



SOCIETY OF
BEHAVIORAL
MEDICINE

**ETCD Council Conference Call
MINUTES**

Tuesday, June 9, 2020

11:00 a.m. PT/12:00 p.m. MT/1:00 p.m. CT/2:00 p.m. ET
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In Attendance

Valerie Myers, PhD (chair)
Jamie Bodenlos, PhD
Amy Huebschmann, MD
Andrea Kozak, PhD
Morgan Lee, PhD, MPH
Carina Mnich, MSc (guest)
Lori Pbert, PhD
Sherri Sheinfeld Gorin, PhD
Andrew Schmidt (staff)

Regrets

Courtney P. Bonner, PhD
Vicki DiLillo, PhD
Karen Oliver, PhD

Welcome and Minutes

The May 2020 ETCD Council call minutes were approved as written.

Dr. Myers welcomed Carina Mnich, MSc as the new ETCD Council/Student SIG liaison.

Consultation Program Needs Assessment

Continuing the discussion from the previous council call, Dr. Myers asked council members for their thoughts about revitalizing the consultation program. Ms. Mnich reported that during their most recent call, the Student SIG reviewed the consultation program and agreed that career development topics would likely be the most relevant for students. The SIG also discussed whether SBM might be able to offer some sort of peer mentorship or networking solution for early-career members, after noting that the consultation program seems to focus on quick questions and discourage longer-term interaction between members.

Dr. Pbert noted that SBM previously hosted a mentoring program similar to that envisioned by the Student SIG, but that the burden of one-on-one mentoring for volunteers was high until uptake among members dropped off and the program was sunsetted.

Dr. Sheinfeld Gorin suggested that adopting a structure like that offered by the mid-career Leadership Institute, with peer mentorship groups led by one or two senior SBM members, could alleviate Dr. Huebschmann added that the Meet the Fellows sessions similarly groups members by interests and career stage, and that some participants in recent years have continued to meet as impromptu peer

mentorship groups after the conference. As such, there seems like there is already interest among members in additional SBM career development resources outside the Annual Meeting in general, and in the peer group mentorship format in particular.

The council considered recruitment strategies for new consultants and/or mentorship group leaders. Both Meet the Fellows and the Leadership Institute pull from the roster of SBM Fellows for prospective volunteers, looking to newly appointed Fellows in particular as members who may be interested in becoming more involved with. The council agreed that Fellows would also likely be the best candidates for mentorship/consultation program volunteers, however several council members underlined the importance of clearly setting expectations for the kinds of mentoring that will be offered and workload for volunteers in any recruiting outreach.

Returning to the consultation program specifically, Dr. Myers asked the council for potential questions for a needs assessment that could be sent to SBM's new survey panel before finalizing the new webform and reaching out to prospective consultants. Dr. Huebschmann proposed asking the survey panel to define generally what "consultation" from SBM does or should mean to members. This would help the council better understand which topics are most in demand and hopefully contribute to a more useful, and more popular, consultation program.

Next steps:

- Ms. Mnich will solicit suggestions from the Student SIG regarding limited mentoring and/or career development-focused consultation programs, and share the SIG's thoughts during the July ETCD Council call.

Council members are asked to share potential questions for a needs assessment with Dr. Myers and Mr. Schmidt via email before the next council call. In particular, members should provide suggested consultation topics (by research area or career stage). A list of potential topics will then be added to a questionnaire for the survey panel, while initial invitations to serve as consultants will be extended to the SBM Champions and Member Delegates.

Farewell and Thank You to ETCD Members Karen Oliver and Lori Pbert

Dr. Myers notified the council that Drs. Oliver and Pbert would be stepping down from the ETCD following the call. The council thanked them for their many years of service and wished them well in their future endeavors.

Next Meeting

July 14, 2020; 1 p.m. ET