

SOCIETY *of* BEHAVIORAL MEDICINE
Better Health Through Behavior Change



City Guide

San Antonio
◆ TEXAS ◆

36th Annual Meeting & Scientific Sessions

San Antonio Marriott Rivercenter

April 22–25, 2015

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WELCOME TO SAN ANTONIO

San Antonio is a delightful study in contrasts.

The city cherishes its history but welcomes change—historical monuments share city blocks with architecturally-modern skyscrapers. The city celebrates its renowned Tex-Mex and Spanish culture but doesn't forget its German roots—restaurants of those varieties, and more, populate the bustling downtown.

In short, San Antonio has something for everyone.

This guide will help you get around town, find the best food at the best prices, and plan what to do in your free time. From museums and historical landmarks like the Alamo, to theme parks and the Fiesta San Antonio festival, this city has you covered. And you can get most places by walking or hopping the city bus.

If you need information beyond what's in this guide, check out www.visitsanantonio.com.

Enjoy your stay!

The SBM Local Arrangements Committee

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WEATHER

Located in south central Texas, San Antonio experiences an average year-round temperature of 70 °F. In April, the average high temperature is 80 °F; the average low is 57 °F. April usually experiences little rainfall—only 2.6 inches on average for the entire month.



San Antonio is a warm, bustling city of 1.4 million people. *Photo courtesy of visitsanantonio.com.*

SAFETY

For a big city, San Antonio is relatively safe for travelers. Travel guides recommend common sense: Keep an eye—and a hand—on your personal belongings in crowds, don't walk alone at night in unfamiliar settings, and avoid deserted areas. It's also recommended that travelers carry only the money they'll need that particular day; don't carry or display large amounts of cash. Avoid displaying other valuable items like cell phones, cameras, other handheld electronics, and expensive jewelry. If you think someone is following you, switch directions or cross the street. If the person continues to follow you, move quickly toward an open store, an open restaurant, or a lighted house. Don't be afraid to yell for help.

GETTING AROUND

FROM THE AIRPORT

San Antonio International Airport is a 10-minute drive from the San Antonio Marriott Rivercenter hotel where the Annual Meeting is being held. Upon arrival at the airport, there are several transportation options for getting to the Marriott Rivercenter.

Taxi Cabs

Cabs are available at the airport's lower level curbside area, outside of baggage claim, at Terminals A and B. For assistance, please talk to the Airport Ground Transportation employee wearing a red shirt. Taxi cab fare

to the Marriott Rivercenter is estimated at \$22 one way. Visit www.bit.ly/SAtaxicabs to view cab companies and their contact information.

Rental Cars

Rental car counters are located in Terminal A at the airport; they are open during regular hours. After hours, passengers can use the courtesy phones provided in the baggage claim area of Terminal A to request shuttle transport to the car rental company of their choice, or they can proceed to the shuttle pick-up area located outside the baggage claim area. Rental car facilities are located near the airport. Visit www.bit.ly/SArentalcars for more details.

Airport Shuttle

Go Airport Shuttle is San Antonio International Airport's authorized shared-ride shuttle service. Shuttles depart from 7 a.m. to 1:30 a.m. daily, leaving for downtown hotels every 15 minutes. Passengers may purchase tickets at the airport's baggage claim area. A ticket to the Marriott Rivercenter is \$19 one way or \$34 round trip. Visit www.bit.ly/SAshuttle for more details.

City Bus/Streetcar

VIA Metropolitan Transit is San Antonio's public transportation agency. It offers service throughout the city, including within the downtown area.

To get downtown from the airport:

- Go to the airport's lower roadway (arrivals/baggage level in Terminals A and B). VIA's stop will be halfway between Terminals A and B.
- Catch VIA bus route 5, which operates every day. \$1.20 will get you downtown in about 30 minutes.
- Get off at the St. Mary's and Commerce stop. Then walk five blocks east on East Commerce Street to reach the Marriott Rivercenter.

Visit www.bit.ly/SACitybus or call (866) 362-2020 for more information.

AROUND THE CITY

San Antonio and its River Walk District are very easy to get around. The Marriott Rivercenter is located right by the heart of the River Walk, allowing for walking or short cab and bus rides to many restaurants, shops, and historical landmarks.

Taxi Cabs

Visit www.bit.ly/SAtaxicabs to view area cab companies and their contact information.

GETTING AROUND

City Bus/Streetcar

VIA Metropolitan Transit is San Antonio's public transportation agency, complete with city buses and streetcars. A single ride costs \$1.20. One-day passes are available for \$4 and are good for unlimited rides on all regular, express, and primo lines for the day indicated on the pass. Visit www.bit.ly/SAcitybus for more details.

Several bus routes travel through downtown from early in the morning to late at night. The Red (301) or Blue (305) Circulators travel near many of the most popular destinations and come by every 10 minutes. Visit www.bit.ly/SAcitybusdowntown for more information.

Rio Taxi

The Rio Taxi travels the San Antonio River, with more than 39 pickup and drop-off stations as far north as the historic Pearl Brewery area. You can also take the Rio Taxi to the Veterans of Foreign Wars (VFW) Post 76, the oldest post in Texas. Prices for the Rio Taxi are very reasonable: One-way tickets are \$5, and a 24-hour pass is \$10. Visit www.riosanantonio.com/rio-taxi for more information.

B-cycle Bike Rental

San Antonio B-cycle allows the easy rental of bikes found at more than 50 stations around the city. B-cycle users must become members online or at any B-cycle station (A 24-hour membership is available and costs \$10.); then they can pick up a bike at any station, returning it to the same station or any other station when done. Visit www.sanantonio.bcycle.com to view station maps and sign up as a member. Increasing bicycle use in San Antonio through B-cycle and other programs has been a key goal of the Mayor's Fitness Council.

PARKS AND OUTDOOR SPACES

From old Spanish orchards, to centuries-old riverside buildings, to the site of the 1968 World's Fair, San Antonio has outdoor spaces and parks full of variety and history. Several are in walking distance of the San Antonio Marriott Rivercenter hotel where the Annual Meeting is being held. Those walking distances are shown in this guide.

HemisFair Park

0.4-mile, 9-minute walk
600 HemisFair Plaza Way

Built to host the 1968 World's Fair, the park's lushly-landscaped areas and dramatic, cascading waterfalls offer a refreshing retreat from city streets. The park houses several historic buildings, a playground, the Institute of Texan Cultures, and the Instituto Cultural Mexicano. One

of the park's biggest highlights is the 750-foot Tower of the Americas, which offers breathtaking views of San Antonio.

River Walk

0.5-mile, 11-minute walk
110 Broadway Street
www.thesanantonioriverwalk.com

Just 20 feet below street level and steps from the famed Alamo, the Paseo del Rio, better known as the River Walk, awaits. Aside the meandering San Antonio River, stone pathways connect shops, restaurants, hotels, and museums with a blend of historic and modern architecture that resonates the depth of this centuries-old metropolis.



San Antonio's River Walk, shown at dusk, is a popular tourist destination where visitors can walk, dine, and even boat. *Photo courtesy of visitsanantonio.com.*

Travis Park

0.7-mile, 14-minute walk
300 East Travis Street

The area including Travis Park was once part of the upper farmlands of Mission San Antonio de Valero, today called the Alamo. After the mission closed, the land was sold in 1819 to Francisco Garcia and in 1851 to Samuel Augustus Maverick, who lived at the northwest corner of Alamo Plaza and used this property for his orchard.

Pearl Brewery District

1.7-mile, 5-minute drive
250 East Grayson Street
www.atpearl.com

The Pearl Brewery area, formed around a brewery that operated from 1883 until 2001, is a northern San Antonio landmark now known for culinary treats, cooking classes, and renowned chefs. The 22-acre Pearl site no longer brews beer but is home to the Culinary Institute of America-San Antonio and the year-round Pearl Farmers Market. Restaurants include Arcade Midtown Kitchen, Bakery Lorraine, the Boiler House, Green, and La Gloria. There are also many shops, including some selling clothing, bikes, and books.

San Antonio Botanical Garden

3.4-mile, 9-minute drive
555 Funston Place, (210) 207-3250
www.sabot.org

This 38-acre botanical garden sits in the heart of San Antonio. Explore the futuristic Lucile Halsell Conservatory or walk the Texas Native Trail for a close-up encounter with the beautiful world of plants. Seasonal floral display beds complement formal garden settings that include a rose garden, old-fashioned garden, sensory garden, and Kumamoto En Japanese garden.

Corpus Christi

143-mile, 1.75-hour drive
www.cctexas.com

If you're coming to Texas a few days before the Annual Meeting or if you're staying a few days after, consider heading south from San Antonio to Corpus Christi. This coastal area has great views and great bird watching.

ENTERTAINMENT

San Antonio offers plenty for you to do when you're not attending Annual Meeting sessions. There are tours, museums, Spanish missions like the famed Alamo, theme parks, a dude ranch, and much more. The attractions and other entertainment options in this guide are sorted by type and by distance from the San Antonio Marriott Rivercenter hotel where the Annual Meeting is being held.

FIESTA SAN ANTONIO

Fiesta San Antonio

0.1-mile, 3-minute walk
Various locations
www.fiesta-sa.org

The Annual Meeting coincides with San Antonio's largest public festival: Fiesta San Antonio. The annual festival runs from April 16-26 in 2015, and events take place across San Antonio including at locations in walking distance from the Marriott Rivercenter. Fiesta San Antonio started more than 120 years ago as a parade to honor the memory of the heroes of the Alamo and the Battle of San Jacinto. It's since grown to a citywide, 10-day festival featuring about 100 events that offer music, food, sports, pageantry, military observances, exhibits, and parades.



Dancers perform on stage at the Arneson River Theater during Fiesta San Antonio. Photo courtesy of visitsanantonio.com.

TOURS

Rio San Antonio Cruises

0.2-mile, 3-minute walk
849 East Commerce Street, (210) 244-5700
www.riosanantonio.com

Step aboard a river-cruising barge for an exciting and entertaining narrative of the rich history of the San Antonio River. Cruises are about 35 minutes long and cover 1.5 miles of the beautiful San Antonio River Walk. Tickets are available at several locations including 849 East Commerce Street.

City Sightseeing Double Decker San Antonio

0.3-mile, 6-minute walk
204 Alamo Plaza, (210) 224-8687
www.citysightseeingtours.com/sanantonio

City Sightseeing Double Decker San Antonio operates an open-top double-decker tour of the city. Tours begin every 20 minutes, all day, every day from Alamo Plaza, Market Square, HemisFair Park, and six other central locations. It is a hop-on, hop-off service; pay on boarding. There is an on-board commentary and a great view.

Sisters Grimm Ghost Tours

0.3-mile, 6-minute walk
204 Alamo Plaza, (210) 638-1338
www.sistersgrimmghosttour.com

Join Sisters Grimm Ghost Tours for a walk through the streets of old San Antonio as guides recount stories of the past and bring history alive. Meet native tour guides whose ancestry originates with the early founders of San Antonio. Dressed in period costumes, they will use lanterns to light the way through the strange and unusual tales of centuries past.

ENTERTAINMENT

Fork in the River Food Tour

0.4-mile, 8-minute walk
317 Alamo Plaza, (888) 368-6874
www.foodtourssanantonio.com

Fork in the River provides a food tour of San Antonio's River Walk. Sample some of the area's finest cuisine and get a bit of culinary and historical education, all while taking in beautiful views of the city's iconic River Walk.

Alamo Trolley

0.4-mile, 8-minute walk
216 Alamo Plaza, (210) 247-0238
www.thealamotrolley.com

Explore San Antonio aboard the friendliest San Antonio trolley tour in town: The Alamo Trolley. This narrated tour will take you to the heart of old San Antonio to discover treasured cultural attractions: the Alamo, Tower of the Americas, the River Walk, Market Square, the Mission Trail, and more. Enjoy all-day unlimited re-boarding at the Alamo Trolley Hop Stops with your hop pass.

HISTORICAL ATTRACTIONS

The Alamo

0.4-mile, 7-minute walk
300 Alamo Plaza, (210) 225-1391
www.thealamo.org

More than 2.5 million people a year visit the 4.2-acre complex known worldwide as "The Alamo." For more than 300 years, the Alamo has been a crossroads of Texas history. Here Spanish colonization took hold and Mexico later armed its independence. Still later, a small band of Texans held out for 13 days against the large army of Mexican Gen. Antonio López de Santa Anna. Texas eventually declared independence from Mexico and became the 28th U.S. state in 1845.



San Antonio's Alamo, a Spanish mission that played a key role in Texas' independence from Mexico, is shown at dusk. *Photo courtesy of visitsanantonio.com.*

San Fernando Cathedral

0.8-mile, 3-minute walk
115 Main Plaza, (210) 227-1297
www.bit.ly/SAcathedral

Often considered the heart and soul of San Antonio, San Fernando Cathedral has played an integral part in the city's growth. Built in 1738, its history includes both religious and secular duties. Texas hero James Bowie married Ursula de Veramendi in its sanctuary, and Mexican Gen. Antonio López de Santa Anna used the church as a lookout. San Fernando still serves the city as the cathedral of the Diocese of San Antonio.

Spanish Governor's Palace

0.9-mile, 4-minute walk
105 Plaza de Armas, (210) 224-0601
www.bit.ly/SAgovpalace

A national historic landmark labeled "the most beautiful building in San Antonio" by the National Geographic Society, the Spanish Governor's Palace once housed the officials of the Spanish Province of Texas. Above the entrance is the original keystone which contains the carved, double-headed eagle of the Hapsburg coat-of-arms and the inscription, in Spanish, "finished in 1749." Distinguishing features include period furnishings and a cobblestone patio with fountain and foliage.

San Antonio Missions National Historical Park

5.4-mile, 10-minute drive
6701 San Jose Drive, (210) 932-1001
www.bit.ly/SAmissionspark

The four southernmost Spanish colonial missions—Concepción, San José, San Juan, and Espada—are included in the San Antonio Missions National Historical Park. The missions are walled compounds encompassing a church and buildings where priests and local Native Americans lived and worked. All four mission churches still have active Catholic parishes that hold regular services. Every 30 minutes, the park's Visitor's Center in Mission San José shows *Gente de Razon*, which tells the story of life in the missions during the 1700s.

MUSEUMS

Buckhorn Museum and the Texas Ranger Museum

0.6-mile, 30-minute walk
318 East Houston Street, (210) 247-4000
www.buckhornmuseum.com

Established in 1881, the Buckhorn Museum features one-of-a-kind animal exhibits, a historic saloon, a café, and

ENTERTAINMENT

the Texas Ranger Museum. Explore the newly remodeled animal halls, practice your sharp-shooting skills in the Toepperwein Shooting Gallery, and explore hundreds of rare and unique animal species from around the world.

Institute of Texan Cultures

0.8-mile, 3-minute walk
801 East Cesar Chavez Boulevard, (210) 458-2300
www.texancultures.com

The Institute of Texan Cultures features exhibits, programs, and special events that examine and promote heritage, ethnicity, history, social issues, and popular culture. Visitors learn the stories of immigrants who settled in Texas and contributed to its modern, multicultural society. The institute is located in HemisFair Park, steps from the Tower of the Americas.

San Antonio Museum of Art

1.2-mile, 4-minute drive
200 West Jones Avenue, (210) 978-8100
www.samuseum.org

The San Antonio Museum of Art houses five millennia of art in a complex of buildings that was once the Lone Star Brewery. The museum is renowned for its collections of Latin American, Asian, and ancient Mediterranean art as well as a growing and notable contemporary collection.

FAMILY FUN

San Antonio Children's Museum

0.6-mile, 3-minute walk
305 East Houston Street, (210) 212-4453
www.sakids.org

Three floors of interactive exhibits include the Tot Spot, where kids play to learn and adults learn to play.

San Antonio Zoo and Aquarium

3.5-mile, 6-minute drive
3903 North St. Mary's Street, (210) 734-7184
www.sazoo-aq.org

With more than 8,500 animals including African wildlife and Amazon creatures, the zoo has one of the largest animal collections in the country.

Witte Museum H-E-B Science Treehouse

3.8-mile, 8-minute drive
3801 Broadway, (210) 357-1900
www.witemuseum.org

This learning center has four floors of hands-on science exhibits for all ages and is connected to a unique treehouse building overlooking the river.

Morgan's Wonderland

11.9-mile, 14-minute drive
5223 David Edwards Drive, (210) 495-5888
www.morganswonderland.com

Designed as a place where "everyone can play," this was the world's first theme park fully accessible to people with special needs. Wheelchair swings, a bigger-than-life train, a carousel, a fishing wharf, live music concerts, and a high-tech sensory village are among the specially-designed rides and attractions.

Six Flags Fiesta Texas

12.6-mile, 14-minute drive
17000 IH 10 West, (210) 697-5050
www.sixflags.com/fiestatexas

This theme park has more than 50 rides and attractions, ranging from children's rides in Kidzopolis to the Goliath roller coaster.

SeaWorld San Antonio

18.1-mile, 21-minute drive
10500 SeaWorld Drive, (800) 700-7786
www.seaworldparks.com/seaworld-sanantonio

The world's largest marine life park lets visitors meet Shamu, feed dolphins, and more. Aquatica, SeaWorld's waterpark, is designed as a South Seas oasis with all the amenities of a beachside resort including terraced pools, a giant wave pool, meandering crystal-blue rivers, sandy beaches, and private cabanas.



Children touch dolphins at SeaWorld San Antonio. Photo courtesy of visitsanantonio.com.

ENTERTAINMENT

Natural Bridge Caverns

27-mile, 31-minute drive

26495 Natural Bridge Caverns Road, New Braunfels, TX,
(210) 651-6101

www.naturalbridgecaverns.com

The largest cavern in Texas features a 60-foot limestone bridge and descends to 180 feet with formations called Sherwood Forest and the Castle of the White Giants. There are two regular tours a day, or you can opt for rappelling gear, helmets, and headlamps. The Canopy Challenge & Zip Lines has four zip lines, a climbing obstacle course, and a children's area. And you can get an up-close view of millions of bats emerging at dusk from Bracken Cave, home of the world's largest bat colony.

Schlitterbahn

32-mile, 37-minute drive

305 West Austin Street, New Braunfels, TX, (830) 625-2351

www.schlitterbahn.com

This waterpark has been ranked number one by the Travel Channel. Located on the banks of the spring-fed Comal River, Schlitterbahn has tube chutes, water slides, uphill water coasters, a whitewater river, and more.

HILL COUNTRY

Hyatt Hill Country Golf Club

17.4-mile, 19-minute drive

9800 Hyatt Resort Drive, (210) 520-4040

www.hyatthillcountrygolf.com

This 10,369-yard course is beautiful, dramatic, and balanced. It has rolling meadows, steep hillsides, wooded ravines, and tree-shaded plateaus as well as the tranquil threat of lakes and ponds.



The Hyatt Hill Country Golf Club's course features a variety of shot challenges and strategically-placed bunkers and grassy hollows. *Photo courtesy of visitsanantonio.com.*

Enchanted Springs Ranch

35.5-mile, 36-minute drive

242 State Hwy 46 West, Boerne, TX, (830) 249-8222

www.enchantedspringsranch.com

This 86-acre working ranch lets you watch gunfighters in a frontier town right out of the 1800s; take a wagon ride through a wild animal park with longhorns, horses, buffalo, and zebras; and then chow down at a chuck wagon dinner.

Hill Country Wine Tours

72-mile, 1-hour drive

Fredericksburg, TX, (830) 329-9463

www.hcwinetours.com

Hill Country Wine Tours visit the best wineries in the Hill Country. Call ahead for reservations and details.

Wildseed Farms

77-mile, 1.3-hour drive

100 Legacy Drive, Fredericksburg, TX, (830) 990-8090

www.wildseedfarms.com

Wildseed Farms, a large working wildflower farm, opens its doors seven days a week for visitors to enjoy the seasonally-blooming fields; the gift shop full of home decor, specialty foods, Texas wines, wildflower seed, and more; and the plant nursery, which includes a great selection of pottery. While ladies shop, gentlemen can sip a cold brew.

Enchanted Rock State Natural Area

90-mile, 1.5-hour drive

16710 Ranch Road, Fredericksburg, TX, (830) 685-3636

www.bit.ly/SAenchantedrock

Enchanted Rock State Natural Area consists of 1,643.5 acres on Big Sandy Creek. It was designated a National Natural Landmark in 1970, and was placed on the National Register of Historic Places in 1984. The "rock" is a huge, pink granite exfoliation dome that rises 425 feet above ground and covers 640 acres. It is one of the largest underground rock formations uncovered by erosion in the United States.

MUSIC/THEATER

Arneson River Theater

0.5-mile, 11-minute walk

418 Villita Street, (210) 207-8612

www.arnesonrivertheater.com

This beautiful and historic theater, located along the San Antonio River in the La Villita Historic Arts Village, is the perfect outdoor venue to watch a dance or musical performance.

ENTERTAINMENT

Aztec Theatre

0.6-mile, 12-minute walk
104 North St. Mary's Street, (210) 812-4355
www.theaztectheatre.com

The Aztec Theatre is San Antonio's oldest theater and newest entertainment venue. The Aztec Theatre is a beautifully restored Meso-American masterpiece built in 1926. Today, it's a live-music venue featuring everything from rock to blues to Latino.

Tobin Center for the Performing Arts

0.7-mile, 14-minute walk
100 Auditorium Circle, (210) 223-3333
www.tobincenter.org

The Tobin Center for the Performing Arts brings an eclectic mix of arts and music to the dynamic downtown San Antonio area. The Tobin Center combines modern design and historic architecture, preserving and incorporating the original facade of the historic Municipal Auditorium into new additions. Patrons can enjoy performances in the state-of-the-art 1,759-seat performance hall, as well as the 250-seat studio theater and the outdoor performance plaza that connects to the River Walk. The Tobin Center is the home of the San Antonio Symphony, Ballet San Antonio, Opera San Antonio, The Children's Chorus of San Antonio, and more.

The Guadalupe Cultural Arts Center

2.2-mile, 7-minute drive
723 South Brazos Street, (210) 271-3151
www.guadalupeculturalarts.org

Each year the Guadalupe presents and produces a season of events, exhibitions, and festivals including the San Antonio CineFestival, the Tejano Conjunto Festival en San Antonio, the San Antonio Inter-American Bookfair Literary Festival, and plays by the resident youth theater company Grupo Animo.

The Playhouse San Antonio

4-mile, 8-minute drive
800 West Ashby Place, (210) 733-7258
www.theplayhousesa.org

Majestically rising through the trees of San Pedro Park, this elegant Greek Revival-style playhouse hosts plays that are as dramatic and colorful as the venue itself. The actors who grace the stage put on quality live-theater musicals, comedies, and dramas.

RESTAURANTS

Classic Tex-Mex, tender barbecue, traditional Italian, Old World German, and contemporary Southwestern fare are just a few of the options you'll find in San Antonio's cafés, restaurants, and bistros. Many restaurants are a few blocks from the San Antonio Marriott Rivercenter hotel where the Annual Meeting is being held. Stroll the nearby River Walk to find restaurants where you can sit under a colorful umbrella, get a delicious meal, and watch the river flow by.

The restaurants in this guide are sorted by distance from the Marriott Rivercenter and by average price. Rankings are out of five stars and come from the San Antonio Convention & Visitors Bureau via TripAdvisor. Restaurant attire is casual unless otherwise noted.

Reservations are strongly recommended for restaurants costing \$12 or more—otherwise you may face hour-long waits or booked restaurants. You may want to make reservations before the trip or days in advance for some of the more popular eateries.

WITHIN 0.5 MILE OF MARRIOTT RIVERCENTER

(15-minute walk or less)

\$12 OR LESS

Casa Rio (Mexican)

0.3-mile, 7-minute walk
3.5 stars
Lunch and dinner
430 East Commerce Street, (210) 225-6718
www.casa-rio.com

Casa Rio was the first San Antonio business to open its doors to the River Walk. It boasts a wide selection of delicious Mexican foods.

Jerry's Chicago Style Hotdogs (American)

0.5-mile, 13-minute walk
4.5 stars
Lunch
149 East Commerce Street, (210) 465-8200

Jerry's has a great menu of fries and dogs. The draw is the perfect presentation of the Chicago-style hotdog.

RESTAURANTS

\$13 TO \$30

River's Edge Café and Bar (American and South Texas)

0.4-mile, 8-minute walk

3.5 stars

Breakfast, lunch, and dinner

200 South Alamo Street, (210) 270-0786

www.riversedgecafesa.com

Café employees treat each guest like family and serve wonderful meals sourced from local farms whenever possible.

The County Line (Texas-Style BBQ)

0.4-mile, 9-minute walk

3.5 stars

Lunch and dinner

111 West Crockett Street, Suite 104, (210) 229-1941

www.bit.ly/SACountyline

It's been located on the River Walk for nearly 30 years. Be sure to try the jalapeño hush puppies with wild pork sauce. Gluten free items are available.



The County Line restaurant serves up all-you-can-eat BBQ platters, family style. *Photo courtesy of The County Line.*

Landry's Seafood (Gulf Coast Seafood)

0.5-mile, 10-minute walk

4 stars

Lunch and dinner

517 North Presa Street, (210) 229-1010

www.landryseafood.com

This restaurant has been serving award-winning seafood for more than 60 years. It offers guests a taste of Gulf Coast tradition.

\$31 TO \$60

Fogo De Chao (Brazilian-Style Steak House)

0.1-mile, 3-minute walk

4.5 stars

Lunch and dinner

849 East Commerce Street, (210) 227-1700

www.bit.ly/SAfododechao

Guacho chefs expertly grill each of this steak house's 16 cuts of meat and offer continuous tableside service. Online reservations available. *Dressy attire suggested.*

Boudro's (Texan-Style Bistro)

0.4-mile, 9-minute walk

4 stars

Breakfast/brunch, lunch, and dinner

205 North Presa Street, (210) 224-8484

www.boudros.com

Enjoy smoked shrimp enchiladas, blackened prime rib, and seafood straight from the Gulf. Online reservations available.

Little Rhein Steak House (Steak House)

0.4-mile, 8-minute walk

4 stars

Dinner

231 South Alamo Street, (210) 225-2111

www.littlerheinsteakhouse.com

Located in La Villita on the River Walk since 1967, the Little Rhein Steak House is recognized for its prime USDA steaks, superior wine list, and rustic charm. *Dressy attire suggested.*

Tre Trattoria (Italian)

0.5-mile, 11-minute walk

4 stars

Breakfast, lunch, and dinner

401 South Alamo Street, (210) 223-0401

www.tretrattoria.com

Step into this authentic Tuscan Italian restaurant and enjoy remarkable views of beautiful HemisFair Park and San Antonio's notable Tower of Americas. Online reservations available.

Zocca Cuisine D'Italia (Italian)

0.5-mile, 11-minute walk

4.5 stars

Breakfast/brunch, lunch, and dinner

420 West Market Street, (210) 444-6070

www.zoccariverwalk.com

This restaurant offers a contemporary twist on classic Italian fare.

RESTAURANTS

0.5 TO 1 MILE FROM MARRIOTT RIVERCENTER

(10- to 20-minute walk)

\$12 OR LESS

The Station Café (Pizza and Sandwiches)

0.8-mile, 17-minute walk

4 stars

Lunch and dinner

701 South Saint Mary's Street, (210) 444-2200

www.thestationsa.com

The habanero roast beef sandwich is a favorite. The café also offers vegetarian and vegan options.

Cadillac Bar Restaurant (Mexican)

0.9-mile, 18-minute walk

4 stars

Lunch and dinner

212 South Flores Street, (210) 223-5533

www.sawhost.com/cadillac

Enjoy Mexican-inspired steak and seafood creations at Cadillac Bar Restaurant.

HB's (Delicatessen)

1-mile, 20-minute walk

4.5 stars

Breakfast and lunch

304 South Flores Street, (210) 227-5560

HB's has friendly service and its breakfast tacos are a must-try.

The Friendly Spot Ice House (Patio)

1-mile, 20-minute walk

4.5 stars

Dinner and weekend brunch

943 South Alamo Street, (210) 224-2337

www.thefriendlyspot.com

A San Antonio King William District staple. The micheladas, a Mexican beer cocktail, are delicious.

Hot Joy (Asian Fusion)

1-mile, 20-minute walk

4 stars

Lunch and dinner

1014 South Alamo Street

www.hotjoysa.com

Hot Joy's menu is funky, spicy, and radically flavored. The restaurant was featured in *bon appétit's* 2014 list of 10 hot new San Antonio restaurants.

\$13 TO \$30

The Fig Tree (Contemporary American and French)

0.6-mile, 9-minute walk

4 stars

Dinner

515 Villita Street, (210) 224-1976

www.figtreetrestaurant.com

Delicate, highly-composed dishes such as seared nori tempura, yellow-fin tuna, and cold-water Australian lobster with drawn butter are menu standouts. *Dressy attire suggested.*

Bella on the River (Italian)

0.6-mile, 13-minute walk

4.5 stars

Dinner

106 Riverwalk Street, (210) 404-2355

www.bellaontheriver.com

Bella's small and intimate wine bar and dining room are unique and special on the River Walk. *Dressy attire suggested.*



The River Walk's Bella on the River restaurant offers unique dishes like seafood paella. Photo courtesy of Bella on the River.

Luke (German and French)

0.7-mile, 15-minute walk

4 stars

Lunch and dinner

125 East Houston Street, (210) 227-5853

www.lukesanantonio.com

Featuring a menu of authentic Old World cuisine, Luke combines classic German and French cooking techniques with a New Orleans touch.

RESTAURANTS

Acenar (Tex-Mex)

0.7-mile, 15-minute walk

4 stars

Lunch and dinner

146 East Houston Street, (210) 222-2362

www.acenar.com

Experience house-made salsas, chiles rellenos, mole, and more.

Mi Tierra (Tex-Mex)

1-mile, 22-minute walk

4 stars

Breakfast, lunch, and dinner (open 24 hours)

218 Produce Row, (210) 225-1262

www.mitierracafe.com

It's one of the oldest, biggest, and best Tex-Mex restaurants around. The food is great, there's a bakery on site, and the festive decorations are more than worth the trip. Online reservations available.

Feast (Mediterranean)

1-mile, 20-minute walk

4.5 stars

Dinner and Sunday brunch

1024 South Alamo Street, (210) 354-1024

www.feastsa.com

The menu changes seasonally at this restaurant specializing in American cuisine with a Mediterranean flair.

\$31 TO \$60

Biga on the Banks (American)

0.6-mile, 13-minute walk

4.5 stars

Dinner

203 South Saint Mary's Street, (210) 225-0722

www.biga.com

Fine dining has never meant "fussy" to Chef Bruce Auden. Biga's ambiance is relaxed—San Antonio style. *Dressy attire suggested.*

Bohanan's Prime Steak and Seafood (Texas-Style Steak House)

0.6-mile, 13-minute walk

4.5 stars

Lunch and dinner

219 East Houston Street, (210) 472-2600

www.bohanans.com

Bohanan's delivers a blend of Texas spirit with Old World charm. *Dressy attire suggested.*

SWEETS

Belgian Sweets (Belgian)

0.4-mile, 9-minute walk

4 stars

524 East Houston Street, (210) 468-5366

This shop serves up real Belgian waffles.

Mi Tierra Bakery (Mexican)

1-mile, 22-minute walk

4 stars

www.mitierracafe.com

218 Produce Row, (210) 225-1262

Make sure to try the homemade Mexican candy.



A musical trio sings to a group of guests in the main dining room of Mi Tierra, a popular restaurant known for its festive decorations and on-site bakery. *Photo courtesy of Mi Tierra.*

El Sol Bakery (Mexican)

1-mile, 20-minute walk

4 stars

728 South Presa Street, (210) 227-9888

www.elsolbakeryinc.com

Specializing in Mexican-style sweet breads, El Sol has more than 35 different types of whole grain breads and pastries.

WINE AND COCKTAILS

Davenport Lounge

0.4-mile, 9-minute walk

4 stars

203 North Presa Street, (210) 224-5635

www.the-dav.com

The cucumber martini is a favorite of locals and visitors alike. There's live music every night.

RESTAURANTS

The Local Bar

0.5-mile, 10-minute walk

4.5 stars

600 North Presa Street, (210) 267-9885

www.thelocalbarsa.com

The Local Bar is dubbed downtown San Antonio's friendliest neighborhood bar, where the locals hang out. Happy hour runs every day from 3 p.m. to 7 p.m. with a "reverse happy hour" from 9 p.m. to 11 p.m.

SoHo Wine & Martini Bar

0.5-mile, 11-minute walk

4 stars

214 West Crockett Street, (210) 444-1000

www.sohomartinibar.com

SoHo Wine & Martini Bar claims to bring New York City to San Antonio. The bar is located in the historic San Antonio Loan and Trust building, and the original vault—used until 1892—serves as the wine cellar.

Howl at the Moon

0.5-mile, 10-minute walk

4 stars

111 West Crockett Street, #201, (210) 212-4770

www.howlatthemoon.com/san-antonio

With live dueling pianos, Howl at the Moon is part bar and part concert.

Beethoven Maennerchor Beer Garden

1.2-mile, 24-minute walk

422 Pereida Street, (210) 222-1521

www.facebook.com/the.Beethoven

Beethoven's is the quintessential "biergarten." Great atmosphere, varied brews, and delicious German cuisine provide a nice reminder of San Antonio's German heritage. There are 12 German beers on tap, from Spaten Lager to Warsteiner Dunkel.

MARGARITAS

Café Ole

0.4-mile, 9-minute walk

521 Riverwalk Street, (210) 223-2939

Home of the 60-ounce margarita.

Esquire Tavern

0.6-mile, 13-minute walk

155 East Commerce Street, (210) 222-2521

www.esquiretavern-sa.com

As the oldest bar on the River Walk, Esquire Tavern has had 80 years to perfect its margarita recipe.



The "nuestra margarita" at Esquire Tavern is an homage to South Texas and tequila. It's made with two different tequilas: a highland reposado and a lowland blanco. *Photo courtesy of Esquire Tavern.*

Iron Cactus

0.6-mile, 12-minute walk

200 Riverwalk Street, Suite 100, (210) 224-9835

www.ironcactus.com

Get \$5 house margaritas during happy hour, held Monday through Friday from 3 p.m. to 6 p.m.

Rosario's Mexican Café Y Cantina

0.9-mile, 18-minute walk

910 South Alamo Street, (210) 223-1806

www.rosariosa.com

Rosario's offers more than half a dozen specialty margaritas like the "la piña," which is infused with grilled pineapple and jalapeño.

MEETING PARTICIPANT DISCOUNTS

The San Antonio Convention & Visitors Bureau partners with downtown San Antonio businesses to offer discounts and special offers to visitors in the city for a meeting. To take advantage, you need only show your SBM Annual Meeting badge.

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Visit www.bit.ly/SAbadge to see what “Show Us Your Badge” offers are currently available.

This guide was completed using information from the San Antonio Convention & Visitors Bureau (visitsanantonio.com), San Antonio International Airport, VIA Metropolitan Transit, TripAdvisor, Yelp, Smarter Travel, U.S. Climate Data, the U.S. Census Bureau, the Alamo, the Fiesta San Antonio Commission, and Weider History.