### Interpersonal Violence as it relates to Risky Sexual Behavior among Social Service-Involved Females

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# Sexually Transmitted Infections and Risky Sexual Behavior

- Statistics have indicated an increase in rates of STIs among adolescents in the US
- Centers for Disease Control and Prevention Statistics:
  - Female adolescents 30% positive for chlamydia and 24% positive for gonorrhea
- Majority contract HIV and STIs through risky sexual behavior
- Several studies sought to examine the underlying pathways that lead to risky sexual behavior
  - Interpersonal Violence and Risky Sexual Behavior

# Relationship Violence and Sexual Victimization

- Being physically abused or sexually victimized in relationships can lead to unhealthy sexual behaviors
- Interpersonal violence has been associated with:
  - Multiple sexual partners
  - Increase risk of incident STIs
  - Inconsistent condom use
  - Difficulty refusing future sexual advances



### Mental Health Concerns

Interpersonal violence may increase risky sexual behavior through post-traumatic stress disorder (PTSD) and depression

#### PTSD

• Inconsistent condom use, early sexual intercourse, intercourse before knowing partner's sexual history

#### Depression

 Inconsistent condom use, multiple sexual partners, incident of STIs, poor sexual communication practices, and sex at first meeting Substance Use

Interpersonal violence may increase risky sexual behavior through alcohol and marijuana use

- Alcohol
  - Unprotected sex and multiple sex partners
  - Abuse victims may have higher likelihood of using alcohol
- Marijuana
  - Less likely to use condoms and more inclined to have sexual intercourse with strangers



### Purpose and Hypotheses

- Examine whether physical assault and sexual victimization by an intimate partner predicts risky sexual behavior
- Additionally determine whether mental health issues and substance use mediate the relationship between interpersonal violence and risky sexual behavior
- Hypotheses:
  - Relationship violence and sexual victimization will be directly related to risky sexual behavior
  - PTSD, depressive symptoms, alcohol and marijuana use will mediate the relationship between the interpersonal violence and risky sexual behaviors

# Methodology

- Participants
  - 179 female adolescents, mean age 18.7
  - 35.7% White, 19.3% Black, 8.3%, 37.9% Multiracial, 5.6% other
  - 57.5% Non-Hispanic, 42.5% Hispanic
- Inclusion Criteria
  - Sexually active, not pregnant, and plan on engaging in coital sex within the next 6 months
- Participants derived from four different social service settings:
  - Juvenile Justice
  - Community Mental Health
  - Alternative Schools
  - Residential

## Methodology

- Physical Assault and Sexual Victimization
  - Conflict Tactics Scale (CTS2; Straus et al., 1996)
  - Measures maltreatment between partners (i.e. physical, sexual, and verbal) in the last three months

#### PTSD

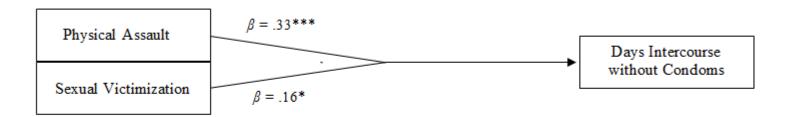
- PTSD Screen (PCL-S; Lang & Stein, 2005)
- Assesses whether an adolescent has had any stressful experiences affecting them in the last month
- Depressive Symptoms
  - Center for Epidemiological Studies-Depression Scale (CES-D; Melchoir et al., 1993)
  - Presence and severity of depressive symptoms

# Methodology

- Substance Use
  - Alcohol and marijuana assessed using a demographics questionnaire
  - Number of days used substances in the last 12 months
- Risky Sexual Behavior
  - Timeline Follow-back (TLFB; Carey et al., 2001; Sobell et al., 1988)
    - Total number days of sexual intercourse without condoms over the past 90 days

# Main Statistical Analyses

Multiple Regression Predicting Risky Sexual Behavior from Physical Assault and Sexual Victimization

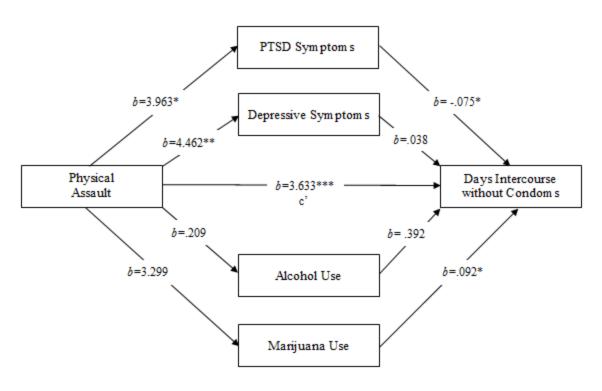


Note: p < .05, \*\*p < .01, \*\*\*p < .001

## Main Statistical Analyses

#### Multiple Mediation Model

Direct effect of individual mediators and direct effect of physical assault.

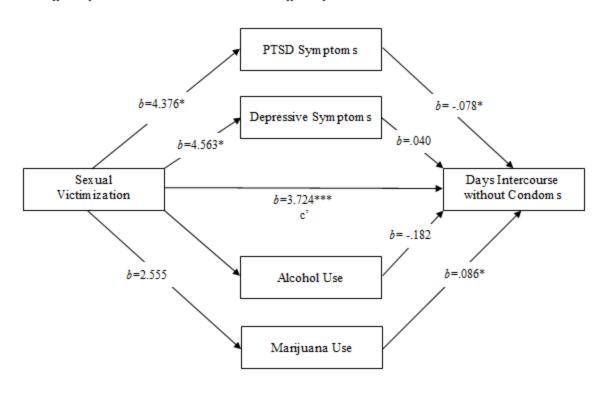


Note: p < .05, p < .01, p < .01. The direct effect, c', represents the relationship between physical aggression and days of intercourse without condoms after accounting for the effects of the mediators. Unstandardized paths, b, shown.

## Main Statistical Analyses

#### Multiple Mediation Model

Direct effect of individual mediators and direct effect of sexual victimization.



Note: \*p < .05, \*\*p < .01, \*\*\*p < .001. The direct effect, c', represents the relationship between sexual victimization and days of intercourse without condoms after accounting for the effects of the mediators. Unstandardized paths, b, shown.

### Conclusions

- Adolescent females who were physically and sexually assaulted by their intimate partners are more likely to engage in risky sexually behavior.
- PTSD helps explain the association between interpersonal violence and unprotected sex.
- Higher rates of interpersonal violence were related to higher levels of PTSD symptoms, which ultimately led to lower rates of unprotected sex.
- Consistent with findings that PTSD can reduce sexual desire and functioning which could lead to fewer sexual interactions.

#### Limitations and Future Directions

#### Limitations:

- Measures assessed behavior using different lengths of time
- Cross-sectional study
- Self reported data

#### Future Directions:

Examining these factors in longitudinal design



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