

SOCIETY *of* BEHAVIORAL MEDICINE
Better Health Through Behavior Change

PRELIMINARY PROGRAM



San Francisco

CALIFORNIA

MARCH 20-23, 2013 ★ 34TH ANNUAL MEETING & SCIENTIFIC SESSIONS ★ HILTON UNION SQUARE



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SCIENTIFIC PROGRAM

All scientific sessions will take place at the:
Hilton San Francisco Union Square
333 O'Farrell Street
San Francisco, CA 94102
Telephone: (415) 771-1400

CONFERENCE HOTEL

Conference Rate:
\$230.00 Single or Double plus 15.58% state and local taxes, fees and assessments.
Hilton San Francisco Union Square
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The Hilton San Francisco Union Square will serve as the main hotel for 34th Annual Meeting & Scientific Sessions attendees. To reserve a room electronically visit www.sbm.org and click on the Housing and Transportation link. To reserve a room by phone, call 1-800-445-8667; to ensure you receive the conference room rate ask for a room in the SBM 2013 Annual Meeting & Scientific Sessions room block held March 20-23, 2013.

ONSITE REGISTRATION HOURS

Wednesday, March 20, 2013 7:00 am – 7:00 pm
Thursday, March 21, 2013 7:00 am – 7:00 pm
Friday, March 22, 2013 7:00 am – 7:00 pm
Saturday, March 23, 2013 7:00 am – 11:00 am
Online registration can be found at www.sbm.org.

REGISTRATION FEES

The base Annual Meeting registration fee includes admittance to all educational sessions that do not require a ticket.

	Early-Bird Fees Before February 21, 2013	Onsite Fees On or after February 21, 2013
SBM Members		
Full/Associate/ Emeritus	\$345	\$395
Transitional	\$290	\$340
Student/Trainee	\$155	\$205
Non-Members		
Non-Member	\$645	\$695
Non-Member Student/ Trainee	\$332	\$382
One-Day		
One-Day Registration	\$318	\$368

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RENEW YOUR MEMBERSHIP OR JOIN SBM NOW... ATTEND THE ANNUAL MEETING AS A MEMBER AND ENJOY:

Money savings:

Student/Trainee SBM members pay a \$155 registration fee saving \$80 compared to Non-Members!

Transitional SBM members pay a \$290 registration fee saving \$145 compared to Non-Members!

Compared to Non-Members, Full and Associate SBM members attending the Annual Meeting also pay less in registration fees PLUS enjoy...

Member benefits, including:

- Subscription to SBM's two journals: *Annals of Behavioral Medicine* and *Translational Behavioral Medicine: Practice, Policy, Research*
- Electronic access to three additional behavioral medicine journals: *Journal of Behavioral Medicine*, *International Journal of Behavioral Medicine* and *Journal of Behavioral Health Services and Research*
- Membership in the International Society of Behavioral Medicine (ISBM)
- Eligibility to receive SBM Achievement Awards
- Free Membership in SBM Special Interest Groups with access to listservs that facilitate critical networking with colleagues sharing similar behavioral medicine interests.
- Access to SBM's Expert Consultation Service
- Online access to the "Members Only" section of the SBM website, www.sbm.org, including the searchable membership directory
- 25% discount on all books published by Springer

Membership renewal forms can be found at the Member's Only section of the SBM website at www.sbm.org. Membership applications can be found on the SBM website at www.sbm.org

CANCELLATION POLICY

Any registration cancellations must be due to professional and/or personal/family health emergencies and be made in writing directly to the SBM national office by March 20, 2013. All cancellations are subject to a non-refundable \$50 administrative fee. Refunds will be processed following the Annual Meeting.

CONTINUING EDUCATION INFORMATION

Conference attendees who wish to receive a continuing education certificate for attendance at the 2013 Annual Meeting, must follow these steps:

1. Purchase continuing education credits, using the 2013 Annual Meeting Registration Form, or in person at the SBM registration desk.
2. Within 30 days following the Annual Meeting (starting Saturday, March 23, 2013 and ending, Friday, April 16, 2013), complete an online evaluation form. Registration packets for attendees who purchased continuing education credits (distributed onsite) will include a link to the online form. The SBM national office will also email the link to these attendees. The evaluation form does ask questions pertaining to attended sessions so it might be helpful to take session notes. Immediately after attendees complete

the online evaluation, continuing education certificates will be emailed to the address indicated on the evaluation. Certificates are available ONLY to attendees who purchased continuing education credits AND completed the online evaluation.

PHYSICIANS

Accreditation Statement This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Institute for the Advancement of Human Behavior (IAHB) and the Society of Behavioral Medicine (SBM). The IAHB is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement The IAHB designates this live activity for a maximum of **33.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES AND NURSE PRACTITIONERS

The Institute for Advancement of Human Behavior is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This course is co-provided by IAHB and the Society of Behavioral Medicine (SBM). Maximum of **33.50** contact hours.

PSYCHOLOGISTS

The Society of Behavioral Medicine (SBM) is approved by the American Psychological Association to offer continuing education for psychologists. SBM maintains responsibility for this program and its content. Maximum of **33.50** hours.

CERTIFIED HEALTH EDUCATION SPECIALISTS

This program has been submitted for approval to the National Commission for Health Education Credentialing, Inc.

DIETICIANS

Dieticians may earn a total of up to **33.50** CPEUs by attending this conference. Please see the PDP guidelines at www.cdrnet.org for further explanation of requirements.

OVERVIEW

The theme for the 34th Annual Meeting & Scientific Sessions is "Technology: The Excitement and the Evidence." Each program track has been designed to encourage presentations that are relevant on a cross-dimensional level within the field of behavioral medicine.

TARGET AUDIENCE

The Society of Behavioral Medicine Annual Meeting represents the largest annual scientific conference (1,600 + attendees) devoted exclusively to behavioral medicine. The Annual Meeting offers a multidisciplinary forum for psychologists, physicians, nurses, nurse practitioners, health education specialists, registered dieticians and other professionals with a range of expertise from research in health promotions, disease prevention, risk factor identification and modification, disease progression, adjustment and adaptation to physical disorders, rehabilitation, and diffusion and dissemination.

LEARNING OBJECTIVES

Upon completion of the 34th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine delegates can be expected to:

1. List examples of successful tobacco cessation strategies.
2. Generate examples of effective tools for screening and treating patients for obesity.
3. Describe evidence-based therapies that are currently not being widely implemented in clinical practice.
4. Summarize key research findings related to physical activity, nutrition, and creative engagement among patients and their role in preventing cognitive decline, improving cognitive functioning, and enhancing the capacity for resilience.
5. Identify specific components of internet and technology behavior change interventions that are associated with successful behavior change.

INSTRUCTIONAL LEVEL

To be compliant with accreditation policies we have been asked to specify the instructional level for each session eligible for Continuing Education credits. The instructional level for this year's scientific sessions range from beginner to advanced. Each eligible session is indicated with a specific instructional level code:

- ★ – Advanced
- – Intermediate/Advanced
- △ – Intermediate
- ✚ – Beginner/Intermediate
- – Beginner

PROGRAM TRACKS

- Adherence
- Behavioral Medicine in Clinical and Medical Settings
- Biological Mechanisms in Health and Behavior Change
- Complementary and Integrative Medicine
- Environmental and Contextual Factors in Health and Behavior Change
- Health Communication and Technology
- Health Decision Making
- Health Promotion
- Measurement and Methods
- Population, Health Policy and Advocacy
- Psychological and Person Factors in Health and Behavior Change
- Quality of Life
- Racial, Ethnic, and Cultural Factors in Health
- Spirituality
- Translation of Research to Practice

PRELIMINARY PROGRAM

SESSION TYPES AND MEETING FEATURES

DEFINITIONS BY SESSION TYPES

The 34th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine offers meeting attendees educational opportunities in a variety of formats. The following session types and meetings feature definitions which are offered to assist you in understanding the features of each session type and in selecting the type of instruction best suited to your educational needs.

BREAKFAST ROUNDTABLES

Breakfast Roundtables are held on Thursday and Friday mornings during the meeting. Breakfast Roundtables are interactive meetings with discussion centered on topics of interest to a specific portion of the meeting audience or a Special Interest Group (SIG). A continental breakfast is provided. Admission to these sessions is by name badge.

COURSES

Courses are held on Wednesday afternoon during the meeting. Admission to courses is by ticket only (with fee) and seating is limited.

DINNERS WITH AN EXPERT

~ More information to be included in the Final Program.

EXPERT CONSULTATIONS

~ More information to be included in the Final Program.

GENERAL SESSIONS-KEYNOTE ADDRESS AND MASTER LECTURES

General Sessions scheduled for Thursday, Friday, and Saturday during the meeting include the Keynote Addresses and Master Lectures. These sessions are the premier educational sessions of the Society of Behavioral Medicine Annual Meeting & Scientific Sessions. Speakers will present on topics of interest to the overall meeting audience in a didactic or pro-con debate format. Admission to these sessions is by name badge.

MIDDAY MEETINGS

Midday Meetings are interactive meetings held by one of the various Special Interest Groups (SIGs) or SBM Councils/Committees. Admission to these sessions is by name badge.

PANEL DISCUSSIONS

These 60 minute sessions focus on specific topics with various viewpoints expressed by a panel of experts. These hard hitting sessions have tackled such topics in the past as "Work/Life Balance: Challenges and Solutions for Women in Behavioral Medicine" and "NIH Peer Review: Advice for Applicants." Admission to these sessions is by name badge.

PAPER SESSIONS

Paper Sessions are offered on Thursday, Friday and Saturday during the meeting. Paper Sessions are based on accepted abstracts clustered around common themes and presented via oral presentations that are approximately 18 minutes in length. Admission to these sessions is by name badge.

POSTER SESSIONS

Poster Sessions featuring presentations of accepted abstracts in thematic groupings will take place on each day during the meeting. Poster Sessions allow abstract authors to discuss their research with interested colleagues for 90 minutes in an informal setting. Poster Sessions are a great way to see the latest research in the field while socializing with colleagues. Admission to the Poster Hall is by name badge.

SEMINARS

Seminars are held on Wednesday afternoon. They include presentations by approximately three speakers. Speakers are asked to emphasize the theory and application of practical skills and have the ability to interact with participants to a greater degree due to the smaller size of these sessions. Admission to Seminars is by ticket only (with fee) and seating is limited.

SYMPOSIA

Symposia are held on Thursday and Friday during the meeting. Symposia are didactic presentations that last 90 minutes. Presenters will examine important issues from a variety of different perspectives. Presentations and debate among presenters will address alternative solutions, interpretations, or points-of-view on an identified body of knowledge within the advertised topic area or theme. Admission to these sessions is by name badge.

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MEETING AT A GLANCE

TUESDAY, MARCH 19, 2013

Start	End	Title
9:00 am	5:00 pm	Workshop 02: <i>mHealth Brief Training Institute</i>
2:00 pm	6:00 pm	Workshop 01: <i>Stress & Obesity: Basic, Translational & Clinical Perspectives</i>

*Sessions not eligible for CE credit hours

WEDNESDAY, MARCH 20, 2013

Start	End	Title
7:00 am	7:00 pm	Registration Open
9:00 am	11:45 am	Course 101: offered by the Evidence-Based Behavioral Medicine Special Interest Group <i>"Translating the Evidence into Practice: Challenges and Implementation"</i>
9:00 am	11:45 am	Course 201: offered by the Ethnic, Minority, and Multicultural Health Special Interest Group <i>"Adapting Evidence-Based Interventions for Latino Medical Populations: Theoretical and Applied Considerations"</i>
9:00 am	11:45 am	Course 301: offered by the Cancer Special Interest Group <i>"Mock Grant Review"</i>
12:00 pm	6:00 pm	Course 401: offered by the Cancer Special Interest Group and the Ethnic, Minority, and Multicultural Health Special Interest Group, the International Society of Behavioral Science and American Psychological Association Division 38 <i>"Interventions across Cancer Care Continuum: Development, Dissemination, and the Promise of New Technology"</i>
12:00 pm	6:00 pm	Seminar 01: Problem-Solving Therapy for Depression Comorbid with Medical Illness
12:00 pm	6:00 pm	Seminar 02: NIH Grant Writing Seminar for Early Career Researchers
12:00 pm	6:00 pm	Seminar 03: Applying Integrative Data Analytic Methods to Population-Level Cross-Sectional Survey Data
12:00 pm	6:00 pm	Seminar 04: Mindfulness-Based Eating Awareness Training (MB-EAT): Theory and Practices
12:00 pm	2:45 pm	Seminar 05: Introduction to Item Response Theory (IRT) and its Applications for Questionnaire Design and Evaluation in Behavioral Medicine
12:00 pm	2:45 pm	Seminar 06: An End to Brilliant and Irrelevant Research and Practice: Integrating Behavioral Medicine Research into the Patient Centered Medical Home
3:15 pm	6:00 pm	Seminar 07: Clinical Seminar in Behavioral Activation Treatment for Depression with Comorbid Health Conditions
3:15 pm	6:00 pm	Seminar 08: Promoting Patient Engagement in Medical Care among Patients with Comorbid Psychiatric and Medical Conditions: Using Antiviral Therapy for Hepatitis C as a Model
3:15 pm	6:00 pm	Seminar 09: Basic Android Programming for Behavioral Scientists
6:30 pm	8:00 pm	Poster Session A; includes Meritorious and Citation Posters*

*Sessions not eligible for CE credit hours

PRELIMINARY PROGRAM

MEETING AT A GLANCE

THURSDAY, MARCH 21, 2013

Start	End	Title
7:00 am	7:00 pm	Registration Open
7:30 am	8:30 am	Breakfast Roundtables*
8:45 am	10:15 am	Featured Symposium: <i>"Patient-Centered Outcomes Research Institute and Partners: Improving Patient Outcomes through Behavioral Medicine Research"</i>
8:45 am	10:15 am	Symposia
10:30 am	11:30 am	Opening Keynote Address: <i>"Three Lessons from Coaching Thousands of Tiny Habits"</i> BJ Fogg, PhD Founder and Director, Persuasive Technology Lab, Stanford University
11:45 am	12:45 pm	Midday Meetings*/Panel Discussions/Expert Consultations*
1:00 pm	1:45 pm	Master Lecture <i>"Improving the Design and Implementation of Behavioral Intervention Technologies for Depression"</i> David C. Mohr, PhD Director, Center for Behavioral Intervention Technologies, Professor, Preventive Medicine, Northwestern University
1:00 pm	1:45 pm	Master Lecture: <i>"Can't We All Just Get Along? The Art and Science of Transdisciplinary Team Science"</i> Daniel S. Stokols, PhD Chancellor's Professor, Department of Planning, Policy & Design, and Department of Psychology and Social Behavior, School of Ecology, University of California, Irvine
2:00 pm	3:30 pm	Presidential Symposium: <i>"Incremental vs. Transformative Behavioral Medicine: How do We Achieve a Balance"</i>
2:00 pm	3:30 pm	Symposia
3:45 pm	5:15 pm	Paper Sessions
5:30 pm	7:00 pm	Presidential Keynote Address and Awards Ceremony Alan J. Christensen, PhD Professor and Collegiate Fellow, Department of Psychology, Professor, Internal Medicine, University of Iowa
7:00 pm	8:30 pm	Poster Session B*

*Sessions not eligible for CE credit hours

MEETING AT A GLANCE

FRIDAY, MARCH 22, 2013

Start	End	Title
7:00 am	7:00 pm	Registration Open
7:30 am	8:30 am	Breakfast Roundtables*
8:45 am	10:15 am	Featured Symposium: <i>"Navigating the New Waters of Digital Health Research and Institutional Review Boards"</i>
8:45 am	10:15 am	Symposia
10:30 am	11:30 am	Keynote Address: <i>"Patient Reported Outcomes Data in Action – Real Time Information for Clinical Care and Research"</i> Amy P. Abernethy, MD Associate Professor, Duke University Schools of Medicine and Nursing, Director, Duke Center for Learning Health Care/Duke Clinical Research Institute, Duke Cancer Research Program/Duke Cancer Institute
11:45 am	12:45 pm	Midday Meetings*/Panel Discussions/Expert Consultations*
1:00 pm	1:45 pm	Distinguished Scientist Master Lecture: <i>"Psychological Factors and the Pathophysiology of Type 2 Diabetes: A 30 Year Perspective"</i> Richard S. Surwit, PhD Professor and former Vice Chair for Research and Chief of the Division of Medical Psychology, the Department of Psychiatry & Behavioral Sciences at Duke University School of Medicine
1:00 pm	1:45 pm	Master Lecture: <i>"What to Do with a Patient Who Smokes: Bridging the Gap Between the Clinic and the Community"</i> Steven A. Schroeder, MD Distinguished Professor of Health and Healthcare, University of California, San Francisco
2:00 pm	3:30 pm	Featured Symposium: <i>"Patterns in Well-Being and Health Behaviors Among Long-Term Cancer Survivors: Results of the American Cancer Society's Study of Cancer Survivors"</i>
2:00 pm	3:30 pm	Symposia
3:45 pm	5:15 pm	Paper Sessions
5:30 pm	6:30 pm	Keynote Address: <i>"Take a Hike: Exercise, Brain & Cognition"</i> Arthur F. Kramer, PhD Director, Beckman Institute for Advanced Science & Technology; Swanlund Chair and Professor, Psychology and Neuroscience, University of Illinois
6:30 pm	8:00 pm	Poster Session C*

*Sessions not eligible for CE credit hours

PRELIMINARY PROGRAM

MEETING AT A GLANCE

SATURDAY, MARCH 23, 2013

Start	End	Title
7:00 am	11:00 am	Registration Open*
8:45 am	10:15 am	Paper Sessions
10:15 am	11:45 am	Poster Session D*
10:30 am	11:15 am	Master Lecture: <i>"How and for Whom? Toward Developing Maximally Effective Psychosocial Interventions for Adults Living with Chronic Disease"</i> Annette L. Stanton, PhD Professor of Psychology and Psychiatry/Biobehavioral Sciences, University of California, Los Angeles
10:30 am	11:15 am	Master Lecture: <i>"Using Technology for Prevention in Defined Populations: Body Image, Obesity, Eating Disorders"</i> C. Barr Taylor, MD Professor of Psychiatry & Behavioral Science, Stanford University School of Medicine
11:45 am	12:45 pm	Closing Keynote Panel: <i>"Health Behavior Research and Practice via Social Media and Social Networks"</i> Sheana S. Bull, PhD Professor of Health and Behavioral Sciences, University of Colorado, Denver Nathan K. Cobb, MD Research Investigator, Schroeder Institute for Tobacco Research and Policy Studies James H. Fowler, PhD Professor, School of Medicine and Division of Social Sciences, University of California, San Diego James R. Smarr, MS software engineer and technical lead, Google+ project Moderator: Abby C. King, PhD Professor, Health Research & Policy and Medicine, Stanford University Medical School

*Sessions not eligible for CE credit hours

SCIENTIFIC SESSIONS – TUESDAY, MARCH 19, 2013

2:00 pm – 6:15 pm **Workshop 01: Stress & Obesity: Basic, Translational & Clinical Perspectives**

An NIH and SBM-sponsored Pre-Conference Workshop
Plaza B, Lobby Level

Organized by: Elissa Epel, PhD, University of California, San Francisco (UCSF); Catherine Stoney, PhD, National Heart, Lung, and Blood Institute (NHLBI); Susan M. Czajkowski, PhD, NHLBI; and Christine Hunter, PhD, National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)

AGENDA

2:00 pm – 2:15 pm **Introduction & Overview: What Do We Know about Stress & Obesity?**
Elissa Epel, PhD, UCSF

2:15 pm – 4:00pm **Basic Science Perspectives**
Moderator: Elissa Epel, PhD, UCSF

Animal Models of Stress Eating
Mary Dallman, PhD, UCSF

Cognitive Function and Stress in Obesity: A Lifespan Approach
John Gunstad, PhD, Kent State University

Stress, Neurobiology & Eating Behavior
Rajita Sinha, PhD, Yale School of Medicine

Discussion
Catherine Stoney, PhD, NHLBI

4:00 pm – 4:15 pm **Break**

4:15 pm – 6:00 pm **Translational & Clinical Perspectives**
Moderator: Susan M. Czajkowski, PhD, NHLBI

Stress, Eating Behavior, and Obesity in Low-Income Children: Identifying Novel Targets for Intervention
Alison Miller, PhD, University of Michigan

The MAMAS Study: Strategies to Improve Self-Regulation & Promote Healthy Weight Gain in Pregnancy
Barbara Laraia, PhD, UCSF


Stress, Positive Affect Induction, and Behavior Change
Mary Charlson, MD, Weill Cornell Medical College

Discussion
Christine Hunter, PhD, NIDDK

6:00 pm – 6:15 pm **Summary and Future Directions: What Do We Need to Know about Stress and Obesity?**
Deborah Olster, PhD, Office of Behavioral and Social Science Research (OBSSR)


PRELIMINARY PROGRAM

SCIENTIFIC SESSIONS – TUESDAY, MARCH 19, 2013

9:00 am – 5:00 pm	Workshop 02: mHealth Brief Training Institute  an NIH sponsored pre-conference workshop <i>Plaza A, Lobby Level</i> The mHealth Institute is designed to provide behavioral and social scientists tools to successfully add mobile health technologies to their research in a collaborative team environment with mentorship from leaders in the fields of engineering, medicine and the behavioral and social sciences. The one-day Institute provides participants with an overview of the central multidisciplinary aspects of mobile and wireless research. The training will follow a project from conception through analysis led by a panel of experts. Participants will be involved in didactic sessions targeting major cross-cutting research issues and interdisciplinary team exercises developing a mHealth research project. Using mobile technologies to more rapidly and accurately assess and modify behavior, biological states and contextual variables has great potential to transform health research. Recent advances in mobile technologies and the ubiquitous nature of these technologies in daily life (e.g., smart phones, sensors) have created opportunities for behavioral and social sciences research applications that were not previously possible (e.g., simultaneously assessing behavioral, physiological, and psychological states in the real world and in real-time). The use of mobile technology affords numerous methodological advantages over traditional methods, including reduced memory bias, the ability to capture time-intensive longitudinal data, date- and time-stamped data, and the potential for personalizing information in real-time. However, challenges in mobile health (or mHealth) research exist. Importantly, much of the work being done in mHealth arises from single disciplines without integration of the behavioral, social sciences and clinical research fields. Without integration, mobile technologies will not be maximally effective. The NIH mHealth Training Institute addresses these scientific silos by bringing together scientists from diverse fields to enhance the quality of mHealth research. The training will work with experts in mHealth to follow a project from conception through analysis. Topics include: <ul style="list-style-type: none">• Development: What are the steps of development? Who is on your team, and what do they need to know to help you?• Design: Designing well so you can make something that people will use and it will be secure.• Assessment: How and when to sample? Balancing burden, battery life and data tsunamis.• Methodology: Designs to evaluate mHealth in the fast-paced world of technology.• Evaluation: Missing data, machine learning, longitudinal data analysis, modeling and visualization.
9:00 am - 10:15 am	Module 1: Defining the Problem Donna Spruijt-Metz, PhD University of Southern California
10:15 am – 10:30 am	Break
10:30 am - 12:00 pm	Module 2: User-Centered Design Larry Suarez and Iana Simeonov University of California-San Francisco
12:00 pm - 1:00 pm	Break
1:00 pm - 2:15 pm	Module 3: Technology and Assessment Wendy Nilsen, PhD Office of Behavioral and Social Sciences Research, National Institutes of Health
2:15 pm - 2:30 pm	Break
2:30 pm – 4:00 pm	Module 4: Research Methodology William Riley, PhD National Cancer Institute, National Institutes of Health
4:00 pm - 5:00 pm	Bringing it All Together and Closing Discussion

SCIENTIFIC SESSIONS – WEDNESDAY, MARCH 20, 2013

7:00 am – 7:00 pm **Registration Desk Opens**

9:00 am – 11:45 am **Course 101** 

offered by the Evidence-Based Behavioral Medicine Special Interest Group:
“Translating the Evidence into Practice: Challenges and Implementation”

Plaza A, Lobby Level

Chair: Bonnie Spring, PhD, ABPP


Co-Presenters: Joanna Buscemi, PhD and Michael J. Coons, PhD

Pre-registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$90/ Student/Trainees or Transitional Members: \$60/ Non-Members: \$105

Fee includes beverages

Evidence-based treatments delivered by an interprofessional team are the current gold standard of care in medical settings. Consistently delivering these types of interventions dramatically improves health outcomes and reduces health care costs. However, the process of evaluating the empirical evidence and implementing the best treatment given the context and available resources can present unique challenges. This pre-conference course combines didactic and interactive learning geared toward health care professionals across disciplines aimed at giving attendees a better understanding of evidence-based practice and implementation challenges. First, general instruction in the five steps of the evidence-based practice process and the three data strands that it integrates will be described (e.g., best available scientific evidence, patient preferences and clinical expertise). Second, we will introduce how systematic reviews and treatment guidelines inform evidence-based practice, including information about how to critically appraise the quality of the research. For the interactive portion, the attendees will be broken into small groups and will be given a systematic review from which to extract information regarding overall findings and practice/policy implications. Group members will then be given specific clinical “scenarios” that vary (e.g., interdisciplinary vs interprofessional; SES of population; minorities/no minorities; resources; urban/rural; diverse patient characteristics) and will be asked to follow the 3 circles taught previously to devise a treatment plan. Finally, each group will be given a series of implementation challenges to resolve. Group members will play conflicting roles in this process to solve common implementation problems.

9:00 am – 11:45 am **Course 201** 

offered by the Ethnic, Minority, and Multicultural Health Special Interest Group:
“Adapting Evidence-Based Interventions for Latino Medical Populations: Theoretical and Applied Considerations”

Plaza B, Lobby Level

Chair: C. Andres Bedoya, PhD

Co-Presenters: John S. Wiebe, PhD; Felipe Gonzalez Castro, PhD, MSW; and Julia Lechuga, PhD

Pre-registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$90/ Student/Trainees or Transitional Members: \$60/ Non-Members: \$105

Fee includes beverages


This 2-hour and 45-minute interactive workshop will provide an in-depth discussion on the process of culturally adapting evidence-based interventions for Latino medical populations. Presenters will discuss strategies used in adapting evidence-based prevention and treatment interventions, using examples from diverse clinical and public health settings. The workshop will address both the decision-making process and practical decision rules that can be applied along this path. This would include conceptualizing culture and context, selecting a framework and level of adaptation, identifying core intervention components, involving the target population and identifying factors that influence cultural relevance and adaptation mismatch. These issues will be addressed as relevant to Latinos, with an emphasis on practical strategies for resolving the competing imperatives of maintaining fidelity to the original intervention and adapting the intervention to meet the needs of the cultural group.

The workshop will have three phases.

Phase I – Didactic material on theory and empirically-based practice, with concrete research examples.

Phase II – Application of material through use of vignettes.

Phase III – Application of materials through intervention challenges presented by course attendees; general question and answer session.

9:00 am – 11:45 am **Course 301** 

offered by the Cancer Special Interest Group:
“Mock Grant Review”

Continental 02, Ballroom Level

Chair: Aimee James, PhD, MPH

Co-Presenters: Kristi D. Graves, PhD and Felicity W.K. Harper, PhD, MS, BA

PRELIMINARY PROGRAM

SCIENTIFIC SESSIONS – WEDNESDAY, MARCH 20, 2013

Pre-registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$90/ Student/Trainees or Transitional Members: \$60/ Non-Members: \$105

Fee includes beverages

The Mock Grant Review provides an in-depth look at how grants are reviewed and illustrates principles of successful grant writing.

Attendees will observe a study section, review actual grant proposals, learn about study section processes, receive tips about grant writing and responding to reviewer comments, and have the opportunity to ask questions of the panel. A select number of applicants (3-4) will be able to have their proposal reviewed during the seminar. Grants to be discussed are selected in a competitive manner for fit, breadth and potential. The review panel is drawn from individuals with several years of grant reviewing experience, and will be tailored to the proposals under discussion.

12:00 pm – 6:00 pm **Course 401** ➦

offered by the Cancer Special Interest Group, the Ethnic, Minority, and Multicultural Health Special Interest Group, the International Society of Behavioral Medicine, and the American Psychological Association Division 38: "Interventions Across Cancer Care Continuum: Development, Dissemination, and the Promise of New Technology"

Plaza A, Lobby Level

Chair: Michael A. Diefenbach, PhD

Pre-registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$128/ Student/Trainees or Transitional Members: \$90/ Non-Members: \$148

Fee includes snacks

This pre-conference event has the overarching goal to inform attendees about the state of the science in intervention development, dissemination, and new technologies for cancer patients. There will be three blocks of lectures by various speakers, each lasting approximately 1 hour and 45 min devoted to each of the three sub topics (i.e., intervention development, dissemination, new technology). Block 1 will consist of an overview of theories in intervention research, intervention types (e.g., symptom management, emotional regulation, etc.) and behavioral interventions (e.g., smoking cessation, adherence, etc). Block 2 will focus on screening promotion in diverse communities and the use of non-RCT methodology, treatment disparities in cancer care and survivorship and patient navigation among minority populations. Block 3 will discuss web and mobile-based interventions, and their integration into the clinic using electronic medical records.

This pre-conference event is co-sponsored by APA's Division 38 Health Psychology (Annette Stanton, PhD, President). It is designed to be the first in a series of 3 linked events that will take place at the 2013 annual meetings of the Society of Behavioral Medicine, the American Psychological Association, and in 2014 during the International Congress of Behavioral Medicine. It is our hope to attract members from each organization to attend these linked events and thus provide a forum for the exchange of ideas by researchers and clinicians who would normally not attend each others annual meetings.

12:00 pm – 6:00 pm **Full-Day Seminars**

Pre-registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$125/ Student/Trainees or Transitional Members: \$75/ Non-Members: \$175

Seminar 01: Problem-Solving Therapy for Depression Comorbid with Medical Illness ➦

Plaza B, Lobby Level

Lead Presenter: Arthur M. Nezu, PhD, Drexel University, Philadelphia, PA

Co-Presenter: Christine M. Nezu, PhD, Drexel University, Philadelphia, PA

Seminar 02: NIH Grant Writing Seminar for Early Career Researchers ➦

Continental 02, Ballroom Level

Lead Presenter: Wendy Nilsen, PhD, National Institutes of Health, Bethesda, MD

Co-Presenters: Susan Czajkowski, PhD, National Institutes of Health, Bethesda, MD; Michael Stirratt, PhD, National Institutes of Health, Bethesda, MD; Stacey Fitzsimmons, PhD, National Institutes of Health, Bethesda, MD; Heather Patrick, PhD, National Institutes of Health, Bethesda, MD; Jane Simoni, PhD, University of Washington, Seattle, WA; Francis Keefe, PhD, Duke University, Chapel Hill, NC; Michaela Kiernan, PhD, Stanford University, Stanford, CA

Seminar 03: Applying Integrative Data Analytic Methods to Population-Level Cross-Sectional Survey Data △

Continental 08, Ballroom Level

Lead Presenter: Richard P. Moser, PhD, Division of Cancer Control and Population Sciences, National Cancer Institute, Bethesda, MD

Co-Presenters: Sana Naveed, MPH, Division of Cancer Control and Population Sciences, National Cancer Institute, Bethesda, MD; Benmei Liu, PhD, Division of Cancer Control and Population Sciences, National Cancer Institute,

SCIENTIFIC SESSIONS – WEDNESDAY, MARCH 20, 2013

Bethesda, MD; Mandi Yu, PhD, Division of Cancer Control and Population Sciences, National Cancer Institute, Bethesda, MD; Lila F. Rutten, MPH, PhD, Department of Health Sciences Research, Mayo Clinic, Rochester, MN; Kelly Blake, ScD, Division of Cancer Control and Population Sciences, National Cancer Institute, Bethesda, MD; William Riley, PhD, Division of Cancer Control and Population Sciences, National Cancer Institute, Bethesda, MD

Seminar 04: Mindfulness-Based Eating Awareness Training (MB-EAT): Theory and Practices △

Union Square 15-16, 4th Floor

Lead Presenter: Jean L. Kristeller, PhD, Psychology, Indiana State University, Terre Haute, IN

12:00 pm – 2:45 pm Early Half-Day Seminars

Pre-registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$100/ Student/Trainees or Transitional Members: \$50/ Non-Members: \$125

Seminar 05: Introduction to Item Response Theory (IRT) and its Applications for Questionnaire Design and Evaluation in Behavioral Medicine ✚

Union Square 19-20, 4th Floor

Lead Presenter: Bryce B. Reeve, PhD, University of North Carolina-Chapel Hill, Chapel Hill, NC

Co-Presenter: Angela Stover, Doctoral Student, University of North Carolina-Chapel Hill, Chapel Hill, NC

Seminar 06: An End to Brilliant and Irrelevant Research and Practice: Integrating Behavioral Medicine Research into the Patient Centered Medical Home ■

Union Square 22, 4th Floor

Lead Presenter: Rodger Kessler, PhD, ABPP, Family Medicine, University of Vermont College of Medicine, Burlington, VT

3:15 pm – 6:00 pm Late Half-Day Seminars

Pre-registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$100/ Student/Trainees or Transitional Members: \$50/ Non-Members: \$125

Seminar 07: Clinical Seminar in Behavioral Activation Treatment for Depression with Comorbid Health Conditions ✚

Union Square 19-20, 4th Floor

Lead Presenter: Kristin Schneider, PhD, Psychology, Rosalind Franklin University, North Chicago, IL

Seminar 08: Promoting Patient Engagement in Medical Care among Patients with Comorbid Psychiatric and Medical Conditions: Using Antiviral Therapy for Hepatitis C as a Model ✚

Union Square 22, 4th Floor

Lead Presenter: Megan Oser, PhD, Psychiatry, Brigham & Women's Hospital, Harvard Medical School, Boston, MA

Co-Presenters: Maggie Chariter, PsyD, MPH, Clinical Public Health, Department of Veterans Affairs, Office of Public Health, San Francisco, CA; Donna Evon, PhD, Department of Medicine, Division of Gastroenterology and Hepatology, University of North Carolina-Chapel Hill, Chapel Hill, NC

Seminar 09: Basic Android Programming for Behavioral Scientists ✚

Union Square 23-24, 4th Floor

Lead Presenter: Yuelin Li, PhD, Psychiatry and Behavioral Sciences, Memorial Sloan-Kettering Cancer Center, New York, NY

6:30 pm – 8:00 pm Poster Session A*

includes Citation and Meritorious Abstract Winners

Golden Gate Rooms, Lobby Level

Plan on joining colleagues as SBM celebrates those abstracts that have received Citation and Meritorious Awards. This poster session will provide attendees with their first opportunity to meet exhibitors as well as network with other attendees. A cash bar and complimentary hors d'oeuvres will be provided.

PRELIMINARY PROGRAM

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

7:00 am – 7:00 pm **Registration Open**

7:30 am – 8:30 am **Breakfast Roundtables***

Admission by Name Badge

Behavioral Informatics Special Interest Group: Technology Preview

Union Square 19-20, 4th Floor

Moderator: Timothy Bickmore, PhD

The Behavioral Informatics SIG will host a preview of the day's technology-oriented talks, panels, and symposia, with speakers providing brief summaries of their presentations. The meeting will also provide an open forum for discussion of the technology-related activities at the SBM meeting.

Educational, Training and Career Development Council and Student Special Interest Group present:

"How to Get the Most Out of a Post-doctoral Fellowship in Behavioral Medicine: Choosing, Using, and Moving On"

Union Square 17-1, 4th Floor

Moderator: Tracey A. Revenson, PhD

Co-Presenters: Danielle L. Beatty, PhD; Sarah Corey, PhD; Laura P. Forsythe, PhD, MPH; Sarah E. Woolf-King, PhD, MPH

This session will provide trainees in behavioral medicine with a better understanding of the post-doctoral training experience. Although post-doctoral training positions are relatively common, most trainees have limited opportunities to discuss if, where, how, and why they should participate in post-doctoral training. This session will begin with an overview of the diverse benefits of a post-doctoral fellowship, followed by a moderated question and answer session with a candid panel of current, recent, and past post-doctoral fellows. Topics of discussion will include deciding if a post-doctoral training experience is right for you, selecting and obtaining a position, optimizing your training experiences, and transitioning after your fellowship. This session will be useful to current trainees at any phase who are interested in thinking forward about their career trajectory.

Ethnic Minority and Multicultural Health Special Interest Group Business Meeting

Union Square 01-02, 4th Floor

Moderators: Hayley S. Thompson, PhD; Frank Sotelo, BA

The business meeting will include presentation of two research awards recognizing the work of a student/trainee and an early investigator, as well as discussion of other SIG issues.

Health Decision Making Special Interest Group Breakfast Roundtable

Union Square 03-04, 4th Floor

Moderators: Suzanne C. O'Neill, PhD; Jennifer Hay, PhD

Annual Health Decision Making Special Interest Group Meeting and Awards Ceremony

Physical Activity Special Interest Group Breakfast Roundtable

Continental 08, Ballroom Level

Moderators: David X. Marquez, PhD; Matthew P. Buman, PhD

Spirituality and Health Special Interest Group Business Meeting

Union Square 05-06, 4th Floor

Moderators: Amy Wachholtz, PhD (chair); Crystal Park, PhD (past-chair)

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

8:45 am – 10:15 am **Featured Symposium 01:**

"Patient-Centered Outcomes Research Institute (PCORI) and Partners: Improving Patient Outcomes through Behavioral Medicine Research" +

Plaza A, Lobby Level

Admission by Name Badge

Chair: Suzanne O'Neill, PhD, Georgetown University, Washington, DC

Presenters: Suzanne O'Neill, PhD, Georgetown University, Washington, DC; Thomas K. Houston, MD, MPH, University of Massachusetts Medical School, Worcester, MA; Mary E. Cooley, RN, PhD, Dana-Farber Cancer Institute, Boston, MA; Joe V. Selby, MD, MPH, PCORI, Washington, DC

Discussant: Sara J. Knight, Department of Veterans Affairs, Veterans Health Admin., Office of Research and Development, Washington, DC

The Patient-Centered Outcomes Research Institute (PCORI) was authorized by Congress to conduct research that provides the best available evidence to help patients and providers to make more informed health decisions. The work of behavioral medicine researchers and clinicians sits at the center of many PCORI initiatives, such as the assessment of prevention, diagnosis and treatment options, communication and dissemination research, and addressing health disparities. This symposium, a collaboration between SBM's Health Decision Making Special Interest Group and Public Policy Leadership Group and PCORI staff, is designed to stimulate thought and discussion about ways in which behavioral medicine research complements PCORI's vision. We will present an overview of PCORI's mission and its relevance to behavioral medicine research and practice as illustrated by the research of two SBM members and PCORI award recipients. Special attention will be given by all of the speakers to Stakeholder Engagement, a key aspect of PCORI-funded research. Dr. O'Neill will introduce the symposium. Dr. Selby will describe PCORI's national mandate and priorities. Dr. Houston will discuss PERSPeCT, an adaptive computer system that provides personalized, persuasive communication to support lifestyle choices. Dr. Cooley will present her decision support system for improving management and outcomes of those with cancer. Dr. Knight will place the symposium in the context of behavioral medicine research, with a specific focus on health decision making and public policy, and will facilitate audience discussion.

8:45 am – 10:15 am **Symposia**

Admission by Name Badge

Symposium 01: Why Weigh Every Day? Interventions Promoting Daily Weighing Across the Weight Management Spectrum △

Plaza B, Lobby Level

Symposium 02: Tweet to Treat: Harnessing Twitter for Smoking Cessation △

Continental 02, Ballroom Level

Symposium 03: Understanding Young Adult Cancer Patients and Survivors: Symptom Management, Health-Related Quality of Life, and Health Behaviors +

Continental 08, Ballroom Level

Symposium 04: The Use of Emergent Technology to Assess and Intervene with Multiple Health Behaviors in Racial/Ethnic Minority Populations △

Cosponsored by the Behavioral Informatics Special Interest Group; the Ethnic, Minority, and Multicultural Health Special Interest Group and the Multiple Health Behavior Change Special Interest Group

Union Square 15-16, 4th Floor

Symposium 05: Translation of Non-Traditional Lifestyle Behavior Change Interventions into Real-World Clinical Settings +

Union Square 19-20, 4th Floor

Symposium 06: Overcoming Challenges in Developing and Implementing Technology-Based Tools to Improve Health-Related Decisions and Behaviors: Lessons Learned +

Union Square 22, 4th Floor

Symposium 07: Supporting and Facilitating Chronic Disease Management: Lessons Learned from Diabetes +

Union Square 23-24, 4th Floor

Symposium 08: Spiritually Informed Interventions for Behavioral Medicine +

Continental 01, Ballroom Level

PRELIMINARY PROGRAM

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

Symposium 09: Adapting CBT Interventions for Use with Marginalized Patient Groups Managing the Challenges of HIV, Mental Health, and Substance Use ■

Continental 03, Ballroom Level

Symposium 10: Moving Through Space and Time: Using Technology to Improve “On-the-Ground” Health Assessment and Communication ★

Continental 07, Ballroom Level

Symposium 11: Using Technology to Deliver Interventions to Improve Health: How “Soft Touch” is “High Tech”? △

Continental 09, Ballroom Level

10:30 am – 11:30 am **Opening Keynote Address:**

“Three Lessons from Coaching Thousands of Tiny Habits”

Admission by Name Badge

Continental 04-06, Ballroom Level

BJ Fogg, PhD

Founder and Director, Persuasive Technology Lab, Stanford University



11:45 am – 12:45 pm **Expert Consultations***

Admission by Name Badge

Union Square 25, 4th Floor

11:45 am – 12:45 pm **Midday Meetings***

Admission by Name Badge

Cancer Special Interest Group and Health Decision Making Special Interest Group: Affect, Intuition and Decision Making Across the Cancer Continuum

Moderators: Michael A. Diefenbach, PhD; Suzanne C. O'Neill PhD

Continental 09, Ballroom Level

The purpose of this meeting is to be a forum to discuss the role of affect and intuition in the decision making process, using decisions across the cancer continuum as exemplars. To start the moderator-facilitated discussions, we will have three brief presentations covering distinct topics. In the first presentation, Marc Kiviniemi, PhD, will discuss his work on the interplay of cognitively-based constructs (e.g., expected utility) and affectively-based constructs (feelings associated with health behaviors) and experiments examining the effect of manipulated affective associations on behavior. In the second presentation, Jennifer Hay, PhD, will discuss her research in inner-city, primary care populations examining affective and intuitive factors in cancer risk perceptions and: 1) patient activation to engage in proactive prevention activities and physician discussion, and 2) adoption of colorectal cancer screening in Spanish- and Haitian-Creole-speaking primary care populations. Finally, Michael Diefenbach, PhD, will present results from quantitative and qualitative data on the role of affect in decision making among prostate cancer patients who experience a rising PSA and who contemplate a hormonal treatment approach. Implications for intervention development will be discussed. Speaker presentations will be brief to ensure time for audience participation and exchange of ideas and experiences.

Child and Family Health Special Interest Group Meeting

Continental 07, Ballroom Level

Moderator: Kenneth Tercyak, PhD

In addition to covering SIG business, we will host a research presentation on frontiers in pediatric behavioral medicine with guest speaker Marian Fitzgibbon, PhD, University of Illinois at Chicago.

Evidence-Based Behavioral Medicine Special Interest Group Meeting

Union Square 03-04, 4th Floor

Moderators: Karen Oliver, PhD; Sherri Sheinfeld-Gorin, PhD

Business Meeting and Outstanding Student/Trainee Award Presentation

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

Integrated Primary Care Special Interest Group Working Business Meeting

Union Square 01-02, 4th Floor

Moderator: Mark E. Vogel, PhD

Please join us to discuss ways to become more actively involved in the IPC SIG. We will specifically focus on:

1. Review/update of IPC research projects across the country
2. Collaborative efforts with other organizations promoting IPC efforts
3. Update on programs that provide training in integrated primary care
4. Opportunity to network with potential collaborator

Military and Veterans' Health SIG presents: Expanding Career Possibilities in Behavioral Medicine in the Veterans Health Administration and the Department of Defense

Continental 03, Ballroom Level

Moderators: Jolyn Tatum, PhD; Amanda McCorkindale, PsyD

This dynamic session will highlight the expanding career opportunities in Behavioral Medicine in the Veterans Affairs, Veterans Health Administration (VHA) and the Department of Defense (DoD). The career options in the VHA and DoD offer the unique chance to incorporate the profession of Behavioral Medicine with the exceptional opportunity to serve those who serve our country. Panel will include Christopher Hunter PhD, CDR, US Public Health Service, the DoD Program Manager for Behavioral Health in Primary Care in the Office of the Chief Medical Officer and Michael G. Goldstein, MD, the Associate Chief Consultant for Preventive Medicine Office of Patient Care Services VHA, Durham, NC. Panelists will discuss the expansions in the role of Behavioral Medicine in the VHA and the DoD and the careers associated with these recent expansions.

Obesity & Eating Disorders Special Interest Group, Theories & Techniques of Behavior Change Interventions Special Interest Group, and Physical Activity Special Interest Group present: The Role of Behavior Change Theories in Behavioral Interventions for Obesity: Opportunities & Challenges

Union Square 05-06, 4th Floor

Moderators: Stephanie L. Fitzpatrick, PhD; Alex Rothman, PhD; David Marquez, PhD, FACS

Behavioral interventions to treat obesity are based formally or informally on theories of behavior change. Theories of behavior change provide a framework for understanding the social and psychological processes that underlie the behavioral changes that must occur to produce the primary outcome of interest in an obesity intervention (e.g., weight loss). However, the specific linkages between intervention strategies and the guiding theoretical principles are often poorly specified and infrequently measured and tested. Too many intervention studies fail to capitalize on the opportunity to test the hypothesized influence of the constructs identified in these theories (e.g., self-efficacy, social support, intrinsic motivation). However, intervention studies are also constrained by the limited guidance provided by current theories of behavior change. This session will allow members of the Obesity & Eating Disorders SIG, Theories & Techniques of Behavior Change Interventions SIG, and Physical Activity SIG to come together to discuss the interdependence between theory and intervention in obesity intervention research and how new strategies (including those afforded by new technological innovations) could be developed to address gaps in this research area. Ideas for future SIG collaborations will also be discussed.

Student Special Interest Group Applying to Psychology Internships in Behavioral Medicine

Plaza B, Lobby Level

Moderator: Heather McGinty, MA

Whether you are planning on attending graduate school in clinical psychology or about to begin the internship process, this session is for you. Join a panel of speakers for presentations addressing how to be competitive for internships, the application process itself, and strategies for interviews and ranking internship sites.

11:45 am – 12:45 pm **Panel Discussions**

Admission by Name Badge

Panel Discussion 01: Operationalizing Culture for Health Behavior and Social Science Research ▲

Continental 02, Ballroom Level

Panel Discussion 02: Novel Approaches for Integrating Religion and Spirituality into Health Treatment ▲

Continental 08, Ballroom Level

Panel Discussion 03: A Qualitative Investigation of How to Use Technology to Improve Participation in MOVE!® among Veterans with Mental Illness ◆

Union Square 15-16, 4th Floor

PRELIMINARY PROGRAM

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

Panel Discussion 04: Social Policy Panel on Cigarette Graphic Warning Labels △

Union Square 19-20, 4th Floor

Panel Discussion 05: Graduate Student Research Panel Discussion ●

Plaza A, Lobby Level

Panel Discussion 06: Interventions with Older Latinos: Challenges and a Cultural Paradigm to Address the Challenges +

Union Square 22, 4th Floor

Panel Discussion 07: Quantified Self - How This Large Movement of Self Trackers Can Help Advance Behavioral Science +

Union Square 23-24, 4th Floor

Panel Discussion 08: What Did You Change Your Mind About?: Science and the Role of Knowledge, Reason and Data +

Continental 01, Ballroom Level

1:00 pm – 1:45 pm

Master Lecture

“Improving the Design and Implementation of Behavioral Intervention Technologies for Depression”

Admission by Name Badge

Plaza A, Lobby Level

David C. Mohr, PhD

Director, Center for Behavioral Intervention Technologies, Professor, Preventive Medicine, Northwestern University



1:00 pm – 1:45 pm

Master Lecture:

“Can’t We All Just Get Along? The Art and Science of Transdisciplinary Team Science”

Admission by Name Badge

Plaza B, Lobby Level

Daniel S. Stokols, PhD

Chancellor’s Professor, Department of Planning, Policy & Design, and Department of Psychology and Social Behavior, School of Ecology, University of California, Irvine



2:00 pm – 3:30 pm

Presidential Symposium:

“Incremental vs. Transformative Behavioral Medicine: How do We Achieve a Balance?”

Admission by Name Badge

Plaza A, Lobby Level

Chairs: Alan J. Christensen, PhD, University of Iowa, Iowa City, IA; Susan M. Czajkowski, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD

Presenters: Leonard H. Epstein, PhD, New York University at Buffalo, Buffalo, NY; Robert M. Kaplan, PhD, Office of Behavioral and Social Science Research, Bethesda, MD; Michaela Kiernan, PhD, Stanford University School of Medicine, Stanford, CA; Richard K. Nakamura, PhD, Center for Scientific Review, National Institutes of Health, Bethesda, MD

Science progresses in two ways: by methodically building upon existing knowledge and by pursuing new ideas and transformative discoveries. This session will examine the tension between “incremental” and “transformative” behavioral science and how the field of behavioral medicine can achieve a balance between the two. Invited speakers representing NIH leadership, program, review and investigator perspectives will address how best to promote innovation in behavioral medicine research while ensuring rigor, impact and replicability of results.

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

2:00 pm – 3:30 pm

Symposia

Admission by Name Badge

Symposium 13: Mobile and Web-Based Serious Games for Behavior Change in Child and Adolescent Populations ■

Continental 02, Ballroom Level

Symposium 14: Integration and Innovation for Behavioral Health Interventions in Primary Care △

Continental 08, Ballroom Level

Symposium 15: Social Relationships, Gender and Psychosocial Adjustment to Hematological Cancers and Hematopoietic Cell Transplants: Framing New Questions +

Union Square 15-16, 4th Floor

Symposium 16: Tweet Up, Meet Up, and Like It: Leveraging Online Social Networks for Weight Loss +

Union Square 19-20, 4th Floor

Symposium 17: Coordinating Cancer Care: What Have We Learned from Twenty Years of Empirical Studies? ●

Union Square 22, 4th Floor

Symposium 18: Military and Veterans' Health Special Interest Group presents: Mobile Applications to Support Patient Self-Management for Military and Veterans: Promise, Challenges, and Evaluation △

Union Square 23-24, 4th Floor

Symposium 19: eHealth Interventions: Where We've Been and Where We're Going △

Continental 01, Ballroom Level

Symposium 20: Finding Power and Sample Size for Mixed Models in Study Designs with Repeated Measures and Clustering +

Continental 03, Ballroom Level

Symposium 21: Application of Health Behavior Theory to Technology-Delivered Interventions ■

Continental 07, Ballroom Level

Symposium 22: Facing Diabetes as a Nation: Maximizing Health Through Technology and Community ■

Continental 09, Ballroom Level

3:45 pm – 5:15 pm

Paper Sessions

Admission by Name Badge

Paper Session 01: Cancer Communication +

Continental 02, Ballroom Level

Paper Session 02: Digital Interventions for Cancer Symptom Management △

Plaza A, Lobby Level

Paper Session 03: Culture, Sexual Health, and HIV/AIDS Prevention +

Continental 01, Ballroom Level

Paper Session 04: Depression and Cardiovascular Health △

Union Square 15-16, 4th Floor

Paper Session 05: Stress Psychophysiology +

Continental 03, Ballroom Level

Paper Session 06: Stem Cell Transplant: Psychosocial Issues △

Continental 07, Ballroom Level

Paper Session 07: Obesity Interventions: Factors Associated with Weight Loss and Maintenance +

Plaza B, Lobby Level

PRELIMINARY PROGRAM

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

Paper Session 08: Adolescent and Child Physical Activity: Social and Environmental Influences △

Continental 08, Ballroom Level

Paper Session 09: Translation of Research to Practice: Health Behavior +

Union Square 19-20, 4th Floor

Paper Session 10: Smoking: Novel Assessment Approaches △

Union Square 22, 4th Floor

Paper Session 11: Pain Assessment, Intervention, and Outcomes +

Union Square 23-24, 4th Floor

Paper Session 12: Alcohol Use and Abuse △

Continental 09, Ballroom Level

5:30 pm – 7:00 pm Presidential Keynote Address and Awards Ceremony

Admission by Name Badge

Continental 04-06, Ballroom Level

Alan J. Christensen, PhD

Professor and Collegiate Fellow, Department of Psychology; Professor, Internal Medicine, University of Iowa



7:00 pm – 8:30 pm Poster Session B*

Admission by Name Badge

Golden Gate Rooms, Lobby Level

Join the Board of Directors and President Alan J. Christensen, PhD, for a delightful evening of networking in a cutting edge poster session. A cash bar and complimentary hors d'oeuvres will be provided.

7:00 pm – 8:30 pm Women's Health Special Interest Group Networking Dinner

Location will be included in Final Program

This will be an opportunity for Women's Health SIG members to network and socialize over dinner.

7:30 pm – 9:00 pm Military and Veterans' Health Special Interest Group Social Meet and Greet

Location will be included in Final Program

An informal opportunity to meet your Department of Defense and Veterans Affairs counterparts in a casual setting and to foster professional networking and collaborations. Light appetizer and cocktails will be available for purchase.

8:00 pm – 10:00 pm An Evening Out with the Student Special Interest Group

Santorini, 242 O'Farrell Street

Enjoy an opportunity to meet and socialize with other students at this event. The Student SIG will provide light appetizers; entrees and cocktails will be available for purchase.

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

7:00 am – 7:00 pm **Registration Open**

7:30 am – 8:30 am **Breakfast Roundtables***

Admission by Name Badge

Aging Special Interest Group Business Meeting and Networking Session

Union Square 01-02, 4th Floor

Moderator: Reginald Tucker-Seele, PhD

This session serves as the Aging SIG's formal business meeting. Additionally, a structured, facilitated junior to senior aging research networking session will also take place, providing a formal opportunity for junior Aging SIG members to network with senior SIG and SBM members. Presentation of the student research award(s) will also be made at this time

Behavioral Informatics Special Interest Group: Technology Preview and Business Meeting

Union Square 19-20, 4th Floor

Moderator: Timothy Bickmore, PhD

The Behavioral Informatics SIG will host a preview of the day's technology-oriented talks, panels, and symposia, with speakers providing brief summaries of their presentations. The meeting will also provide an open forum for discussion of the technology-related activities at the SBM meeting.

Cancer Special Interest Group Business Meeting

Union Square 15-16, 4th Floor

Moderator: Michael A. Diefenbach, PhD

To update members of the Cancer SIG about SIG-related activities, finances, confer the Cancer SIG Achievement Award and the Junior Research Award.

Diabetes Special Interest Group Breakfast: Discussion of Current and Future Plans

Union Square 22, 4th Floor

Moderator: Korey K. Hood, PhD

Breakfast roundtable discussion to update current members on past year's activities and to plan for next year's efforts and conference. Will also recognize award recipient.

Education, Training, and Career Development Council and the Ethnic, Minority, and Multicultural Health Special Interest Group presents: When the Workplace Environment Doesn't Fit: Lessons Learned in Creating Culture Change

Union Square 05-06, 4th floor

Moderator: Laura Forsythe, PhD, MPH

Panelists: Georita Frierson, PhD; Tracey Revenson, PhD; John Ruiz, PhD; Beverly Thorn, PhD

The purpose of this session is to facilitate dialogue among experienced leaders, early career professionals, and trainees in behavioral medicine regarding creating cultural change in the work place. Although the workplace environment can have a strong influence on productivity, success, and happiness, many behavioral medicine trainees and professionals feel ill-equipped for creating cultural change in the workplace.

How to Use Social Media to Maximize Your Impact as a Behavioral Scientist

Continental 02, Ballroom Level

Moderators: Sherry Pagoto, PhD; Gary Bennett, PhD; Kathleen Wolin, ScD

Social media provides behavioral medicine professionals an opportunity to engage and interact with a wide range of stakeholders, including high-priority targets like policymakers, the media and consumers. Recent data also show that degree of dissemination of scientific papers via social media outlets is predictive of impact factor. Behavioral scientists have been slow to develop a professional presence in social media and thus may be missing an important opportunity to educate the public about the field and its impact, disseminate their work, as well as engage in professional networking with colleagues in related fields. Twitter, Facebook, LinkedIn, blogs and other online social networking sites can be leveraged for both professional networking and increasing public awareness of our work. Participants will learn how to establish and maintain an active social media presence, the benefits to oneself and the field, how to navigate ethical issues, and the dos and don'ts of participation. Students especially will be highly encouraged to participate.

PRELIMINARY PROGRAM

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

Military and Veterans' Health Special Interest Group Business Meeting and Discussion

Continental 01, Ballroom Level

Moderators: Ken Jones, PhD; Michael Ann Glotfelter, PsyD

Meeting of the Military and Veterans' Health Special Interest Group to nominate leadership, discuss future goals of the SIG and other SIG-related issues.

Multi-Morbidities Special Interest Group In-formation

Continental 03, Ballroom Level

Moderator: Jerry Suls, PhD

The initial meeting of the Multi-Morbidities Special Interest Group to adopt rules, elect chair and formulate mission.

Multiple Health Behavior Change (MHBC) Special Interest Group Business Meeting & Discussion

Union Square 23-24, 4th Floor

Moderators: Lisa Quintiliani, PhD; Marcella Boynton, PhD

An interactive meeting to highlight some of the top MHBC-related student research through a fast-paced data blitz session, to present student abstract awards and highlight recent events related to MHBC research

8:45 am – 10:15 am

Featured Symposium 03:

"Navigating the New Waters of Digital Health Research and Institutional Review Boards"

Admission by Name Badge

Plaza A, Lobby Level

Chair: Audie A. Atienza, PhD, Health Scientist Administrator, National Cancer Institute, Bethesda, MD

Panelists: Donna Spruijt-Metz, MFA, PhD, University of Southern California Keck School of Medicine, Alhambra, CA; John Heldens, CIP, CCRP, University of California, San Francisco, CA; Ivor Pritchard, PhD, U.S. Department of Health and Human Services (HHS), Washington, DC

The use of digital and mobile technology is proliferating at an astounding rate. The internet, social media, cloud computing, personalized health records and mobile devices offer behavioral researchers unprecedented opportunities to study health behaviors, environments and health conditions in the real-world, in real-time and in ways previously unimagined. Yet, the increased use of digital and mobile technology in behavioral research also triggers concerns about protecting human subjects, and maintaining the privacy and security of the health information that is collected with this technology. Institutional Review Boards (IRBs) and researchers are wrestling with human subjects protection issues in this age of ever-evolving innovative technology.

This panel discussion will provide three perspectives on key issues to consider when submitting research proposals involving digital and mobile technology to IRBs: 1) a behavioral research scientist, 2) a director of a university human research protection program, and 3) a federal government official with expertise in human research protection. Issues to be discussed include differences in privacy/security requirements between digital versus non-digital research, common practices on addressing human research protections with digital health research, informed consent issues and potential risks that may be unique to digital and mobile technology research. The panel will also discuss researchers' needs in navigating the IRB clearance process in their respective institutions, IRB policies related to digital technology research and ways to increase consistency among the various IRBs. Audience members will have an opportunity to ask the panelists questions and engage in the dialogue following the panelists' presentations.

8:45 am – 10:15 am

Symposia

Admission by Name Badge

Symposium 12: Using Data on Mechanisms of Behavior Change to Develop Obesity Interventions: Findings from the Obesity-Related Behavioral Intervention Trials (ORBIT)

Union Square 19-20, 4th Floor △

Symposium 23: Risk and Resilience Factors During the Transition to Emerging Adulthood Among Youth with Type 1 Diabetes +

Continental 01, Ballroom Level

Symposium 24: The Possibilities and Potential of Social Ecological Frameworks to Understand Health Behaviours and Outcomes △

Continental 03, Ballroom Level

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

Symposium 25: Religious/Spiritual Coping with Illness and Stress: An Evaluation of Mechanisms △
Continental 07, Ballroom Level

Symposium 26: There's a Whole World Out There! Exemplars from Human Computer Interactions for Creating Health Behavior Change Technologies +
Plaza B, Lobby Level

Symposium 27: Innovative Community-Based Methods for Assessing and Evaluating the Impact of the PATH Trial on Physical Activity and Walking △
Continental 02, Ballroom Level

Symposium 28: Treatment Adherence in Persistent Pain: Psychosocial Mechanisms and Research Challenges +
Union Square 15-16, 4th Floor

Symposium 29: Quantifying the Health Information Revolution △
Continental 08, Ballroom Level

Symposium 31: Physicians' Racial Bias and Discrimination △
Continental 09, Ballroom Level

Symposium 32: Integrated Care Team Approaches for Treatment of Obesity +
Union Square 22, 4th Floor

Symposium 33: Bio-Behavioral Connections to Objective Sleep Disturbances in Breast Cancer ■
Union Square 23-24, 4th Floor

10:30 am – 11:30 am **Keynote Address:**

"Patient Reported Outcomes Data in Action – Real Time Information for Clinical Care and Research"

Admission by Name Badge

Continental 04-06, Ballroom Level

Amy P. Abernethy, MD

Associate Professor, Duke University Schools of Medicine and Nursing; Director, Duke Center for Learning Health Care/ Duke Clinical Research Institute, Duke Cancer Research Program/Duke Cancer Institute



11:45 am – 12:45 pm **Expert Consultations** ★

Admission by Name Badge

Mason, 6th floor

11:45 am – 12:45 pm **Midday Meetings***

Admission by Name Badge

Aging Special Interest Group presents:

Utilizing Web-Based Tools in Behavioral Studies: Available Platforms, Individual and Systems Measurement Potential, and Implementation Considerations in Older Adults

Continental 03, Ballroom Level

Moderator: Bess Marcus, PhD

Panelists: Caroline R. Richardson, MD; Reynolette Ettienne-Gittens, PhD, MS, RD; Jacqueline Mogle, PhD; Lisa Quintiliani, PhD, RD; Karen Syrjala, PhD

Topics to include:

- Stepping Up to Health: Tailored Step-Count Feedback to Increase Walking
- Using a Web Application for the Collection of Dietary Data from Older Adults: Can Behavioral Researchers Realistically Overcome the Digital Divide?
- Use of Mobile Devices to Understand Daily Fluctuations in Cognitive Performance in Older Adults
- Development of a Computer-Based Nutrition and Food Insecurity Assessment Tool to Promote Healthy Eating for At-Risk Older Adults
- Older Cancer Survivor Enrollment in and Utilization of Internet-Based Assessments and Clinical Trials

PRELIMINARY PROGRAM

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

Complementary and Integrative Medicine Special Interest Group Working Group Business Meeting and Research Award Presentations

Union Square 05-06, 4th Floor

Moderator: Laura Young, MD, PhD

This is an excellent opportunity to learn about the activities of the Complementary and Integrative Medicine SIG. Committees for the upcoming year will be formed and there will be plenty of opportunities to become actively involved in the SIG. Come and meet other like-minded researchers within SBM who embrace the potential that complementary and integrative approaches hold for health promotion and disease prevention/management. Annual research awards will also be presented.

Diabetes Special Interest Group:

Meet the Experts: Mixed Methods Researchers in Diabetes

Union Square 03-04, 4th Floor

Moderator: Korey K. Hood, PhD

This meeting is intended to provide attendees with direct access to experts in mixed methods work in diabetes. We have assembled a group of experienced qualitative and quantitative researchers (Marilyn Ritholz, PhD; Alan Delamater, PhD; Vicki Helgeson, PhD; Shelagh Mulvaney, PhD) who will discuss their work and answer questions in small groups. We had a lot of enthusiasm for last year's pre-conference workshop on qualitative research so we are hoping to follow-up on some topics in this year's midday meeting.

Education, Training, and Career Development Council:

Succeeding in Research and Practice: Strategies for Achieving Synergy and Optimizing Productivity

Continental 09, Ballroom Level

Moderators: Georita Frierson, PhD; Karen Oliver, PhD

Juggling the responsibilities of patient care with those of building and maintaining a productive research career can present a number of significant challenges. However, the combination of research and clinical work can also provide opportunities for rich and varied experiences that can enhance both areas of work and support translation. This panel will provide clinician-researchers with a forum for discussing strategies for successfully balancing their clinical and research responsibilities while pursuing their career goals. The session will begin with overviews of (a) common challenges faced by clinician-researchers (e.g., time management, setting priorities, and maintaining boundaries) and strategies for negotiating them, and (b) the expectations/demands/rewards for clinical and research activities in different settings (e.g., campus-based, medical school, VA). This will be followed by a question and answer session with a panel of experienced clinician-researchers including Shawna Ehlers, PhD; Justin Nash, PhD; Kristin Kilbourn, PhD. Topics of discussion will include ways to increase synergy between research and clinical activities, and institutional policies/work culture factors that can hinder or help synergy and productivity. This session will be useful to clinician-researchers at any stage of career.

Ethnic, Minority, and Multicultural Health Special Interest Group presents: The National Cancer Institute (NCI)'s Continuing Umbrella of Research Experiences (CURE) and Diversity Supplements

Moderators: Heather Honore Goltz, PhD, LMSW; Jamilia Sly, PhD

Union Square 17-18, 4th Floor

This midday meeting will focus on the Continuing Umbrella of Research Experiences (CURE) sponsored by the National Cancer Institute's Center to Reduce Cancer Health Disparities (CRCHD). CURE offers funding opportunities developed to support student researchers and junior investigators from diverse and under-represented racial, ethnic and sociodemographic backgrounds. The meeting will include a panel discussion led by Dr. Carmen Moten, Program Director/Health Scientist Administrator in the Disparities Training Branch of the CRCHD. Other panelists will include NCI representatives and past award recipients. The panel will also discuss research supplements to promote diversity in health-related research, with a focus on proposal preparation, budget issues, and the review process. The panel discussion will be followed by roundtable discussions and facilitated networking between interested candidates and potential mentors.

International Society of Behavioral Medicine

Union Square 25, 4th Floor

The International Society of Behavioral Medicine (ISBM) is a vibrant scientific society consisting of national and regional societies from all over the world who are brought together by a common interest in the development and integration of sociocultural, psychosocial, behavioral and biomedical knowledge relevant to health and illness and the application of this knowledge to disease prevention, health promotion, etiology, diagnosis, treatment and rehabilitation. ISBM provides an optimal platform to build professional relationships with like minded scholars to conduct cross-national research in behavioral medicine. As SBM is a member society, SBM members are in turn a part of the ISBM, can receive the ISBM Journal and register at a reduced rate for our Congress. This Congress, held every two years, brings together over 700 scientists and trainees in the field of Behavioral Medicine from diverse international and scientific backgrounds. Leaders from the ISBM will discuss and explore ways to interact and collaborate with behavioral medicine scientists across the world, provide some information on our next International Congress of Behavioral Medicine (ICBM) to be held August 20–23, 2014, in Groningen, the Netherlands, and discuss other activities such as our Early Career Network and our scientific journal, The International Journal of Behavioral Medicine. This midday session will provide an opportunity for SBM members to become more aware and involved in the activities of the ISBM.

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

Pain Special Interest Group Business Meeting and Student Award Presentation

Continental 07, Ballroom Level

Moderator: Martin D. Cheattle, PhD

Spirituality and Health Special Interest Group:

Dr. Carl Thoresen, Distinguished Senior Investigator Awardee and Master Mentor

Continental 01, Ballroom Level

Moderator: Amy Wachholtz, PhD

This session will present the Distinguished Senior Investigator Award to Dr. Carl Thoresen who will review his extensive career in spirituality and health. Mentees will describe the benefits they have experienced personally and professionally through Dr. Thoresen's mentorship.

Student Special Interest Group presents:

Behavioral Medicine Internship Meet and Greet

Union Square 01-02, 4th Floor

Moderator: Heather McGinty, MA

The Student SIG invites you to an informal and interactive meet-and-greet with representatives and/or current interns from several psychology internship sites that provide specialized training in behavioral medicine. Come prepared to network, learn about site-specific training opportunities and get your questions answered

11:45 am – 12:45 pm **Panel Discussions**

Admission by Name Badge

Panel Discussion 09: Shared Decision Making Measures: Promoting Harmonized Data Using the National Cancer Institute's Grid-Enabled Measures (GEM) Portal ■

Union Square 15-16, 4th Floor

Panel Discussion 10: How Do I Find and Work Productively with a Computer Scientist? A Panel Discussion on Working Across the Disciplinary Divide for Developing Behavior Change Technologies ✚

Plaza A, Lobby Level

Panel Discussion 11: If You Build It, Will They Come? Exploring the Challenges of Tracking the Utilization of eHealth Interventions △

Plaza B, Lobby Level

Panel Discussion 12: Male Participation in Weight Loss Interventions: Present Findings and Future Directions △

Union Square 19-20, 4th Floor

Panel Discussion 13: Integrating Outcomes Tracking into Evidence-Based Practice - Technological Challenges and State-of-the-Art Solutions ✚

Continental 02, Ballroom Level

Panel Discussion 14: Cancer Survivorship Challenges of Minority, Low Income, Rural Populations: Is There a Role for Modern Technology? ✚

Union Square 22, 4th Floor

Panel Discussion 15: NIH Adherence Research Network: A Roundtable Discussion on How to Advance the Science and Practice of Adherence ■

Union Square 23-24, 4th Floor

Panel Discussion 16: Translational Pipelines for Evidence-Based Digital Health ■

Continental 08, Ballroom Level

PRELIMINARY PROGRAM

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

1:00 pm – 1:45 pm

Distinguished Scientist Master Lecture:

“Psychological Factors and the Pathophysiology of Type 2 Diabetes: A 30 Year Perspective”

Admission by Name Badge

Plaza A, Lobby Level

Richard S. Surwit, PhD

Professor and former Vice Chair for Research and Chief of the Division of Medical Psychology, the Department of Psychiatry & Behavioral Sciences at Duke University School of Medicine



1:00 pm – 1:45 pm

Master Lecture:

“What to Do with a Patient Who Smokes: Bridging the Gap between the Clinic and the Community”

Admission by Name Badge

Plaza B, Lobby Level

Steven A. Schroeder, MD

Distinguished Professor of Health and Healthcare, University of California, San Francisco



2:00 pm – 3:30 pm

Featured Symposium 04:

“Patterns in Well-Being and Health Behaviors among Long-Term Cancer Survivors: Results of the American Cancer Society’s Study of Cancer Survivors” △

Admission by Name Badge

Plaza A, Lobby Level

Chair: Kevin D. Stein, PhD, Behavioral Research Center, American Cancer Society, Atlanta, GA

Co-Presenters: Kevin Stein, PhD, Behavioral Research Center, American Cancer Society, Atlanta, GA; Corinne Leach, PhD, MPH, Behavioral Research Center, American Cancer Society, Atlanta, GA; Johann L. Westmaas, PhD, Behavioral Research Center, American Cancer Society, Atlanta, GA; Tenbroeck Smith, MA, Behavioral Research Center, American Cancer Society, Atlanta, GA

Discussant: Annette L. Stanton, PhD, University of California, Los Angeles, CA

Despite the recent surge in interest in the quality of life (QOL) and health behaviors of cancer survivors, the majority of research with people affected by cancer has focused on their functioning during active treatment and the years immediately after the completion of treatment. Current knowledge regarding the physical health and mental well-being of long-term (> 5 years post-diagnosis) cancer survivors remains limited. In addition, little is known about survivors’ ongoing health behaviors, such as smoking, or their continuity of cancer care. To address these gaps, the American Cancer Society (ACS) launched a national longitudinal study of over 6,000 survivors of the 10 most common cancers, known as the ACS Study of Cancer Survivors (SCS). Survivors completed surveys at 1, 2, and 9-years post-diagnosis. This symposium will highlight both longitudinal and cross-sectional findings related to the long-term well-being and health behaviors among survivors.

In the first presentation, Dr. Stein will provide an overview of the rationale, design, and implementation of the SCS, setting the stage for the remaining talks. He will then summarize findings regarding survivors’ changes in physical and mental functioning over time. Next, Dr. Leach will discuss the prevalence and longitudinal predictors of changes in comorbidities. Mr. Smith will explore survivors’ utilization of oncology and primary care physician services and preferences for their ongoing survivorship care. Dr. Westmaas, using health belief theories as a framework, will present an analysis of the factors associated with smoking and cessation. The Discussant, Dr. Annette Stanton, will consider how the findings presented inform our current knowledge of long-term cancer survivorship and explore potential future directions for research and clinical work.

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

2:00 pm – 3:30 pm

Symposia

Admission by Name Badge

Symposium 30: Outcomes of Peer Support Programs for Diabetes Management - Peers for Progress ■

Union Square 17-18, 4th Floor

Symposium 34: Advancements in Ecological Momentary Assessment (EMA) Methods for Health Behavior Research ■

Plaza B, Lobby Level

Symposium 35: Toward a Better Understanding of Meaning and Benefit Finding Following Cancer: 10 Years Later +

Continental 02, Ballroom Level

Symposium 36: Pain Management in the Primary Care Setting: Utilizing Technology to Meet the Challenges △

Continental 08, Ballroom Level

Symposium 37: Marketing Health ■

Union Square 15-16, 4th Floor

Symposium 38: Early Evidence That Policy Changes are Working to Reduce Children's Obesity Levels and Daily 'Energy Gaps': Lessons Learned for Future Research △

Union Square 19-20, 4th Floor

Symposium 39: Understudied and Underserved: Cancer Survivors Living in Rural Areas +

Union Square 22, 4th Floor

Symposium 40: Physical Health Risks Across Diverse Populations Exposed to Psychological Trauma △

Union Square 23-24, 4th Floor

Symposium 41: Approaches to Studying and Understanding Tobacco Risk Perceptions +

Continental 01, Ballroom Level

Symposium 42: Mindful Eating: A New Approach to Weight Management and Compulsive Overeating △

Continental 03, Ballroom Level

Symposium 43: Innovative Approaches to Oral Health in Children ■

Continental 07, Ballroom Level

Symposium 44: Developing Assessment Tools for End-of-Life Research △

Continental 09, Ballroom Level

3:45 pm – 5:15 pm

Paper Sessions

Admission by Name Badge

Paper Session 13: Lung, Head, and Neck Cancer Survivorship +

Union Square 19-20, 4th Floor

Paper Session 14: Breast Cancer Interventions and Survivorship △

Plaza B, Lobby Level

Paper Session 15: Depression Intervention and Natural Progression ■

Continental 01, Ballroom Level

Paper Session 16: Skin Cancer Prevention and Screening △

Union Square 23-24, 4th Floor

Paper Session 17: Post-Traumatic Stress Disorder: Treatments and Symptoms +

Continental 07, Ballroom Level

PRELIMINARY PROGRAM

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

Paper Session 18: Innovative Technology and Physical Activity Promotion △

Plaza A, Lobby Level

Paper Session 19: The Built Environment and Physical Activity △

Continental 08, Ballroom Level

Paper Session 20: Smoking Cessation Technology +

Union Square 15-16, 4th Floor

Paper Session 21: Adherence and HIV/AIDS Management △

Continental 03, Ballroom Level

Paper Session 22: Familial Influences on Physical Activity △

Union Square 22, 4th Floor

Paper Session 23: Social and Environmental Influences on Obesity +

Continental 02, Ballroom Level

Paper Session 24: Consumer Health Communication ●

Continental 09, Ballroom Level

5:30 pm – 6:30 pm

Keynote Address:

“Take a Hike: Exercise, Brain & Cognition”

Admission by Name Badge

Continental 04-06, Ballroom Level

Arthur F. Kramer, PhD

Director, Beckman Institute for Advanced Science & Technology; Swanlund Chair and Professor, Psychology and Neuroscience, University of Illinois



6:30 pm – 8:00 pm

Poster Session C*

Admission by Name Badge

Golden Gate Rooms, Lobby Level

It's Friday night and we've got a poster session that is going to set the stage for a wonderful night on the town. Before you go out – be sure to stop by the poster session – enjoy complimentary hors d'oeuvres while you peruse the posters. Make the poster hall the meeting spot for your going out party!

7:00 pm – 9:00 pm

Dinner with an Expert*

Location and more information will be included in Final Program

SCIENTIFIC SESSIONS – SATURDAY, MARCH 23, 2013

6:30 am – 7:30 am	Fun Run/Walk* Better Health through Behavior Change begins with you! Show off your athletic prowess by participating in the Fun Run/Walk! All runners and walkers are to meet near the concierge desk at 6:15 am. The run starts at 6:30 am sharp. More information to come.
7:00 am – 11:00 am	Registration Desk Open
7:30 am – 8:30 am	SBM Business Meeting* <i>Plaza A, Lobby Level</i> <i>Breakfast will be served</i>
8:45 am – 10:15 am	Paper Sessions <i>Admission by Name Badge</i>
	Paper Session 25: Breast Cancer Risk and Screening + <i>Union Square 19-20, 4th Floor</i>
	Paper Session 26: Mobile and Telephone Technology for Cardiovascular Health + <i>Plaza A, Lobby Level</i>
	Paper Session 27: Impact of Novel Obesity Intervention Studies △ <i>Plaza B, Lobby Level</i>
	Paper Session 28: Innovative Studies of Psychosocial Influences on Physical Activity △ <i>Continental 08, Ballroom Level</i>
	Paper Session 29: HIV/AIDS Testing and Prevention △ <i>Continental 01, Ballroom Level</i>
	Paper Session 30: Yoga and Tai Chi Interventions △ <i>Continental 02, Ballroom Level</i>
	Paper Session 31: Solid Organ Transplantation: Behavioral and Psychosocial Issues △ <i>Continental 09, Ballroom Level</i>
	Paper Session 32: Sociocultural Factors and Smoking △ <i>Union Square 22, 4th Floor</i>
	Paper Session 33: Promoting Healthy Pregnancy + <i>Union Square 23-24, 4th Floor</i>
	Paper Session 34: Older Adults and Physical Activity △ <i>Union Square 15-16, 4th Floor</i>
	Paper Session 35: Virus-Linked Cancers: Screening, Vaccination, and Care + <i>Continental 03, Ballroom Level</i>
	Paper Session 36: Genitourinary Cancer: Decision Making and Survivorship + <i>Continental 07, Ballroom Level</i>
10:15 am – 11:45 am	Poster Session D* <i>Admission by Name Badge</i> <i>Golden Gate Rooms, Lobby Level</i> <i>Coffee will be served</i>

PRELIMINARY PROGRAM

SCIENTIFIC SESSIONS – SATURDAY, MARCH 23, 2013

10:30 am – 11:15 am **Master Lecture:**

“How and for Whom? Toward Developing Maximally Effective Psychosocial Interventions for Adults Living with Chronic Disease”

Admission by Name Badge

Plaza A, Lobby Level

Annette L. Stanton, PhD

Professor of Psychology and Psychiatry/Biobehavioral Sciences, University of California, Los Angeles



10:30 am – 11:15 am **Master Lecture:**

“Using Technology for Prevention in Defined Populations: Body Image, Obesity, Eating Disorders”

Admission by Name Badge

Plaza B, Lobby Level

C. Barr Taylor, MD

Professor of Psychiatry & Behavioral Science, Stanford University School of Medicine



11:45 am – 12:45 pm **Closing Keynote Panel:**

“Health Behavior Research and Practice via Social Media and Social Networks”

Admission by Name Badge

Panelists: Sheana S. Bull, PhD, Professor of Health and Behavioral Sciences, University of Colorado, Denver; Nathan K. Cobb, MD, Research Investigator, Schroeder Institute for Tobacco Research and Policy Studies; James H. Fowler, PhD, Professor, School of Medicine and Division of Social Sciences, University of California, San Diego; James R. Smarr, MS, software engineer and technical lead, Google+ project

Moderator: Abby C. King, PhD, Professor, Health Research & Policy and Medicine, Stanford University Medical School
Social media have become an ubiquitous aspect of daily life. Facebook membership is approaching one billion users worldwide and along with other social media sites such as Google+, LinkedIn and Twitter provide a digital trace of social networks and the information that flows among members of these networks. These platforms provide health behavior researchers with new opportunities to study human behavior and social interactions. Via existing social media data, social networks have been mapped and have improved our understanding of social contagion. Social media sites also can be used as a registry of potential research participants for surveillance and cohort studies and as a platform for the delivery of health behavior interventions. This panel of social media and social network experts will discuss the various potential capabilities of social media for health behavior research and practice, the challenges of using these platforms and provide examples of health behavior research via social media.

ANNUAL MEETING A TO Z

ADA COMPLIANCE

If you require special arrangements in order to fully participate in the 34th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, please check the appropriate box on your registration form and provide a written description of your specific needs. SBM cannot ensure the availability of appropriate accommodations without prior notification.

BOOK EXHIBIT AND PUBLICATIONS MART

We are pleased to announce the return of the Book Exhibit and Publications Mart in the SBM Resource Booth. SBM has invited various publishers to display and sell books/publications on a variety of topics of interest to Annual Meeting attendees in the Poster Hall. Stop by the SBM Resource Booth to see what other SBM members are publishing!

CAREER PLACEMENT MESSAGE BOARD

A self service Career Placement Message Board is available onsite at the SBM Annual Meeting near the Registration Desk for meeting attendees to self-post position openings on behalf of an institution. Instructions for formatting a posting are as follows:

1. All position announcements should be prepared on an 8.5" x 11" sheet of institutional letterhead
2. Each announcement should indicate the duties and requirements of the position, geographical and departmental location, expected salary, start date, and instructions for completion and submission of resumes/applications.
3. Attendees planning to post a career placement message on-site are advised to bring multiple copies as SBM cannot be responsible for removal of notices by other meeting attendees.

All posting is self-service and a benefit of attending the SBM Annual Meeting.

CITATION AWARDS

Citation Awards are those Paper and Poster submissions judged by the Program Committee to be especially original and significant. A complete listing of Citation awards will be listed in the Final Program.

COMMITTEE AND COUNCIL MEETINGS

~More information to be included in Final Program.

CONTINUING EDUCATION CREDITS

If you receive CE credits there is no need to sign in and out! Just be sure to attend each session in its entirety and fill out the post-meeting evaluation available through the SBM website (www.sbm.org). This evaluation will be available following the closing session on Saturday, March 23. The evaluation will contain an attestation statement, which indicates that you attended each session you want credit for in its entirety. To receive credit for a session you must stay for the duration of that session!

CONTINUING EDUCATION CERTIFICATES

Participants in the SBM Annual Meeting will be able to print their continuing education certificate by visiting the SBM website, www.sbm.org after the meeting. At this link, you will find a general meeting evaluation, as well as session-specific evaluations for continuing education credit. All certificates can be printed immediately via the link provided at the SBM website. Access to the online evaluation site will be available immediately following the closing session on Saturday, March 23.

For those attendees who wish to obtain a general certificate of attendance, please visit the onsite registration desk located on the Ballroom Level outside of the General Session Room.

DINNER WITH AN EXPERT

These dinners have been organized by the Education, Training and Career Development Council. Dinners will take place off-site. Registrants are responsible for payment of own dinner.

EXHIBITOR DIRECTORY

~More information to be included in Final Program.

EXPERT CONSULTATIONS

The Education, Training and Career Development Council (ETCD) is pleased to offer Expert Consultations again at this year's Annual Meeting. Society Fellows and designated representatives of the SIGs, each representing various areas of interest within the field of behavioral medicine, will contribute their time to facilitate small roundtable discussions with meeting attendees on research and clinical issues of mutual interest.

FELLOWS ANNOUNCEMENT

~More information to be included in Final Program.

FUTURE ANNUAL MEETINGS

35th Annual Meeting & Scientific Sessions
April 23-26, 2014
Philadelphia Marriott Downtown
Philadelphia, PA

36th Annual Meeting & Scientific Sessions
April 22-25, 2015
San Antonio Marriott Rivercenter
San Antonio, TX

37th Annual Meeting & Scientific Sessions
March 30-April 2, 2016
Washington Hilton
Washington, DC

38th Annual Meeting & Scientific Sessions
March 29-April 1, 2017
Hilton San Diego Bayfront
San Diego, CA

ANNUAL MEETING A TO Z

HISTORICAL REVIEW

SBM Past Presidents include:

1979-1980 W. Stewart Agras, MD
1980-1981 Joseph V. Brady, PhD
1981-1982 Gene G. Abel, MD
1982-1983 Michael F. Cataldo, PhD
1983-1984 Redford B. Williams, Jr., MD
1984-1985 Stephen M. Weiss, PhD
1985-1986 Herbert Benson, MD
1986-1987 Michael J. Follick, PhD
1987-1988 Evan G. Pattishall, Jr., MD, PhD
1988-1989 Kelly D. Brownell, PhD
1989-1990 Albert Stunkard, MD
1990-1991 Judith Rodin, PhD
1991-1992 John W. Farquhar, MD
1992-1993 Rena R. Wing, PhD
1993-1994 Jacqueline Dunbar-Jacob, PhD, RN
1994-1995 Richard S. Surwit, PhD
1995-1996 C. Barr Taylor, MD
1996-1997 Robert M. Kaplan, PhD
1997-1998 Thomas G. Pickering, MD, DPhil
1998-1999 Norman B. Anderson, PhD
1999-2000 Joel E. Dimsdale, MD
2000-2001 C. Tracy Orleans, PhD
2001-2002 Michael G. Goldstein, MD
2002-2003 David B. Abrams, PhD
2003-2004 Linda C. Baumann, PhD, RN, FAAN
2004-2005 Judith K. Ockene, PhD, Med
2005-2006 Laura L. Hayman, RN, PhD, FAAN
2006-2007 Edwin B. Fisher, PhD
2007-2008 Peter G. Kaufmann, PhD
2008-2009 Bonnie Spring, PhD, ABPP
2009-2010 Francis J. Keefe, PhD
2010-2011 Karen M. Emmons, PhD
2011-2012 Abby C. King, PhD

MERITORIOUS STUDENT AWARDS

Meritorious Student Awards are those Posters and Papers submitted by students and judged by the Program Committee to contain research of the highest caliber. A complete listing of Meritorious Student Awards will be available in the Final Program. Names of recipients will be available in the Final Program.

NEW MEMBERS

On behalf of the Society of Behavioral Medicine, the Membership Council extends an invitation to all new members to join the Membership Council at the New Member Breakfast Meet and Greet.

~More information to be included in Final Program.

NAME BADGES AND RIBBONS

~More information to be included in Final Program.

POSTER HALL

Traditionally SBM has positioned its poster boards – on which posters hang - horizontally, measuring 8 feet wide by 4 feet high. Accordingly poster presenters formatted their posters to fit within that space and read horizontally.

Due to 2013 Annual Meeting space constraints we'll be positioning the poster boards vertically:

The surface area for poster display will be 4 feet wide by 8 feet high (1.2 meters wide by 2.4 meters high). The exact poster dimensions are up to poster presenters, but we recommend no higher than 5 feet (1.5 meters) – for ease of vertical viewing.

What happens if I bring a wrong-sized poster to San Francisco?

You can make a remedial trip to the Fed Ex located inside the hotel, where posters can be formatted and printed!

But to avoid unnecessary hassle and expense – “Go Vertical!”

Poster Session Scheduling

Please be sure to hang your poster during the appropriate time. All posters left after the removal time has concluded will be discarded. For the security of our vendors there is to be no viewing of posters outside of the established viewing times.

Wednesday, March 20, 2013 – Poster Session A

Author set up posters
4:30 pm – 6:00 pm

Posters available for viewing
6:30 pm – 8:00 pm

Authors present for discussion
6:30 pm – 8:00 pm

Authors remove posters
8:00 pm – 8:30 pm

Thursday, March 21, 2013 – Poster Session B

Authors set up posters
5:00 pm – 6:30 pm

Posters available for viewing
7:00 pm – 8:30 pm

Authors present for discussion
7:00 pm – 8:30 pm

Authors remove posters
8:30 pm – 9:00 pm

ANNUAL MEETING A TO Z

Friday, March 22, 2013 – Poster Session C

Author set up posters

4:30 pm – 6:00 pm

Posters available for viewing

6:30 pm – 8:00 pm

Authors present for discussion

6:30 pm – 8:00 pm

Authors remove posters

8:00 pm – 8:30 pm

Saturday, March 23, 2013 – Poster Session D

Authors set up posters

8:15 am – 8:45 am

Posters available for viewing

10:15 am – 11:45 am

Authors present for discussion

10:15 am – 11:45 am

Authors remove posters

11:45 am – 12:15 pm

All posters left after the removal period will be discarded.

POSTER MENTOR PROGRAM

~More information to be included in Final Program.

RAPID COMMUNICATION POSTERS

Rapid Communication Posters are late-breaking abstract submissions judged by the Program Committee to be original and beneficial research. Rapid Communications will be presented in Poster Sessions only. A complete listing of Rapid Communication Posters will be provided on the 2013 Annual Meeting website at a later date as well as be included in the 2013 SBM Annual Meeting mobile app.

SBM RESOURCE BOOTH

Make sure to stop by the SBM Resource Booth. The SBM Resource Booth will feature informational pieces regarding SBM and its policy briefs along with the Book Exhibit and Publications Mart.

VOLUNTEERS

~More information to be included in Final Program.

SPECIAL INTEREST GROUPS

SBM SPECIAL INTEREST GROUPS (SIGS)

Are you a Member of SBM who hasn't signed up for a Special Interest Group (SIG) or perhaps a non-member who might be interested in signing up for a particular SIG through new membership? SBM SIGs offer a fit for every area of interest: Where do you belong? Renew your membership today and sign up for a SIG at no additional cost or become a new member and start participating in the SIG of your choice with colleagues who are also interested in the same area(s) as you!

AGING

Contact Information:

Co-Chair: Patricia C. Heyn, PhD: Patricia.Heyn@ucdenver.edu

Co-Chair: Katherine S. Morris Hall, PhD: ksmorri1@gmail.com

Description/Mission Statement:

The Aging SIG is focused on addressing the special issues of behavior change among older adults, with a particular focus on the influence of cultural, environment and policy factors. There is a tendency to focus behavior change issues and challenges on the children and adults who are assumed to be those who will reap the greatest long term benefit from changes. Older adults, particularly those with chronic health problems, can likewise gain a significant benefit from behavior change particularly with regard to quality of life issues. The workgroup focused on Aging has identified the need and interest in exploring the ways in which older adults, particularly older adults with chronic illnesses, can alter behavior to promote health and quality of life. The research considering behavior change among older adults has been sparse and it is not clear what types of interventions have the greatest impact at different periods of time (i.e. the young-old versus the old-old), and when faced with the many challenges associated with aging. Moreover, the cultural influence of health promotion and what is expected of older individuals at different life points is also not well addressed. The goals of this workgroup are to develop a symposium that focuses on: Lessons Learned in Facilitating Behavior Change During Transitions Points in Older Adults with Chronic Illness. Papers will include the work of group members in cardiac rehabilitation, dialysis, with older adults post hip fracture, and with adults transitioning into retirement.

BEHAVIORAL INFORMATICS

Contact Information:

Chair: Timothy Bickmore, PhD: ksmorri1@gmail.com

Past Chairs: Beth Bock, PhD: bbock@lifespan.org; Tom Houston, MD, MPH: Thomas.Houston@umassmed.edu

Description/Mission Statement:

The Behavioral Informatics Special Interest Group is designed as a forum for members of the Society of Behavioral Medicine with an interest in the impact of information and communication technology on health behavior outcomes and processes. Our working definition of "Behavioral Informatics" incorporates the study of the use of these technologies by patients and health care providers

as well as the design, implementation and evaluation of behavior change interventions delivered through advanced technologies. The goal is to promote the appropriate use of technologies to improve health and healthcare.

The SIG is now developing a weblog as a discussion forum. Check it out at: <http://behavioralinformatics.blogspot.com/>

CANCER

Contact Information:

Chair: Michael A. Diefenbach, PhD: michael.diefenbach@mountsinai.org

Description/Mission Statement:

The Cancer Special Interest Group of SBM aims to foster high quality collaborative research, enhance the professional development of its members, and work with other professional organizations involved in cancer prevention and control research. Our goal is to advance and disseminate knowledge across the breadth of cancer control, ranging from cancer prevention to end of life care, including all ages, racial and ethnic groups and socioeconomic strata. We will accomplish our mission through a variety of activities: special symposia, exchange of information via a listserv and fostering of junior investigators.

CHILD AND FAMILY HEALTH

Contact Information:

Kenneth Tercyak, PhD: tercyakk@georgetown.edu

Description/Mission Statement:

The Child and Family Health Special Interest Group is an interdisciplinary forum for members of the Society of Behavioral Medicine concerned with the health and wellbeing of children, adolescents and families. Members of this SIG have interests bridging biological, cognitive, emotional, behavioral and social functioning of children and adolescents with a focus on understanding contextual, social ecological influences on child health and development. Members are involved in the conduct of research and provision of services to promote child health and development, prevent childhood illness and injury and foster family adjustment to chronic illnesses and other physical conditions of childhood. This SIG aims to advance and disseminate knowledge, foster professional networks to produce high-quality collaborative research and ultimately enhance the health and wellbeing of children, adolescents, and families.

SPECIAL INTEREST GROUPS

COMPLEMENTARY AND INTEGRATIVE MEDICINE

Contact Information:

Laura A. Young, MD, PhD: Laura_Young@med.unc.edu

Description/Mission Statement:

According to the National Center on Complementary and Alternative Medicine (NCCAM) of the National Institutes of Health, complementary and alternative medicine (CAM) refers to a broad range of healing approaches that mainstream Western (conventional) medicine does not commonly use, accept, study, understand or make available. This special interest group provides a forum for discussion of CAM, as defined by the NCCAM of the NIH, as it relates to behavioral medicine, with a particular emphasis on the integrative nature of such modalities, by themselves and in conjunction with other modalities of biopsychosocial care. In particular, the CAM SIG will promote understanding of the underlying behavioral and psychological processes and application of CAM approaches; attitudes toward use and delivery of CAM; and use of CAM with special populations, in the context of culturally traditional healing, and in regard to public health policy. CAM SIG membership does not imply or endorse the individual's ability to practice CAM modalities.

DIABETES

Contact Information:

Chair: Korey Hood, PhD: HoodK@peds.ucsf.edu

Co-Chair: Jennifer C. Averyt, MS: jm317105@ohio.edu

Description/Mission Statement:

The Diabetes Special Interest Group is designed to be a forum for Society of Behavioral Medicine members with an interest in the advancement of behavioral and psychological research in diabetes. Our goals are to: 1) increase the presence of high-quality behavioral medicine research in diabetes at the SBM conference; 2) encourage interdisciplinary collaboration among researchers, clinicians, educators, and public health advocates that emphasizes the importance of the prevention and treatment of diabetes; and 3) support professional networking and the training of young investigators and students interested in diabetes research. These goals will be accomplished through the collaborative development of submissions for the SBM conference, organization of meetings and symposia, communication through our listserv and other activities that will evolve.

ETHNIC MINORITY AND MULTICULTURAL HEALTH

Contact Information:

Chair: Hayley S. Thompson, PhD: thompsonh@karmanos.org

Co-Chair: Frank L. Sotelo, BA: frank.sotelo@gmail.com

Description/Mission Statement:

The Ethnic Minority and Multicultural Health Special Interest Group (EMMH SIG) concerns itself with advancing the field of ethnic minority and multicultural health, through education and training; networking; mentorship of ethnic minorities and non-minorities;

and conducting research in ethnicity, culture and health. Members of this SIG also aim to increase the involvement of ethnic minorities in SBM councils, committees and the peer-review process.

EVIDENCE-BASED BEHAVIORAL MEDICINE

Contact Information:

Co-Chair: Sherri Sheinfeld-Gorin, PhD: sherri.gorin@gmail.com

Co-Chair: Karen Oliver, PhD: Karen_Oliver@brown.edu

Description/Mission Statement:

Evidence-based medicine has recently come to the forefront as an approach by which to evaluate and practice medicine. Evidence-based behavioral medicine (EBBM) is a relatively young field that has similar purposes. Researchers, clinicians, students, and policy makers may all wish to become better acquainted with the history, principles and future directions of this field.

In addition to hosting a breakfast session at the annual Society of Behavioral Medicine conventions, the EBBM Special Interest Group (SIG) also has a listserv for contact among those interested in EBBM.

HEALTH DECISION MAKING SPECIAL INTEREST GROUP

Contact Information:

Chair: Suzanne O'Neill, PhD: sco4@georgetown.edu

Co-Chair: Jennifer L. Hay, PhD: hayj@mskcc.org

Description/Mission Statement:

The Health Decision Making Special Interest Group provides a forum within the Society of Behavioral Medicine to advance the theory, science and practice of health decision making, particularly as applied in behavioral medicine. The HDM SIG has a special interest in understanding informed decision making by population members and patients, shared decision making between patients and health professionals and clinical decision making by health professionals.

The HDM SIG accomplishes its mission through 1) fostering communication and collaboration among its members; 2) providing high quality peer review of abstracts and manuscripts on decision making topics submitted to SBM meetings and publications; 3) developing and offering activities through SBM venues that will enhance the collective knowledge of health decision making among SBM members; and 4) providing guidance on the science of health decision making to SBM committees, SIGs, and councils.

The HDM SIG is the point of contact for liaisons between SBM and other organizations relevant to health decision making such as the Society of Medical Decision Making and the Society for Judgment and Decision Making.

SPECIAL INTEREST GROUPS

INTEGRATED PRIMARY CARE

Contact Information:

Chair: Mark E. Vogel, PhD: vogel1@msu.edu

Description/Mission Statement:

The Integrated Primary Care SIG is devoted to promoting and enhancing the delivery of evidence-based behavioral health care in primary care settings. We provide a forum for the exchange of information and foster relationships between behavioral health and medical professionals in order to: 1) facilitate the integration behavioral health professionals and biopsychosocial interventions into primary care settings; 2) advance research of behavioral health interventions in primary care; 3) support the training of students pursuing integrated primary care; and 4) inform the development of policies that impact behavioral health care in primary care settings. We meet these goals through meetings and symposia at SBM conferences, communication through our listserv and collaborating with other organizations that promote integrated primary care.

MILITARY AND VETERANS' HEALTH

Contact Information:

Co-Chair: Patricia H. Rosenberger, PhD: patricia.rosenberger@va.gov

Co-Chair: Michael A. Glotfelter, MS: michael.glotfelter@afncr.af.mil

Communication Officers:

David E. Goodrich, EdD, MS, MA: david.goodrich2@va.gov

Amanda McCorkindale, PsyD: amanda.mccorkindale@gmail.com

Jo Lyn Tatum, PhD: jolyntatum@gmail.com

Description/Mission Statement:

The Military and Veterans' Health SIG is an interdisciplinary group of researchers, clinicians and educators who are committed to promoting research, prevention, clinical assessment and intervention, policy development, education, training and mentoring in military and veterans' health. This includes translating evidenced-based behavioral medicine interventions into clinical care for military service members engaged in active duty and veterans that improve health outcomes by promoting innovative implementation and evaluation practices and access to quality and cost-effective care. We invite those who have an interest in promoting health within the unique health care systems of the Department of Defense and the VA in the United States, as well as those interested in improving health outcomes in active duty service members and veterans from around the globe.

MULTIPLE HEALTH BEHAVIOR CHANGE

Contact Information:

Chair: Lisa M. Quintiliani, PhD, RD: lisa.quintiliani@bmc.org

Co-Chair: Marcella H. Boynton, PhD: marcella.h.boynton@duke.edu

Description/Mission Statement:

The Multiple Health Behavior Change SIG aims to contribute to the development of a science of multiple behavior change for health

promotion and disease management. Intervening on multiple health behaviors presents a unique set of challenges. The group addresses theoretical, methodological, interventional, statistical and funding issues related to targeting multiple health behaviors for change. Relevant targeted behaviors include, but are not limited to, tobacco and other drug use, physical activity, nutrition, HIV-risk behaviors, sun exposure and stress. Our cross-disciplinary group is designed to enhance the professional development of its members by fostering networking, mentorship, career development and scientific discussion.

OBESITY AND EATING DISORDERS

Contact Information:

Co-Chair: Amy A. Gorin, PhD: amy.gorin@uconn.edu

Co-Chair: Stephanie L. Fitzpatrick, PhD: fitzpatrickorama@gmail.com

Description/Mission Statement:

The purpose of the Obesity and Eating Disorders Special Interest Group (OED SIG) is to provide networking, mentorship and scientific training to those interested in obesity, eating disorders and weight-related pathology. Members of the OED SIG also aim to advance the field of obesity and eating disorders through the scholarly pursuit of scientific research, with a special emphasis on submitting federal and private foundation grants. Members of this SIG will also receive guidance on how to develop an academic career in obesity and eating disorders.

PAIN

Contact Information:

Chair: Martin D. Cheatle, PhD: Martin.Cheatle@uphs.upenn.edu

Description/Mission Statement:

Millions of people suffer from painful conditions, with wide-ranging physical, psychological, social and economic consequences. Alleviation of these often devastating consequences requires continuing research and development efforts from the biological, psychological and social sciences. Our current understanding of biopsychosocial factors in pain perception and management is largely based on interdisciplinary research and clinical practice. Interdisciplinary efforts have accounted for significant contributions to the understanding of pain, including, the Gate-Control Theory, the development of a cognitive behavioral perspective of pain, and the role of learning and conditioning in pain. The goal of the Pain SIG is to advance the understanding of pain and its treatment, according to a biopsychosocial framework. This will be accomplished through: 1) increasing interdisciplinary communication; 2) promoting research; 3) providing education and training for both researchers and clinicians; 4) mentoring students and young professionals; and 5) providing a forum for collaboration between interested individuals and groups.

SPECIAL INTEREST GROUPS

PHYSICAL ACTIVITY

Contact Information:

Chair: David Marquez, PhD: marquezd@uic.edu

Co-Chair: Matt Buman, PhD: mbuman@asu.edu

Description/Mission Statement:

The aims of the Physical Activity SIG are to: 1) update SBM members on the latest developments and initiatives of relevance to the physical activity field; 2) provide a format for both formal and informal networking among SBM members with physical activity interests; and 3) serve as a forum for advancing the behavioral physical activity field, through developing submissions for the SBM conference, providing an avenue for mentoring junior investigators with physical activity interests, and identifying appropriate individuals interested in serving as reviewers for relevant scientific journals, NIH study sections and SBM program submissions.

SPIRITUALITY AND HEALTH

Contact Information:

Co-Chair: Crystal Park, PhD: cryspara@aol.com

Co-Chair: Amy B. Wachholtz, PhD, MDiv: amy.wachholtz@umassmemorial.org

Description/Mission Statement:

Spiritual matters have always been linked to human health. All major religions, for example, typically prescribe or prohibit a variety of health-related behaviors and beliefs. Examples include rules against smoking, no or limited use of alcohol (and other drugs) and regular care of the body (e.g., routine exercise, nutritious diets, good sanitary habits). Why this concern with health? Part of the reason is because the body and its well being, along with the mind and spirit, are often viewed as a gift of God (some would say God's Temple) or a higher or universal power or spirit. In this sense all human life is sacred and must be cared for.

Until recently the possible links of spiritual and religious factors to health, broadly viewed, were essentially ignored or unstudied. Empirical studies in the past two decades however have demonstrated significant associations over time of selected spiritual and religious factors with important health and disease outcomes (e.g., less all-cause mortality; higher subjective well-being). An emerging theme is that any causal relationships with health, if existing, are more indirect and distal in nature (e.g., as mediating or moderating factors). The Spirituality and Health Special Interest Group seeks to encourage and support well-designed empirical research that sheds clarifying light on what processes are at work. Research can more clearly identify and clarify in what ways spiritual and religious factors may influence health, positively or negatively. Findings can also bear on ways to make professional health care practices more effective. Of particular concern is the need to provide up-to-date accurate information and training, since few professional training programs in health offer adequate preparation on spiritual matters. In North America and in some other areas of the world, the majority of people with health issues and problems

are spiritually involved or religiously active. Health professionals and scholars need to better understand the connections between health, disease and spiritual matters.

STUDENT

Contact Information:

Chair: Heather L. McGinty, MA: heather.mcginty@moffitt.org

Description/Mission Statement:

The purposes of the Student SIG are to provide a home for student members of the Society of Behavioral Medicine where their unique needs and concerns can be discussed and addressed and to facilitate their professional development. Additional goals of the Student SIG include promotion of the following: student-oriented programs, activities, and opportunities within the Society of Behavioral Medicine, collaboration between students and among students and professionals, and discussion of important topics within the field of behavioral medicine. All student members are encouraged to join.

THEORIES AND TECHNIQUES OF BEHAVIOR CHANGE INTERVENTIONS

Contact Information:

Chair: Susan Michie, DPhil, CPsychol, FBPS, AcSS: s.michie@ucl.ac.uk

Co-Chair: Alexander J. Rothman, PhD: rothm001@umn.edu

Co-Chair: Stephanie M. Case: stemarsh@iupui.edu

Description/Mission Statement:

The Theories and Techniques of Behavior Change Interventions (TTBCI) SIG includes promotion of the following: student-oriented programs, activities and opportunities within the Society of Behavioral Medicine, collaboration between students and among students and professionals, and discussion of important topics within the field of behavioral medicine. All student members are encouraged to join.

TTBCI is an interdisciplinary group of researchers, clinicians and educators who are committed to developing methods to improve the design and evaluation of interventions aimed at changing preventive, illness-related and health professional behaviors. We will aim to promote research, education, training, mentoring, clinical and public health practice and policy development in the area of behavior change interventions.

Most interventions are complex, comprising many component behavior change techniques. To date, there has been no shared language for describing the content, especially the 'active ingredients' of behavior change interventions; by contrast, biomedical interventions are precisely specified. There is also increasing recognition of the importance of developing theory-based interventions. The SIG will allow exchange of ideas and foster collaboration with the aim of developing methods for specifying intervention content, evaluating the theory base of interventions and linking behavior change techniques to theory.

SPECIAL INTEREST GROUPS

WOMEN'S HEALTH

Contact Information:

Co-Chair: Christina Psaros, PhD: cpsaros@partners.org

Co-Chair: Valessa St. Pierre, MS: valessastpierre@gmail.com

Description/Mission Statement:

The Women's Health SIG is an interdisciplinary group of researchers, clinicians, educators and public health advocates committed to promoting research, clinical and community interventions, policy as well as education, training and mentoring in women's health. The SIG is also dedicated to supporting the professional advancement of women and women's issues in behavioral medicine.

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