.

### EVENT IMAGES AND RECORDINGS

Your attendance at SBM events implies your permission for images and audio/visual recordings captured during these events to be used for purposes of SBM archival materials, promotional materials, and publications, and waives your rights for compensation or ownership of these images.

### AMERICANS WITH DISABILITIES ACT COMPLIANCE

If you require special arrangements in order to fully participate in the 37th Annual Meeting & Scientific Sessions, please check the appropriate box on your registration form and provide a written description of your specific needs. SBM cannot ensure the availability of appropriate accommodations without prior notification.

## CONFERENCE HOTEL INFORMATION

### WASHINGTON HILTON

The meeting venue and main hotel for attendees of the 37th Annual Meeting & Scientific Sessions is the Washington Hilton:  
1919 Connecticut Avenue, NW  
Washington, DC, 20009

To reserve a room, visit [www.sbm.org/meetings/2016](http://www.sbm.org/meetings/2016) or call (202) 483-3000.

To reserve a room, visit [www.sbm.org/meetings/2016](http://www.sbm.org/meetings/2016) or call (202) 483-3000.

### DISCOUNTED ROOM RATE

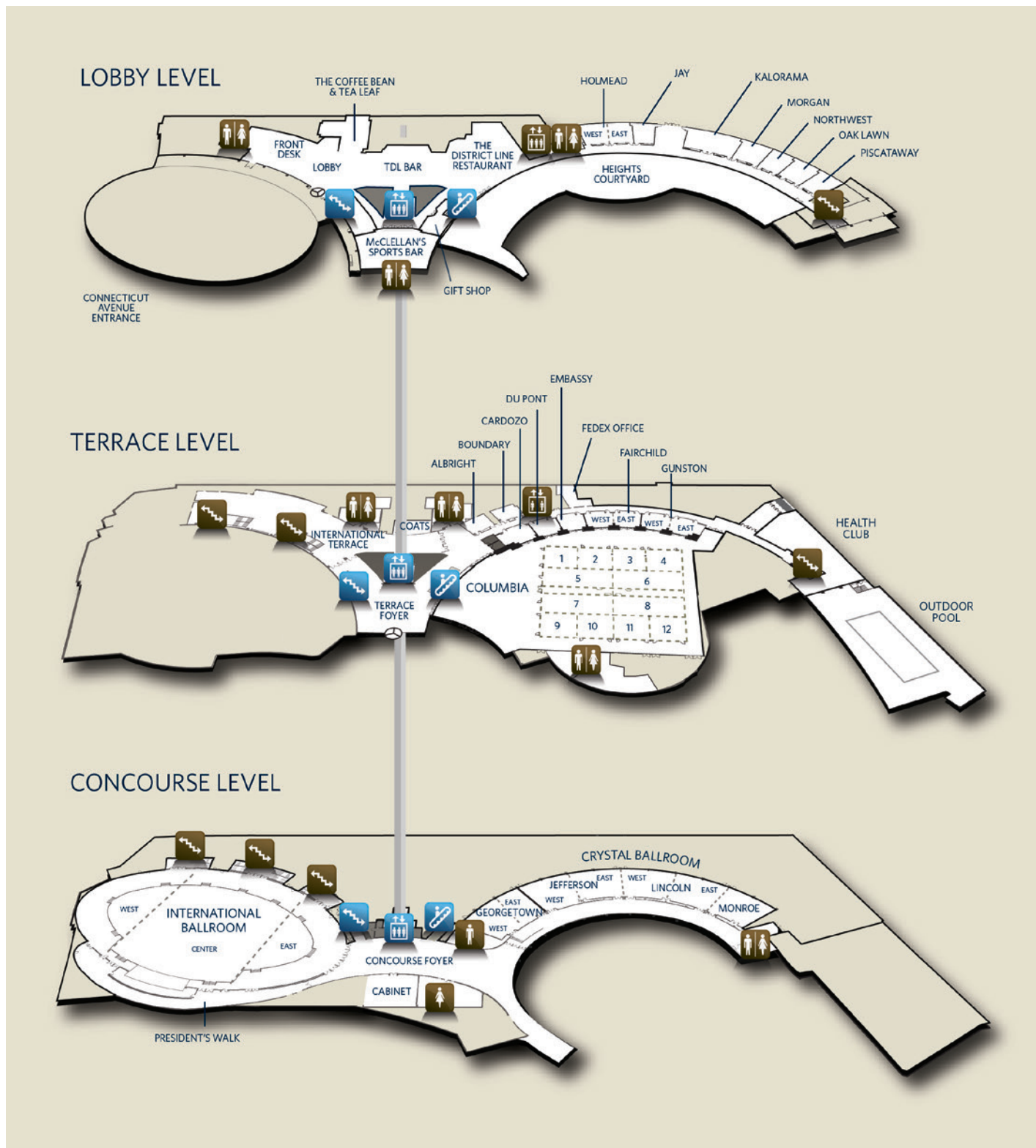
Ask for a room in the SBM 2016 Annual Meeting & Scientific Sessions room block to get a discounted room rate of \$297.70 (including state and local taxes, fees, and assessments). Only a limited number of rooms are available at the discounted conference rate, so book early! Once the conference rooms are sold out, SBM will not be able to offer additional rooms at the conference rate.

If you are a government employee and need a government rate room, please contact the SBM national office at (414) 918-3156 to be placed on the government rate wait list.



THE WASHINGTON MONUMENT IS SHOWN IN SPRING. PHOTO COURTESY OF DESTINATION DC.

## WASHINGTON HILTON HOTEL MAP



## CONFERENCE HOST CITY INFORMATION

Want to figure out what to see and do in Washington, DC, when you're not attending Annual Meeting sessions? Then check out Destination DC's website at [www.washington.org](http://www.washington.org).

Need to know how to get around the city? Find information on how to use the Metro public transportation system at [www.washington.org/DC-faqs-for-visitors/how-does-metro-work](http://www.washington.org/DC-faqs-for-visitors/how-does-metro-work), and plan your Metro travel using this handy website: [www.wmata.com/rider\\_tools/tripplanner/tripplanner\\_form\\_solo.cfm](http://www.wmata.com/rider_tools/tripplanner/tripplanner_form_solo.cfm).

## VISITOR DEALS

Destination DC partners with Washington, DC, businesses to offer discounts and special offers to visitors in the city for meetings. To take advantage, you need only show your SBM Annual Meeting badge. Through the Show Your Badge program, meeting attendees can receive complimentary appetizers, discounted meals, free desserts, half-off admissions, and more at about 60 establishments.

Visit [www.washington.org/syb](http://www.washington.org/syb) to see what Show Your Badge offers are currently available.



## SCIENTIFIC PROGRAM INFORMATION

### OVERVIEW

The 37th Annual Meeting & Scientific Sessions theme, “Behavioral Medicine at a Crossroads: 21st Century Challenges and Solutions,” focuses on recent changes in the field. Meeting sessions will demonstrate how attendees can adapt to ensure behavioral medicine research continues being translated into effective, evidence-based interventions that lead to the prevention, diagnosis, and treatment of diseases. The meeting will examine drivers of change (e.g., health care reform, technological advancements, funding landscape changes) and the opportunities those changes create (e.g., expanded access to health care, use of digital tools to impact health, partnerships with channels that were traditionally “not health”). The meeting will broaden how attendees think about their research, their careers, and the translation of behavioral medicine evidence. Invited speakers will address the following cross-cutting subthemes, which align with the diverse interests and expertise of the SBM membership: innovative behavioral interventions that prevent disease and alter its natural progression; translation of behavioral medicine research into practice and policy; new ideas for funding health promotion research and evidence-based interventions; and expanding behavioral medicine’s reach so more people can live longer, healthier lives. In addition, abstract submissions will address the latest information related to cardiovascular health, obesity, cancer, precision medicine, aging, population health, intervention dissemination and implementation, health policy, grant writing, mentoring, career development, and more.

During the abstract submission process, submitters select one track and one content area that best capture their research topics. The breadth of tracks and content areas ensure that, as a whole, the conference meets the learning needs of multidisciplinary attendees.

### TRACKS

- Adherence
- Behavioral medicine in clinical and medical settings
- Biological mechanisms in health and behavior change
- Complementary and integrative medicine
- Environmental and contextual factors in health and behavior change
- Health communication and technology
- Health decision making
- Health promotion
- Measurement and methods
- Population health, policy, and advocacy
- Psychological and person factors in health and behavior change
- Quality of life
- Racial, ethnic, and cultural factors in health
- Spirituality
- Translation of research to practice

### CONTENT AREAS

- |  |                            |
|--|----------------------------|
| • Cancer   | • Occupational health      |
| • Cardiovascular                                 | • Other                    |
| • Child/Adolescent health                        | • Pain                     |
| • Complementary and integrative medicine         | • Physical activity        |
| • Decision making                                | • Pregnancy                |
| • Diabetes                                       | • Primary care             |
| • Education, training, and/or career development | • Risk and decision making |
| • HIV/AIDS                                       | • Sexual behaviors         |
| • Methods  | • Sleep                    |
| • Mental health                                  | • Smoking/tobacco          |
| • Nutrition                                      | • Spirituality             |
| • Obesity  | • Stress                   |
|  | • Substance abuse          |
|  | • Transplant               |

### TARGET AUDIENCE

SBM’s Annual Meeting represents the largest annual scientific conference—with more than 1,600 attendees—devoted exclusively to behavioral medicine. The Annual Meeting offers a multidisciplinary forum for psychologists, physicians, nurses, nurse practitioners, health education specialists, registered dietitians, and other professionals with a range of expertise from research in health promotion, disease prevention, risk factor identification and modification, disease progression, adjustment and adaptation to physical disorders, rehabilitation, and diffusion and dissemination.

## SCIENTIFIC PROGRAM INFORMATION

### CONTINUING EDUCATION

Most 2016 Annual Meeting sessions are eligible for continuing education credit. Conference attendees who wish to receive continuing education credits and a continuing education certificate of attendance at the 2016 Annual Meeting must:

- Purchase continuing education credits, either using the 2016 Annual Meeting registration form or in person at the registration desk. The purchase price is \$80 per credit type for SBM members and \$100 per credit type for non-members.
- Complete an online evaluation within 30 days of the Annual Meeting (by Monday, May 2, 2016). Registration packets distributed on site will include a link to the evaluation website. SBM national office staff will also email the link to attendees. On the evaluation website, attendees will find a general meeting evaluation as well as session-specific evaluations; both types of evaluations must be completed in order to receive continuing education credit. Each session-specific evaluation asks questions pertaining to the session, so it may be helpful to take notes during the session. Be sure to attend each session in its entirety as the session evaluation will include an attestation statement indicating attendance for the entire session.

Immediately after attendees complete the online evaluation, continuing education certificates will be emailed to the address they indicated on the evaluation. Alternately, attendees can print their own certificates from the screen that appears immediately following completion of the online evaluation.

SBM traditionally offers the following credit types:

- Certified Health Education Specialists (CHES)
- Dietitians
- Nurses and Nurse Practitioners
- Physicians
- Psychologists
- Public Health Professionals

### LEARNING OBJECTIVES

37th Annual Meeting & Scientific Session attendees can be expected to gain the following skills, in seven key areas

#### TOBACCO FREE LIVING AND ADDICTION RESEARCH

- Describe and demonstrate how social and behavioral research can inform and improve comprehensive, evidence-based practice in addiction, tobacco control planning, and tobacco control policies.
- Describe ongoing research efforts wherein social and behavioral science principles have or continue to inform implementation of the 2009 Family Smoking Prevention and Tobacco Control Act.
- Present research demonstrating how clinical tobacco cessation services can be expanded to incorporate theory-driven behavioral interventions.
- Showcase research efforts leveraging new media and emerging information technologies to educate people about the risks of smoking and to encourage people to quit.
- Identify new tools for supporting smoking cessation and maintenance.
- Describe emerging tobacco products, and understand the regulatory environment and impact on smoking behavior.

#### HEALTHY EATING/ACTIVE LIVING ACROSS THE LIFESPAN

- Describe social and behavioral science research aimed at evaluating efforts to increase access to healthy and affordable foods in communities.
- Present effective strategies for screening patients for obesity, counseling patients to prevent and treat obesity, and referring patients to appropriate resources for obesity treatment.
- Showcase social and behavioral research efforts to evaluate the impact of organizational and programmatic nutrition standards and policies on health behavior and health outcomes.
- Present social and behavioral research around interventions that promote healthy eating.
- Describe social science contributions to designing, leveraging, and evaluating efforts to increase physical activity in communities, workplaces, schools, and childcare facilities.
- Identify new technologies and media for assessing and encouraging physical activity levels and healthy eating.

## SCIENTIFIC PROGRAM INFORMATION

### HEALTH INFORMATION TECHNOLOGY AND BEHAVIOR CHANGE

- Describe how social and behavioral research leveraging the Internet and other health information technology can support and evaluate behavior change interventions to improve population health.
- Identify and describe how emerging technologies and technology platforms can be leveraged to develop, implement, and evaluate technology-based social and behavioral interventions.
- Increase the understanding of how behavioral and social scientists can partner with the technology industry to develop and evaluate evidence-based behavioral change interventions to improve population health.

### TRANSLATION OF EVIDENCE-BASED THERAPIES INTO CLINICAL PRACTICE

- List examples of evidence-based therapies that are currently not being widely implemented in clinical practice.
- Identify strategies for enhancing training programs to encourage clinicians to adopt new evidence-based therapies.
- Describe models of effective knowledge translation in the clinical setting.

### CLINICAL PREVENTIVE SERVICES

- Describe how basic behavioral principles and behavioral science evidence can be applied to efforts to improve public adoption of clinical preventive services.
- Provide examples of how behavioral science can be applied to strengthen and inform delivery of behavioral clinical preventive services including cancer screening, tobacco screening, and screening for cardiovascular disease.
- Describe the potential role of social and behavioral science in evaluating efforts to link community-based and clinical preventive services.
- Identify common barriers to accessing clinical preventive services, especially among at-risk populations.

### ENVIRONMENTAL INFLUENCES ON HEALTH BEHAVIOR

- Describe how behavioral and social science principles and research can be applied to strengthen the social environment and to support healthy behavior and improve population health.
- Identify successful applications of social and behavioral science to efforts to modify physical and social environments to support health behavior.
- Describe characteristics of environments that promote healthy behavior and support healthy populations.

### HEALTH POLICY AND HEALTH IN ALL POLICIES—THEIR INFLUENCES ON HEALTH BEHAVIOR

- Describe the health policy making process at multiple levels.
- List opportunities for productive engagement among decision makers, policymakers, and researchers.
- Identify effective methods for conveying scientific evidence to policymakers in ways that enhance understanding and use.

### SESSION TYPES

SBM's 37<sup>th</sup> Annual Meeting & Scientific Sessions offers educational sessions at the following instructional levels: beginner, beginner/intermediate, intermediate, intermediate/advanced, and advanced.

The meeting also offers educational sessions in a variety of formats.

#### BREAKFAST ROUNDTABLES

Breakfast roundtables are held on Thursday and Friday morning and last 45 minutes. They are interactive meetings with discussion centered on topics of interest to a specific portion of the meeting audience or to an SBM special interest group (SIG), council, or committee. A complimentary continental breakfast is provided. Admission to these sessions is by name badge.

#### COURSES AND WORKSHOPS

Courses and workshops are held on Tuesday and Wednesday, the Annual Meeting's "pre-conference" days. These sessions typically last a half day and feature numerous speakers focused on a specific topic. Admission to courses and workshops is by paid ticket only and seating is limited.

#### MIDDAY MEETINGS

Midday meetings are interactive meetings sponsored by one of SBM's various special interest groups (SIGs), councils, or committees. Midday meetings are held on Thursday and Friday and last 60 minutes. Admission to these sessions is by name badge.

#### PANEL DISCUSSIONS

These 60-minute sessions are held on Thursday and Friday and focus on specific topics with various viewpoints expressed by a panel of experts. Admission to these sessions is by name badge.

#### PAPER SESSIONS

Paper sessions range from 60 to 90 minutes and are offered on Thursday, Friday, and Saturday. Midday sessions are typically 60 minutes while afternoon sessions tend to run 90 minutes. They are based on accepted abstracts clustered around common themes and presented via oral presentations, each of which is approximately 18 minutes in length. Admission to these sessions is by name badge.

## SCIENTIFIC PROGRAM INFORMATION

### PLENARY SESSIONS: KEYNOTE ADDRESSES AND MASTER LECTURES

Plenary sessions—scheduled on Thursday, Friday, and Saturday—include keynote addresses and master lectures. These sessions are the premier educational sessions of the Annual Meeting. Speakers will present on topics of interest to the overall meeting audience in a didactic or pro-con debate format. Admission to these sessions is by name badge.

### POSTER SESSIONS

Poster sessions featuring presentations of accepted abstracts take place on each day of the Annual Meeting. Poster sessions allow abstract authors to discuss their research with interested colleagues for 60 minutes in an informal setting. Poster sessions are a great way to see the latest research in the field while socializing with colleagues. Admission to the poster hall is by name badge.

Due to continued space constraints, the poster boards will be positioned vertically and the surface area for poster display will be 4 ft wide x 8 ft high (1.2 m wide by 2.4 m high). The exact poster dimensions are up to poster presenters, but SBM staff recommends no higher than 5 ft (1.5 m) for ease of vertical viewing.

The poster session schedule will be:

#### Wednesday, March 30 – Poster Session A

Authors set up posters	4:15 p.m. – 5:45 p.m.
Posters available for viewing	6 p.m. – 7 p.m.
Authors present for discussion	6 p.m. – 7 p.m.
Authors remove posters	7 p.m. – 7:30 p.m.

#### Thursday, March 31 – Poster Session B

Authors set up posters	4:15 p.m. – 5:45 p.m.
Posters available for viewing	6 p.m. – 7 p.m.
Authors present for discussion	6 p.m. – 7 p.m.
Authors remove posters	7 p.m. – 7:30 p.m.

#### Friday, April 1 – Poster Session C

Authors set up posters	4:15 p.m. – 5:45 p.m.
Posters available for viewing	6 p.m. – 7 p.m.
Authors present for discussion	6 p.m. – 7 p.m.
Authors remove posters	7 p.m. – 7:30 p.m.

#### Saturday, April 2 – Poster Session D

Authors set up posters	8:30 a.m. – 10 a.m.
Posters available for viewing	10:15 a.m. – 11:15 a.m.
Authors present for discussion	10:15 a.m. – 11:15 a.m.
Authors remove posters	11:15 a.m. – 11:45 a.m.

Please be sure to hang posters during the appropriate time. All posters left after the removal time has concluded will be discarded. For the security of vendors located inside the poster hall, there is to be no viewing of posters outside of the established viewing times.

### SEMINARS

Seminars are held on Wednesday. They include presentations by approximately three speakers. Speakers emphasize the theory and application of practical skills and interact with participants. Admission is by paid ticket only and seating is limited.

### MOBILE APP

Use the free SBM 2016 mobile app to browse meeting sessions and mark the ones you want to attend. More details on how to download and use the app will be available in spring 2016

### JOIN THE CONVERSATION ON SOCIAL MEDIA #SBM2016

During the Annual Meeting and all year long, SBM shares information and facilitates discussion on Twitter, Facebook, and LinkedIn. Join in today!

#### @BEHAVIORALMED

- Follow SBM on Twitter for the latest SBM announcements and beha.01
- SBM2016pic.
- You can also follow @sbmpresident, @sbmhealthpolicy, and @sbmdigitalhlth.

#### WWW.BIT.LY/SBMFACEBOOK

- Like SBM's Facebook page to ensure you're seeing all of our updates and news.
- You can also like pages for our Women's Health, Student, and Physical Activity special interest groups (SIGs) by visiting [www.facebook.com/womenshealthsig](http://www.facebook.com/womenshealthsig), [www.facebook.com/sbmstudentsig](http://www.facebook.com/sbmstudentsig), and, [www.facebook.com/sbmpasig](http://www.facebook.com/sbmpasig).

#### WWW.BIT.LY/SBMLINKEDINGROUP

- SBM's LinkedIn group provides a forum where members can share information and ask for professional advice.
- Continue the discussion from Annual Meeting sessions—and get your additional questions answered—on the LinkedIn group page.

### SBMCONNECT

- Don't forget to also check out the SBMConnect blog at [www.sbm.org/sbmconnect](http://www.sbm.org/sbmconnect).
- SBMConnect stimulates timely, provocative discussions about behavioral medicine issues such as the relationship between science and industry, and whether it's appropriate to use Twitter to disclose medical device information.

## CONFERENCE SCHEDULE

Start	End	Title
<b>WEDNESDAY, MARCH 30, 2016</b>		
7 a.m.	7 p.m.	Registration Open
9 a.m.	11:45 a.m.	Courses/Seminars/Workshops
12 p.m.	2:45 p.m.	Courses/Seminars/Workshops
3:15 p.m.	6 p.m.	Courses/Seminars/Workshops
6 p.m.	7 p.m.	Poster Session
<b>THURSDAY, MARCH 31, 2016</b>		
7 a.m.	7 p.m.	Registration Open
7:15 a.m.	8 a.m.	Breakfast Roundtables
8:15 a.m.	9:30 a.m.	Symposia
9:45 a.m.	10:45 a.m.	Keynote
11 a.m.	12 p.m.	Panel/Middays
12 p.m.	12:30 p.m.	Exhibiting Hours/Featured Poster Session
12:30 p.m.	1:30 p.m.	1 Master Lecture
12:30 p.m.	1:30 p.m.	Paper Session
1:45 p.m.	3 p.m.	Symposia
3:15 p.m.	4:45 p.m.	Paper Sessions
5 p.m.	6 p.m.	Keynote
6 p.m.	7 p.m.	Poster Session
<b>FRIDAY, APRIL 1, 2016</b>		
7 a.m.	7 p.m.	Registration Open
7:15 a.m.	8 a.m.	Breakfast Roundtables
8:15 a.m.	9:30 a.m.	Symposia
9:45 a.m.	10:45 a.m.	Keynote
11 a.m.	12 p.m.	Panel/Middays
11:30 p.m.	1:30 p.m.	Exhibiting Hours
11:30 p.m.	1:30 p.m.	Master Lecture
12:30 p.m.	1:30 p.m.	Paper Session
1:45 p.m.	3 p.m.	Symposia
3:15 p.m.	4:45 p.m.	Paper Sessions
5 p.m.	6 p.m.	Keynote
6 p.m.	7 p.m.	Poster Session C
<b>SATURDAY, APRIL 2, 2016</b>		
7 a.m.	11 a.m.	Registration Open
7:30 a.m.	8:30 a.m.	Business Meeting
8:45 a.m.	10:00 a.m.	Symposia
10:15 a.m.	11:15 a.m.	Poster Session/Exhibit Hall Open
10:15 a.m.	11:15 a.m.	2 Master Lectures
10:15 a.m.	11:15 a.m.	8 Panel Discussions
11:30 a.m.	12:30 p.m.	Closing Keynote

## MEETING AT A GLANCE

	WEDNESDAY, MARCH 30	THURSDAY, MARCH 31	FRIDAY, APRIL 1	SATURDAY, APRIL 2
7:15 a.m.				
		Breakfast Roundtables (7:15 a.m. – 8 a.m.)	Breakfast Roundtables (7:15 a.m. – 8 a.m.)	
7:30 a.m.				
				Business Meeting (7:30 a.m. – 8:30 a.m.)
8:00 a.m.				
8:30 a.m.		Symposia (8:15 a.m. – 9:30 a.m.)	Symposia (8:15 a.m. – 9:30 a.m.)	
9:00 a.m.	Courses/Seminars/Workshops (9 a.m. – 11:45 a.m.)			Symposia (8:45 a.m. – 10:00 a.m.)
9:30 a.m.				
10:00 a.m.		Keynote (9:45 a.m. – 10:45 a.m.)	Keynote (9:45 a.m. – 10:45 a.m.)	
10:30 a.m.				Poster Session/ Exhibit Hall Open (10:15 a.m. – 11:15 a.m.)
				2 Master Lectures (10:15 a.m. – 11:15 a.m.)
11:00 a.m.				8 Panel Discussions (10:15 a.m. – 11:15 a.m.)
11:30 a.m.		Panel/Middays (11 a.m. – 12 p.m.)	Panel/Middays (11 a.m. – 12 p.m.)	
12:00 p.m.	Courses/Seminars/Workshops (12 p.m. – 2:45 p.m.)	Break (12:00 p.m. – 12:30 p.m.)	Break (12:00 p.m. – 12:30 p.m.)	Closing Keynote (11:30 a.m. – 12:30 p.m.)
		Exhibiting Hours/ Featured Poster Session	Exhibiting Hours	
12:30 p.m.				
		1 Master Lecture (12:30 p.m. – 1:30 p.m.)	Master Lecture (12:30 p.m. – 1:30 p.m.)	
1:00 p.m.		Paper Session (12:30 p.m. – 1:30 p.m.)	Paper Session (12:30 p.m. – 1:30 p.m.)	
1:30 p.m.				
2:00 p.m.		Symposia (1:45 p.m. – 3 p.m.)	Symposia (1:45 p.m. – 3 p.m.)	
2:30 p.m.				
3:00 p.m.				
3:30 p.m.	Courses/Seminars/Workshops (3:15 p.m. – 6 p.m.)			
4:00 p.m.		Paper Sessions (3:15 p.m. – 4:45 p.m.)	Paper Sessions (3:15 p.m. – 4:45 p.m.)	
4:30 p.m.				
5:00 p.m.				
5:30 p.m.		Keynote (5 p.m. – 6 p.m.)	Keynote (5 p.m. – 6 p.m.)	
6:00 p.m.				
6:30 p.m.	Poster Session (6 p.m. – 7 p.m.)	Poster Session (6 p.m. – 7 p.m.)	Poster Session (6 p.m. – 7 p.m.)	
7:00 p.m.				

WEDNESDAY, MARCH 30, 2016

DAY AT A GLANCE

Start	End	Title
7 a.m.	7 p.m.	Registration Open
9 a.m.	6 p.m.	Courses/Seminars
6 p.m.	7 p.m.	Poster Session A/Exhibit Hall Open

7 a.m. – 7 p.m.

Registration Open

9 a.m. – 6 p.m.

Courses/Seminars

Courses typically last a full day or half day, and feature numerous speakers focused on a specific topic. Seminars include presentations by approximately three speakers, who emphasize the theory and application of practice skills.

6 p.m. – 7 p.m.

Exhibit Hall Open

Stop by vendors' tables in the exhibit hall.

6 p.m. – 7 p.m.

Poster Session A

This poster session provides attendees with their first opportunity to view posters, meet exhibitors, and network with other attendees. Cash bar and complimentary hors d'oeuvres will be provided.

WEDNESDAY

## THURSDAY, MARCH 31, 2016

### DAY AT A GLANCE

Start	End	Title
7 a.m.	7 p.m.	Registration Open
7:15 a.m.	8 a.m.	Breakfast Roundtables
8:15 a.m.	9:30 a.m.	Symposia
9:45 a.m.	10:45 a.m.	Opening Keynote
11 a.m.	12 p.m.	Midday Meetings/Panel Discussions
11:30 a.m.	1:30 p.m.	Exhibit Hall Open
12 p.m.	1 p.m.	Null Results Poster Session
12:30 p.m.	1:30 p.m.	Master Lecture/Paper Sessions
1:45 p.m.	3 p.m.	Symposia
3:15 p.m.	4:45 p.m.	Paper Sessions
5 p.m.	6 p.m.	Presidential Keynote and Awards Ceremony
6 p.m.	7 p.m.	Poster Session B/Exhibit Hall Open
7:15 a.m.	8:05 p.m.	Capitol Steps Performance

#### 7:15 a.m. – 8 a.m. *Breakfast Roundtables*

Breakfast roundtables are interactive meetings with discussion centered on topics of interest to a specific portion of the meeting audience or to an SBM special interest group (SIG), council, or committee. A complimentary continental breakfast is provided.

#### 8:15 a.m. – 9:30 a.m. *Symposia*

Symposia are didactic presentations that examine important issues from a variety of different perspectives. Presentations and debate among presenters will address alternative solutions, interpretations, or points-of-view on an identified body of knowledge.

#### 9:45 a.m. – 10:45 a.m. *Opening Keynote*

**Presenter:** Sean Duffy, Omada Health, San Francisco, CA

Mr. Duffy is co-founder and CEO of Omada Health. He will discuss results from Omada Health's online diabetes prevention program, marketed to employers and health plans. The diabetes prevention program engages patients in 16 weeks of interactive sessions that include personalized coaching.

#### 11 a.m. – 12 p.m. *Midday Meetings*

Midday meetings are interactive meetings sponsored by one of SBM's various special interest groups (SIGs), councils, or committees.

#### 11 a.m. – 12 p.m. *Panel Discussions*

Panel discussion sessions focus on specific topics with various viewpoints expressed by a panel of experts.

#### 11:30 a.m. – 1:30 p.m. *Exhibit Hall Open*

Stop by vendors' tables in the exhibit hall.

#### 12 p.m. – 1 p.m. *Null Results Poster Session*

We all know that not all studies come out as hypothesized and that there is much to learn from what doesn't go as planned. For the first time, SBM's Annual Meeting will offer a poster session highlighting findings that did not come out significant (statistically or clinically). Please join your colleagues in sharing what you learned and how it shaped your future research.

## THURSDAY, MARCH 31, 2016

### 12:30 p.m. – 1:30 p.m. *Jessie Gruman Master Lecture*

**Presenter:** Michael G. Goldstein, MD, Veterans Health Administration, Durham, NC

Dr. Goldstein is associate chief consultant for preventive medicine in the Office of Patient Care Services with the Veterans Health Administration National Center for Health Promotion and Disease Prevention. He was the 2015 recipient of SBM's Jessie Gruman Award for Health Engagement. He will discuss clinician-patient communication, specifically interventions that enhance clinician delivery of health behavior counseling and health engagement.

### 12:30 p.m. – 1:30 p.m. *Paper Sessions*

**Paper sessions are based on accepted abstracts clustered around common themes and presented via oral presentations, each of which is approximately 18 minutes in length.**

### 1:45 p.m. – 3 p.m. *Symposia*

**Symposia are didactic presentations that examine important issues from a variety of different perspectives. Presentations and debate among presenters will address alternative solutions, interpretations, or points-of-view on an identified body of knowledge.**

### 3:15 p.m. – 4:45 p.m. *Paper Sessions*

**Paper sessions are based on accepted abstracts clustered around common themes and presented via oral presentations, each of which is approximately 18 minutes in length.**

### 5 p.m. – 6 p.m. *Presidential Keynote and Awards Ceremony*

**Presenter:** Marian L. Fitzgibbon, PhD, University of Illinois at Chicago, Chicago, IL

Dr. Fitzgibbon will describe how behavioral medicine can and must move forward in a time of health care reform, evolving funding patterns, continually advancing technology, and growing patient empowerment. Such changes bring cutting-edge solutions as well as new challenges that must be met head-on by the behavioral medicine community. Dr. Fitzgibbon is president of SBM and director of the University of Illinois at Chicago's (UIC's) Program for Child Health Research. She is also a professor in UIC's Pediatrics Department and School of Public Health. She serves as deputy director of UIC's Institute for Health Research and Policy, and associate director of the Population Health, Behavior, and Outcomes Program at the University of Illinois Cancer Center.

### 6 p.m. – 7 p.m. *Exhibit Hall Open*

Stop by vendors' tables in the exhibit hall.

### 6 p.m. – 7 p.m. *Poster Session B*

Join SBM for a delightful evening of networking in a cutting-edge poster session. Cash bar and complimentary hors d'oeuvres will be provided.

### 7:15 p.m. – 8:05 p.m. *Capitol Steps Performance*

Join SBM for an evening of laughs as the Capitol Steps political satire troupe performs musical comedy that lampoons the full political spectrum. Tickets can be purchased in advance or at the door: \$45 for regular tickets and \$35 for student tickets. Part of the ticket proceeds will help cover Annual Meeting registration fees for student SBM members who perform volunteer service during the meeting.

## FRIDAY, APRIL 1, 2016

## DAY AT A GLANCE

Start	End	Title
7 a.m.	7 p.m.	Registration Open
7:15 a.m.	8 a.m.	Breakfast Roundtables
8:15 a.m.	9:30 a.m.	Symposia
9:45 a.m.	10:45 a.m.	Keynote
11 a.m.	12 p.m.	Midday Meetings/Panel Discussions
11:30 a.m.	1:30 p.m.	Exhibit Hall Open
12:30 p.m.	1:30 p.m.	Master Lecture/Paper Sessions
1:45 p.m.	3 p.m.	Symposia
3:15 p.m.	4:45 p.m.	Paper Sessions
5 p.m.	6 p.m.	Keynote
6 p.m.	7 p.m.	Poster Session C/Exhibit Hall Open

7 a.m. – 7 p.m. *Registration Open*

7:15 a.m. – 8 a.m. *Breakfast Roundtables*

Breakfast roundtables are interactive meetings with discussion centered on topics of interest to a specific portion of the meeting audience or to an SBM special interest group (SIG), council, or committee. A complimentary continental breakfast is provided.

8:15 a.m. – 9:30 a.m. *Symposia*

**Symposia are didactic presentations that examine important issues from a variety of different perspectives. Presentations and debate among presenters will address alternative solutions, interpretations, or points-of-view on an identified body of knowledge.**

8:15 a.m. – 9:30 a.m. *Presidential Symposia: Pros and Cons of E-Cigarettes*

Chair: David B. Abrams, PhD, Schroeder Institute for Tobacco Research and Policy Studies at Legacy, Washington, DC

**Presenters:** David B. Abrams, PhD, Schroeder Institute for Tobacco Research and Policy Studies at Legacy, Washington, DC; and Scott J. Leischow, PhD, Mayo Clinic, Scottsdale, AZ

Discussant: Scott Burris, temple (Director, Public Health Law Research, Temple University)

9:45 a.m. – 10:45 a.m. *Keynote*

**Presenter:** Jeanette Betancourt, EdD, Sesame Workshop, New York, NY

Sesame Street, produced by Sesame Workshop, is the longest-running children's television program in the United States. Dr. Betancourt is the senior vice president of U.S. social impact for Sesame Workshop. The Educational Outreach Department at Sesame Workshop develops materials to serve families in need through public service initiatives that reach children and those who care for them. In particular, Sesame Workshop develops health initiatives that serve low-income families. One such initiative, Healthy Habits for Life (HHFL), provides tools and ideas to families, children, and child-care providers to establish lifelong habits that support healthy lifestyles and good nutrition. Evaluations of the impact of HHFL on low-income caregivers and young children help measure the effectiveness of these materials.

11 a.m. – 12 p.m. *Midday Meetings*

Midday meetings are interactive meetings sponsored by one of SBM's various special interest groups (SIGs), councils, or committees.

11 a.m. – 12 p.m. *Panel Discussions*

Panel discussion sessions focus on specific topics with various viewpoints expressed by a panel of experts.

## FRIDAY, APRIL 1, 2016

### 11:30 a.m. – 1:30 p.m. *Exhibit Hall Open*

Stop by vendors' tables in the exhibit hall.

### 12:30 p.m. – 1:30 p.m. *Master Lecture*

**Presenter:** Jessica Donze Black, RD, MPH, The Pew Charitable Trusts, Washington, DC

Over the last 15 years, our nation's children have become less healthy and are at higher risk for serious chronic health issues. Additionally, numerous reports have recently identified gaps in food-safety policies, potentially allowing unsafe food onto children's lunch trays. The Kids' Safe and Healthful Foods Project, a collaboration between the Robert Wood Johnson Foundation and The Pew Charitable Trusts, works to address these issues. The project provides nonpartisan analysis and evidence-based recommendations on policies that affect the safety and healthfulness of school foods. Ms. Black is the project's director. She will discuss the role of school nutrition in children's health and well-being: where we've been, where we are, and where we're going.

### 12:30 p.m. – 1:30 p.m. *Paper Sessions*

Paper sessions are based on accepted abstracts clustered around common themes and presented via oral presentations, each of which is approximately 18 minutes in length.

### 1:45 p.m. – 3 p.m. *Symposia*

Symposia are didactic presentations that examine important issues from a variety of different perspectives. Presentations and debate among presenters will address alternative solutions, interpretations, or points-of-view on an identified body of knowledge.

### 3:15 p.m. – 4:45 p.m. *Paper Sessions*

**Paper sessions are based on accepted abstracts clustered around common themes and presented via oral presentations, each of which is approximately 18 minutes in length.**

### 5 p.m. – 6 p.m. *Keynote*

**Presenter:** Jody Heymann, MD, PhD, University of California Los Angeles, Los Angeles, CA

Dr. Heymann is dean of the University of California Los Angeles Fielding School of Public Health. She is also the founding director of the WORLD Policy Analysis Center, which examines health and social policies and outcomes in all 193 U.N. countries to improve the level and quality of comparative policy data available to policymakers, researchers, and the public. She will discuss bridging the gap between research and policymakers by translating research into policies and programs that improve individual and population health worldwide.

### 6 p.m. – 7 p.m. *Exhibit Hall Open*

Stop by vendors' tables in the exhibit hall.

### 6 p.m. – 7 p.m. *Poster Session C*

It's Friday night and this poster session will get attendees ready for a wonderful night on the town. Make the poster hall the meeting spot for going out parties! Cash bar and complimentary hors d'oeuvres will be provided.

## SATURDAY, APRIL 2, 2016

## DAY AT A GLANCE

Start	End	Title
7 a.m.	11 a.m.	Registration Open
7:30 a.m.	8:30 a.m.	Business Meeting
8:45 a.m.	10 a.m.	Symposia
10:15 a.m.	11:15 a.m.	Poster Session D/Exhibit Hall Open/Master Lectures/Panel Discussions
11:30 a.m.	12:30 p.m.	Closing Keynote

7 a.m. – 11 a.m. *Registration Open*

7:30 a.m. – 8:30 a.m. *Business Meeting*

SBM President Marian Fitzgibbon will convene the annual business meeting. SBM leaders will report on the state of the organization including its finances and membership. Any potential SBM Bylaws changes will be voted on. Results of the election for two SBM Board positions—president-elect and member delegate—will be announced, and the president-elect will then commence his or her presidential term.

8:45 a.m. – 10 a.m. *Symposia*

**Symposia are didactic presentations that examine important issues from a variety of different perspectives. Presentations and debate among presenters will address alternative solutions, interpretations, or points-of-view on an identified body of knowledge**

10:15 a.m. – 11:15 a.m. *Exhibit Hall Open*

Stop by vendors' tables in the exhibit hall.

10:15 a.m. – 11:15 a.m. *Poster Session D*

Stop by the final poster session of the 2016 Annual Meeting.

10:15 a.m. – 11:15 a.m. *Panel Discussions*

Panel discussion sessions focus on specific topics with various viewpoints expressed by a panel of experts.

10:15 a.m. – 11:15 a.m. *Master Lecture*

**Presenter:** Susan A. Murphy, PhD, University of Michigan, Ann Arbor, MI

Dr. Murphy is the H.E. Robbins Distinguished University Professor of Statistics, a professor of psychiatry, and a research professor at the Institute for Social Research, all at the University of Michigan. She has performed cutting-edge work in statistical methods for the development and evaluation of behavioral interventions, particularly those for chronic ailments. She will discuss the use of micro-randomized trials for developing mobile behavioral interventions.

10:15 a.m. – 11:15 a.m. *Master Lecture*

**Presenter:** Catherine M. Alfano, PhD, American Cancer Society, Washington, DC

Dr. Alfano is vice president of survivorship for the American Cancer Society. She will discuss processes that bring players from all spaces together in ways that best advance evidence-based solutions to the myriad health problems faced by cancer survivors. She has scientific expertise in optimizing symptom management; follow-up care; healthy behavior change and self-management to reduce risk of cancer's late effects; and biological drivers of survivors' co-morbidities, aging, well-being, and prognosis.

## SATURDAY, APRIL 2, 2016

11:30 a.m. – 12:30 p.m. *Closing Keynote*

**Presenter:** Andrew J. Hoffman, PhD, University of Michigan, Ann Arbor, MI

Dr. Hoffman is the Holcim Professor of Sustainable Enterprise at the University of Michigan, a position that holds joint appointments at the Stephen M. Ross School of Business and the School of Natural Resources & Environment. Dr. Hoffman also serves as education director of the Graham Sustainability Institute. He will speak about why academics must make themselves heard in public and political spheres. He will explain how academics can take part in debates where their expert knowledge can inspire action and help society make wise choices.

## CONFERENCE SPECIAL FEATURES

### AWARDS

SBM President Marian Fitzgibbon will announce the winners of the 2016 SBM Achievement Awards. Achievement award descriptions follow. Some SBM special interest groups also confer awards, and SBM additionally confers Citation Awards and Meritorious Student Awards for accepted abstract submissions deemed original, significant, and high caliber.

#### JESSIE GRUMAN AWARD FOR HEALTH ENGAGEMENT

This award recognizes pivotal and extensive contributions to research, practice, and/or policies that have advanced the understanding of patient engagement. Recipients are invited to give a master lecture at SBM's annual meeting. This award is open to individuals and organizations.

#### DISTINGUISHED SCIENTIST AWARD

Selection for the Distinguished Scientist Award is based on total career achievement. Nominees must have achieved scholarly distinction (i.e., made a series of distinguished empirical contributions or contributed substantially to the development of new theories or methods). Recipients are invited to give a master lecture at SBM's annual meeting.

#### RESEARCH TO PRACTICE AWARD

The Research to Practice Award recognizes an individual's contributions and exemplary work in translating or extending behavioral medicine from research into practical application, dissemination, or implementation. Eligible candidates may have made substantial contributions to any phase of translational work, including: (a) developing new and effective dissemination or implementation strategies; (b) encouraging the application of effective, sustainable health-promoting interventions in new contexts; or (c) fostering development of practice-based research.

#### EARLY CAREER INVESTIGATOR AWARD

This award recognizes an early-career nominee's total career achievements, including the publication of a representative paper.

#### OUTSTANDING DISSERTATION AWARD

Each year SBM recognizes excellence in a student/trainee member's research through the Outstanding Dissertation Award.

#### DISTINGUISHED STUDENT AWARDS

SBM offers the Distinguished Student Awards from funds donated from Springer Science + Business Media. These awards are provided to students who demonstrate outstanding academic and professional potential in the field of behavioral medicine. The three

### EXHIBITORS

A portion of the poster hall will feature booths of companies, institutions, and organizations demonstrating their products and services of relevance and interest to conference attendees. Please check the *Final Program* for a complete list of the 2016 Annual Meeting exhibitors. If you're interested in exhibiting or other sponsorship opportunities, find details at [www.sbm.org/meetings/2016](http://www.sbm.org/meetings/2016)

### NAME BADGES AND RIBBONS

With the exception of ticketed workshops, seminars, and courses, admission to all educational sessions and the poster hall is by name badge only. Please be sure to wear your name badge at all times during the Annual Meeting.

The following individuals will be recognized with identifying ribbons affixed to their name badges.

#### RIBBON COLORS

##### General

SBM achievement award winner	Ocean blue
Citation award recipient	Brown
Meritorious student award recipient	Goldenrod
Distinguished service award recipient	White
SIG award recipient	Navy blue
Exhibitor	Green
Fellow	Light blue
New fellow	Aqua blue
Press	Purple
SBM fund contributor	Purple
Keynote speaker	Hunter green
Speaker	Maroon
Volunteer	Rainbow
International attendee	Maroon

##### Board of Directors

All	Gold
President	Black
Past-President	Yellow
Immediate past-president	Tellow
President-Elect	Navy
Secretary/treasurer	Yellow
Member delegate	Yellow
Council chair	Orange
Committee chair	Forest green
Program chair	Navy
Program co-chair	Jewel blue
<i>Annals of Behavioral Medicine</i> editor	Violet
<i>Translational Behavioral Medicine</i> editor	Violet
<i>Outlook</i> editor	Violet
Website editor	Pink

## CONFERENCE SPECIAL FEATURES

### RIBBON COLORS, CONTINUED

#### Committees/Councils/Members

Committee member	Red
Council member	Burgundy
SIG chair	Eggplant
SIG co-chair	Teal
SIG member	Gray
New SBM member	Peach
SBM member	Ivory

### SBM RESOURCE BOOTH

Make sure to stop by the SBM resource booth. The SBM resource booth will feature informational pieces regarding SBM and its policy briefs, along with the book exhibit and publications mart.

### JOB OPENINGS BOARD

A self-service job openings board is available onsite at the SBM Annual Meeting near the registration desk for meeting attendees to self-post position openings on behalf of an institution.

Instructions for formatting a posting are as follows:

1. All position announcements should be prepared on an 8.5-x-11-in. sheet of institutional letterhead.
2. Each announcement should indicate the duties and requirements of the position, geographical and departmental location, expected salary, start date, and instructions for completion and submission of resumes/applications.

Attendees planning to post a job opening on site are advised to bring multiple copies as SBM cannot be responsible for removal of notices by other meeting attendees. All posting is self-service and a benefit of attending the SBM Annual Meeting.

### BUSINESS MEETING

On Saturday, April 2 at 7:30 a.m., SBM President Marian Fitzgibbon will convene the annual business meeting. SBM leaders will report on the state of the organization including its finances and membership. A potential SBM Bylaws change will be voted on. Results of the election for two SBM Board positions—president-elect and member delegate—will be announced, and the president-elect will then commence his or her presidential term.

### POSTER MENTORING PROGRAM

SBM fellows kindly volunteer their time and expertise to provide feedback on students' poster presentations during SBM poster sessions. Students interested in having their oral poster presentation critiqued in person by an SBM fellow should indicate their interest when submitting their abstracts. A number of students will be randomly selected to participate in the program. Fellows will be assigned to the selected students according to shared behavioral medicine interests. During the conference, fellows will listen to the oral poster presentations of their assigned students and offer helpful feedback and suggestions.

### VOLUNTEERING

SBM student/trainee and transitional members can volunteer during the meeting for a reimbursed registration. Slots are limited and offered on a first-come, first-served basis through a call for volunteers. Volunteers help check in attendees at the registration desk, guide attendees to the correct rooms, and help SBM staff with other miscellaneous activities. SBM volunteers can be identified by a volunteer ribbon on their name badges.

## SBM INFORMATION

### BOARD OF DIRECTORS

#### OFFICERS

Marian L. Fitzgibbon, PhD

*President*

James F. Sallis, Jr., PhD

*President-Elect*

Lisa M. Klesges, PhD

*Past-President*

Michael A. Diefenbach, PhD

*Secretary/treasurer*

Monica L. Baskin, PhD

*Member delegate*

Elliot J. Coups, PhD

*Member delegate*

Amy L. Yaroch, PhD

*Member delegate*

#### COUNCIL CHAIRS

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*Digital Health chair*

Nicole Zarrett, PhD

*Education, Training, and Career Development chair*

Paul A. Estabrooks, PhD

*Health Policy chair*

Lorna Haughton McNeill, MPH, PhD

*Membership chair*

Alan M. Delamater, PhD

*Publications and Communications chair*

Sherri Sheinfeld Gorin, PhD

*Scientific and Professional Liaison chair*

Kristi D. Graves, PhD

*Special Interest Groups chair*

#### COMMITTEE CHAIRS

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*Awards chair*

Sherry L. Pagoto, PhD

*Civic and Public Engagement chair*

Brent Van Dorsten, PhD

*Development chair*

Ken Resnicow, PhD

*Evidence-Based Behavioral Medicine chair*

Michael A. Diefenbach, PhD

*Finance chair*

Joanna Buscemi, PhD

*Health Policy chair*

Lisa M. Klesges, PhD

*Nominating chair*

Kathleen Wolin, ScD

*Program chair*

David X. Marquez, PhD

*Program co-chair*

#### EDITORS

Kevin S. Masters, PhD

*Annals of Behavioral Medicine*

Suzanne M. Miller, PhD

*Translational Behavioral Medicine: Practice, Policy, Research*

William J. Sieber, PhD

*Outlook*

Rajani S. Sadasivam, PhD

*Website*

## SBM INFORMATION

### PLANNING COMMITTEES

#### PROGRAM COMMITTEE

Program Committee members:

Kathleen Wolin, ScD, *chair*

David X. Marquez, PhD, *co-chair*

Lila J. Finney Rutten, PhD, MPH, *immediate past chair*

Marian L. Fitzgibbon, PhD, *SBM president*

Kristi D. Graves, PhD, *Special Interest Group Council chair*

Mary L. Greaney, PhD

Elissa Jelalian, PhD

Courtney J. Peasant, PhD, MS

Diane M. Santa-Maria, DrPH, MSN, RN

Christopher N. Sciamanna, MD, MPH

Reggie Tucker-Seeley, ScD

#### LOCAL ARRANGEMENTS COMMITTEE

Gerald J. Jerome, PhD, *chair*

Erin Hennessy, PhD, MPH

Devlon N. Jackson, PhD, MPH

#### TRACK CHAIRS

Kathy Goggin, PhD

*Adherence*

Christina R. Studts, PhD

*Behavioral medicine in clinical and medical settings*

Heather S. Jim, PhD

*Biological mechanisms in health and behavior change*

Crystal L. Park, PhD

*Complementary and integrative medicine*

Dewlyn Catley, PhD

*Environmental and contextual factors in health and behavior*

*change co-chair*

Rebecca E. Lee, PhD

*Environmental and contextual factors in health and behavior*

*change co-chair*

Ashley L. Reynolds, PhD, RN, ACSM-HFS

*Health communication and technology*

Austin S. Baldwin, PhD

*Health decision making*

Heather Patrick, PhD

*Health promotion*

Gregory J. Norman, PhD

*Measurement and methods*

Kassandra Alcaraz, PhD, MPH

*Population health, policy, and advocacy*

Paul T. Fuglestad, PhD

*Psychological and person factors in health and behavior change*

*co-chair*

Suzanne C. O'Neill, PhD

*Psychological and person factors in health and behavior change*

*co-chair*

Jessica A. Whiteley, PhD

*Psychological and person factors in health and behavior change*

*co-chair*

Kevin D. Stein, PhD

*Quality of life*

Clement K. Gwede, PhD, MPH, RN

*Racial, ethnic, and cultural factors in health co-chair*

Jamilia R. Sly, PhD

*Racial, ethnic, and cultural factors in health co-chair*

Matthew J. Gregoski, PhD

*Rapid communications*

Jada G. Hamilton, PhD, PMH

*Rapid communications*

Darren Mays, PhD, MPH

*Rapid communications*

Cynthia M. Castro, PhD

*Translation of research to practice*

## SBM INFORMATION

### SBM STAFF

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*Education and meetings manager*

### PAST PRESIDENTS

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1979-80 W. Stewart Agras, MD

1980-81 Joseph V. Brady, PhD

1981-82 Gene G. Abel, MD

1982-83 Michael F. Cataldo, PhD

1983-84 Redford B. Williams, Jr., MD

1984-85 Stephen M. Weiss, PhD

1985-86 Herbert Benson, MD

1986-87 Michael J. Follick, PhD

1987-88 Evan G. Pattishall, Jr., MD, PhD

1988-89 Kelly D. Brownell, PhD

1989-90 Albert Stunkard, MD

1990-91 Judith Rodin, PhD

1991-92 John W. Farquhar, MD

1992-93 Rena R. Wing, PhD

1993-94 Jacqueline Dunbar-Jacob, PhD, RN

1994-95 Richard S. Surwit, PhD

1995-96 C. Barr Taylor, MD

1996-97 Robert M. Kaplan, PhD

1997-98 Thomas G. Pickering, MD, DPhil

1998-99 Norman B. Anderson, PhD

1999-2000 Joel E. Dimsdale, MD

2000-01 C. Tracy Orleans, PhD

2001-02 Michael G. Goldstein, MD

2002-03 David B. Abrams, PhD

2003-04 Linda C. Baumann, PhD, RN, FAAN

2004-05 Judith K. Ockene, PhD, Med

2005-06 Laura L. Hayman, RN, PhD, FAAN

2006-07 Edwin B. Fisher, PhD

2007-08 Peter G. Kaufmann, PhD

2008-09 Bonnie Spring, PhD, ABPP

2009-10 Francis J. Keefe, PhD

2010-11 Karen M. Emmons, PhD

2011-12 Abby C. King, PhD

2012-13 Alan J. Christensen, PhD

2013-14 Dawn K. Wilson, PhD

2014-15 Lisa M. Klesges, PhD

## SBM INFORMATION

### SPECIAL INTEREST GROUPS (SIGS)

SBM offers 23 different special interest groups (SIGs) to its members. Each SIG has a unique listserv email recipient list, facilitating critical networking among colleagues with similar behavioral medicine interests.

Membership in one or more SIGs is a benefit available to all SBM members. To join a SIG log into [www.sbm.org](http://www.sbm.org) and update your member profile. Not an SBM member? Join today at [www.sbm.org/membership](http://www.sbm.org/membership) and sign up for one or more SIGs!

#### AGING

Co-Chair: Neha P. Gothe, PhD, [nehagothe@gmail.com](mailto:nehagothe@gmail.com)  
Co-Chair: Sandra J. Winter, PhD, MHA, [sjwinter@stanford.edu](mailto:sjwinter@stanford.edu)

The Aging SIG focuses on addressing the special issues of behavior change among older adults, with a particular focus on the influence of cultural, environment, and policy. There is a tendency to focus behavior change issues and challenges on the children and adults who are assumed to be those who will reap the greatest long-term benefit from changes. Older adults, particularly those with chronic health problems, can likewise gain a significant benefit from behavior change particularly with regard to quality of life issues. The Aging SIG has identified a need and interest in exploring ways that older adults, particularly those with chronic illnesses, can alter their behavior to promote health and quality of life.

#### CANCER

Chair: Kristi D. Graves, PhD, [kdg9@georgetown.edu](mailto:kdg9@georgetown.edu)

The Cancer SIG fosters high-quality collaborative research, enhances the professional development of its members, and works with other professional organizations involved in cancer prevention and control research. The goal is to advance and disseminate knowledge across the breadth of cancer control, ranging from cancer prevention to end of life care, including all ages, racial and ethnic groups, and socioeconomic strata.

#### CHILD AND FAMILY HEALTH

Chair: Nataliya Zelikovsky, PhD, [zelikovsky@lasalle.edu](mailto:zelikovsky@lasalle.edu)

The Child and Family Health SIG is an interdisciplinary forum for SBM members concerned with the health and well-being of children, adolescents, and families. Members of this SIG have interest in bridging biological, cognitive, emotional, behavioral, and social functioning of children and adolescents with a focus on understanding contextual, social ecological influences on child health and development. This SIG aims to advance and disseminate knowledge, foster professional networks to produce high-quality collaborative research, and ultimately enhance the health and well-being of children, adolescents, and families.

### COMPLEMENTARY AND INTEGRATIVE MEDICINE

Chair: Crystal L. Park, PhD, [crystal.park@uconn.edu](mailto:crystal.park@uconn.edu)

According to the National Center on Complementary and Alternative Medicine of the National Institutes of Health, complementary and alternative medicine (CAM) refers to a broad range of healing approaches that mainstream Western medicine does not commonly use, accept, study, understand, or make available. This SIG provides a forum for discussion of CAM as it relates to behavioral medicine, with a particular emphasis on the integrative nature of such modalities, by themselves and in conjunction with other modalities of biopsychosocial care.

#### DIABETES

Chair: Barbara Stetson, PhD, [barbara.stetson@louisville.edu](mailto:barbara.stetson@louisville.edu)  
Student Co-Chair: Karl Minges, MPH, [karl.minges@yale.edu](mailto:karl.minges@yale.edu)  
Student Co-Chair: Allison Lewinski, MPH, BSN, [alewinski@gmail.com](mailto:alewinski@gmail.com)  
Student Co-Chair: Amanda Phillips, [amandaphillips@my.unt.edu](mailto:amandaphillips@my.unt.edu)  
Annual Meeting Coordinator: Robin Whittemore, PhD, [robin.whittemore@yale.edu](mailto:robin.whittemore@yale.edu)

The Diabetes SIG is a forum for SBM members with an interest in the advancement of behavioral and psychological research in diabetes. SIG goals are to (1) increase the presence of high-quality behavioral medicine research in diabetes at the SBM Annual Meeting; (2) encourage interdisciplinary collaboration among researchers, clinicians, educators, and public health advocates that emphasizes the importance of the prevention and treatment of diabetes; and (3) support professional networking and the training of young investigators and students interested in diabetes research.

### ETHNIC MINORITY AND MULTICULTURAL HEALTH

Chair: Jamilya R. Sly, PhD, [jamilya.sly@mssm.edu](mailto:jamilya.sly@mssm.edu)  
Co-Chair: Clement K. Gwede, PhD, MPH, RN, [clement.gwede@moffitt.org](mailto:clement.gwede@moffitt.org)

The Ethnic Minority and Multicultural Health SIG concerns itself with advancing the field of ethnic minority and multicultural health through education and training; networking; mentorship of ethnic minorities and non-minorities; and conducting research in ethnicity, culture, and health. Members of this SIG also aim to increase the involvement of ethnic minorities in SBM councils, committees, and the peer-review process.

## SBM INFORMATION

### EVIDENCE-BASED BEHAVIORAL MEDICINE

Co-Chair: E. Amy Janke, PhD, [e.janke@uscience.edu](mailto:e.janke@uscience.edu)

Co-Chair: Joanna Buscemi, PhD, [joanna.buscemi@gmail.com](mailto:joanna.buscemi@gmail.com)

Evidence-based medicine has recently come to the forefront as an approach by which to evaluate and practice medicine. Evidence-based behavioral medicine is a relatively young field that has similar purposes. Researchers, clinicians, students, and policymakers may all wish to become better acquainted with the history, principles, and future directions of this field.

### HEALTH DECISION MAKING

Chair: Christine M. Rini, PhD, [christine.rini@unc.edu](mailto:christine.rini@unc.edu)

Co-Chair: Sarah E. Lillie, PhD, [sarah.lillie@va.gov](mailto:sarah.lillie@va.gov)

The Health Decision Making (HDM) SIG provides a forum within SBM to advance the theory, science, and practice of health decision making, particularly as applied in behavioral medicine. The HDM SIG has a special interest in understanding informed decision making by population members and patients, shared decision making between patients and health professionals, and clinical decision making by health professionals. The HDM SIG is the point of contact for liaisons between SBM and other organizations relevant to health decision making such as the Society of Medical Decision Making and the Society for Judgment and Decision Making.

### INTEGRATED PRIMARY CARE

Co-Chair: James E. Aikens, PhD, [aikensj@umich.edu](mailto:aikensj@umich.edu)

Co-Chair: Kathryn E. Kanzler, PsyD, ABPP, [kathryn.kanzler@gmail.com](mailto:kathryn.kanzler@gmail.com)

The Integrated Primary Care SIG is devoted to promoting and enhancing the delivery of evidence-based behavioral health care in primary care settings. The SIG provides a forum for the exchange of information and the fostering of relationships between behavioral health and medical professionals in order to (1) facilitate the integration of behavioral health professionals and biopsychosocial interventions into primary care settings; (2) advance research of behavioral health interventions in primary care; (3) support the training of students pursuing integrated primary care; and (4) inform the development of policies that impact behavioral health care in primary care settings.

### MILITARY AND VETERANS' HEALTH

DoD Co-Chair: Emily Grieser, PhD, [emily.grieser@gmail.com](mailto:emily.grieser@gmail.com)

VA Co-Chair: Jeffrey P. Haibach, PhD, MPH, [jeffrey.haibach@va.gov](mailto:jeffrey.haibach@va.gov)

VA Co-Chair: Robin M. Masheb, PhD, [robin.masheb@yale.edu](mailto:robin.masheb@yale.edu)

Communications Officer: Katherine Hall, PhD, [katherine.hall@duke.edu](mailto:katherine.hall@duke.edu)

The Military and Veterans' Health SIG is an interdisciplinary group of researchers, clinicians, and educators who are committed to promoting research, prevention, clinical assessment and intervention, policy development, education, training, and mentoring in military and veterans' health. The SIG invites those who have an interest in promoting health within the unique healthcare systems of the U.S. departments of Defense and Veterans Affairs, as well as those interested in improving health outcomes in active duty service members and veterans from around the globe.

### MULTI-MORBIDITIES

Chair: Lori A. J. Scott-Sheldon, PhD, [lori\\_scott-sheldon@brown.edu](mailto:lori_scott-sheldon@brown.edu)

Co-Chair: Jayson J. Spas, PhD, MS, [jspas@ric.edu](mailto:jspas@ric.edu)

The dominant tendency in behavioral medicine has been to focus on one physical condition at a time; however, having two or more physical diseases (multi-morbidities)—or being at risk for other diseases by having an index condition—is common, especially among older adults. Multi-morbid conditions often have common risk factors and pathogenesis, and are the targets of similar behavioral interventions. The SIG affords the opportunity to consider health promotion, treatment, and common biological mechanisms for translational research across disease silos.

### MULTIPLE HEALTH BEHAVIOR CHANGE

Chair: Lori A. J. Scott-Sheldon, PhD, [lori\\_scott-sheldon@brown.edu](mailto:lori_scott-sheldon@brown.edu)

Co-Chair: Jayson J. Spas, PhD, MS, [jspas@ric.edu](mailto:jspas@ric.edu)

The Multiple Health Behavior Change SIG aims to contribute to the development of a science of multiple behavior change for health promotion and disease management. Intervening on multiple health behaviors presents a unique set of challenges. This group addresses theoretical, methodological, interventional, statistical, and funding issues related to targeting multiple health behaviors for change. Relevant targeted behaviors include but are not limited to: tobacco and other drug use, physical activity, nutrition, HIV-risk behaviors, sun exposure, and stress.

## SBM INFORMATION

### OBESITY AND EATING DISORDERS

Co-Chair: Andrea T. Kozak, PhD, [kozak@oakland.edu](mailto:kozak@oakland.edu)

Co-Chair: Monica L. Wang, ScD, MS, [mlwang@bu.edu](mailto:mlwang@bu.edu)

The purpose of the Obesity and Eating Disorders (OED) SIG is to provide networking, mentorship, and scientific training to those interested in obesity, eating disorders, and weight-related pathology. Members of the OED SIG also aim to advance the field of obesity and eating disorders through the scholarly pursuit of scientific research, with a special emphasis on submitting federal and private foundation grants. Members of this SIG will also receive guidance on how to develop an academic career in obesity and eating disorders.

### OPTIMIZATION OF BEHAVIORAL INTERVENTIONS

Chair: Linda Collins, PhD, [lmcollins@psu.edu](mailto:lmcollins@psu.edu)

Co-Chair: Kari Kugler, PhD, [kck18@psu.edu](mailto:kck18@psu.edu)

Junior Co-Chair: Thelma Mielenz, PhD, [tjm2141@columbia.edu](mailto:tjm2141@columbia.edu)

Conference Chair: David Cavallo, [david.cavallo@case.edu](mailto:david.cavallo@case.edu)

Communication Chair: Sara St. George, PhD, [s.stgeorge@med.miami.edu](mailto:s.stgeorge@med.miami.edu)

The Optimization of Behavioral Interventions SIG provides opportunities for behavioral scientists and methodologists to network and discuss formal optimization of behavioral interventions. Optimizing a behavioral intervention means engineering the intervention to meet specific and clearly operationalized criteria for effectiveness, efficiency, scalability, and sustainability. Innovative methodological approaches for formal optimization of behavioral interventions are emerging from statistics, engineering, behavioral science, and computer science. The purposes of the SIG are to (1) foster networking and discussion on the topic of optimization of behavioral interventions; (2) facilitate application of methods for optimization of behavioral and biobehavioral interventions; (3) foster expansion and improvement of methodology for intervention optimization; and (4) encourage and help the scientific public, for example those who review grant proposals, to become more familiar with intervention optimization methods.

### PAIN

Chair: Lara K. Dhingra, PhD, [ldhingra@chpnet.org](mailto:ldhingra@chpnet.org)

Millions of people suffer from painful conditions with wide-ranging physical, psychological, social, and economic consequences. Alleviation of these often devastating consequences requires continuing research and development efforts from the biological, psychological, and social sciences. The goal of the Pain SIG is to advance the understanding of pain and its treatment, according to a biopsychosocial framework. This will be accomplished through

(1) increasing interdisciplinary communication; (2) promoting research; (3) providing education and training for both researchers and clinicians; (4) mentoring students and young professionals; and (5) providing a forum for collaboration between interested individuals and groups.

### PHYSICAL ACTIVITY

Chair: Beth A. Lewis, PhD, [blewis@umn.edu](mailto:blewis@umn.edu)

Co-Chair: Melissa A. Napolitano, PhD, [mnapolitano@gwu.edu](mailto:mnapolitano@gwu.edu)

The aims of the Physical Activity SIG are to (1) update SBM members on the latest developments and initiatives of relevance to the physical activity field; (2) provide a format for both formal and informal networking among SBM members with physical activity interests; and (3) serve as a forum for advancing the behavioral physical activity field, through developing submissions for the SBM conference, providing an avenue for mentoring junior investigators with physical activity interests, and identifying appropriate individuals interested in serving as reviewers for relevant scientific journals, NIH study sections, and SBM program submissions.

### POPULATION HEALTH SCIENCES

Chair: Lila J. Finney Rutten, PhD, MPH, [rutten.lila@mayo.edu](mailto:rutten.lila@mayo.edu)

Co-Chair: Jennifer L. St. Sauver, PhD, MPH, [stsauver.jennifer@mayo.edu](mailto:stsauver.jennifer@mayo.edu)

The Population Health Sciences SIG provides a forum for behavioral researchers interested in or engaged in research focused on multiple determinants of health with an emphasis on social, environmental, and organizational influences on health and health-related behavior. Broad areas of research may include but are not limited to the following: translational research focused on developing real-world solutions and policies to improve population health; research focused on informing public health efforts with behavioral science; and secondary analysis of public data

## SBM INFORMATION

resources to examine trends in population health by geographic regions, population subgroups, and socio-environmental factors.

### SPIRITUALITY AND HEALTH

Co-Chair: John M. Salsman, PhD, [j-salsman@northwestern.edu](mailto:j-salsman@northwestern.edu)

Co-Chair: Andrea D. Clements, PhD, [clements@etsu.edu](mailto:clements@etsu.edu)

Until recently the possible links of spiritual and religious factors to health were essentially ignored or unstudied. Empirical studies in the past two decades however have demonstrated significant associations of selected spiritual and religious factors with important health and disease outcomes. The Spirituality and Health SIG seeks to encourage and support well-designed empirical research that sheds clarifying light on what processes are at work. Research can more clearly identify and clarify in what ways spiritual and religious factors may influence health, positively or negatively. Findings can also impact ways to make professional health care practices more effective. Of particular concern is the need to provide up-to-date, accurate information and training, since few professional training programs in health offer adequate preparation on spiritual matters.

### STUDENT

Chair: Alesha G. Hruska, MPH, [ahruska@mail.usciences.edu](mailto:ahruska@mail.usciences.edu)

Membership Director: Morgan Lee, MA, [mrl1@mail.usf.edu](mailto:mrl1@mail.usf.edu)

INSPIRE Representative: Courtney J. Stevens, [courtney.stevens@colorado.edu](mailto:courtney.stevens@colorado.edu)

Annual Meeting Coordinator: Brenna N. Renn, MA, [brenn@uccs.edu](mailto:brenn@uccs.edu)

Treasurer: Danielle Z. Miro, MA, [dzmiro@memphis.edu](mailto:dzmiro@memphis.edu)

The purposes of the Student SIG are to provide a home for student SBM members where their unique needs and concerns can be discussed and addressed, and to facilitate students' professional development. Additional goals of the Student SIG include promotion of student-oriented programs, activities, and opportunities within SBM; collaboration between students and among students and professionals; and discussion of important topics within the field of behavioral medicine. All student members

are encouraged to join and to like the SIG on Facebook by visiting [www.facebook.com/sbmstudentsig](http://www.facebook.com/sbmstudentsig).

### TECHNOLOGY

Chair: David K. Ahern, PhD, [dahern@partners.org](mailto:dahern@partners.org)

Co-Chair: Julie A. Wright, PhD, [julie.wright@umb.edu](mailto:julie.wright@umb.edu)

The Technology SIG is designed as a forum for members of SBM with an interest in the impact of information and communication technology on health behavior outcomes and processes. SIG interests incorporate the study of the use of technology by patients and health care providers as well as the design, implementation, and evaluation of behavior change interventions delivered through advanced technologies. The goal is to promote the appropriate use of technologies to improve health and health care.

### THEORIES AND TECHNIQUES OF BEHAVIOR CHANGE INTERVENTIONS

Chair: Arlen C. Moller, PhD, [amoller@iit.edu](mailto:amoller@iit.edu)

Co-Chair: David M. Williams, PhD, [david\\_m\\_williams@brown.edu](mailto:david_m_williams@brown.edu)

Junior Co-Chair: Heather L. Gainforth, PhD, [heather.gainforth@ubc.ca](mailto:heather.gainforth@ubc.ca)

Junior Co-Chair: Dejan Magoc, PhD, [dmagoc@stetson.edu](mailto:dmagoc@stetson.edu)

The Theories and Techniques of Behavior Change Interventions SIG is an interdisciplinary group of researchers, clinicians, and educators who are committed to developing methods to improve the design and evaluation of interventions aimed at changing preventive, illness-related and health professional behaviors. To date, there has been no shared language for describing the content, especially the "active ingredients," of behavior change interventions; by contrast, biomedical interventions are precisely specified. There is also increasing recognition of the importance of developing theory-based interventions. The SIG will allow

exchange of ideas and will foster collaboration with the aim of developing methods for specifying intervention content, evaluating the theory base of interventions, and linking behavior change techniques to theory.

#### **VIOLENCE AND TRAUMA**

Chair: Emily F. Rothman, ScD, [erothman@bu.edu](mailto:erothman@bu.edu)

The Violence and Trauma (VT) SIG was formed to provide opportunities for networking, information sharing, and collaboration for those interested in the intersection between trauma and health. The SIG will focus on issues including how traumatic events and adverse childhood experiences impact a variety of outcomes: quality and quantity of life, symptom experiences, experiences and satisfaction with health care, and modifiable behavioral risk factors (e.g., obesity, substance use). The VT SIG will also focus on interventions to prevent trauma and improve the interaction between traumatized individuals and the systems in which they receive care (e.g., trauma-informed care).

#### **WOMEN'S HEALTH**

Co-Chair: Jennifer L. Huberty, PhD, [jhuberty@asu.edu](mailto:jhuberty@asu.edu)

Co-Chair: Sara Kornfield, PhD, [sara.kornfield@gmail.com](mailto:sara.kornfield@gmail.com)

The Women's Health SIG is an interdisciplinary group of researchers, clinicians, educators, and public health advocates committed to promoting research, clinical and community interventions, and policy as well as education, training, and mentoring in women's health. The SIG is also dedicated to supporting the professional advancement of women and women's issues in behavioral medicine. Connect with SIG members by visiting [www.facebook.com/womenshealthsig](https://www.facebook.com/womenshealthsig).

## **FUTURE ANNUAL MEETINGS**

38th Annual Meeting & Scientific Sessions

March 29 to April 1, 2017

Hilton San Diego Bayfront

San Diego, CA

39th Annual Meeting & Scientific Sessions

April 11-14, 2018

New Orleans Riverside Hilton

New Orleans, LA

## **CONTACT INFORMATION**

Conference questions can be directed to:

Society of Behavioral Medicine

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Milwaukee, WI 53202

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# SOCIETY *of* BEHAVIORAL MEDICINE

*Better Health Through Behavior Change*



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